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# Victorian Eating Disorders Strategy: Visioning and Design Discussions

Engagement Opportunities – October to December 2022

*Lived and living experience discussions facilitated by the Mental Health and Wellbeing Division of the Department of Health (Vic), in partnership with VMIAC, Tandem, EDV and CEED*

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## Next steps – How to apply for Families, Carers and Supporters

1. If you are not already a member, please join the **Tandem Participant Register**:  
[https://www.tandemcarers.org.au/Web/Policy/Join\\_the\\_Participation\\_Register](https://www.tandemcarers.org.au/Web/Policy/Join_the_Participation_Register)  
*Please note, there's an online application to join the Register which may take approximately 5 to 15 minutes to complete*
2. If you are interested in this engagement opportunity, please send a short Expression of Interest with **EOI – Developing Victoria's new Eating Disorder Strategy** in the email subject line to: [mhcregister@tandemcarers.org.au](mailto:mhcregister@tandemcarers.org.au)

**Please submit your brief EOI, describing your experience as a family, carer, supporter of a person at risk of, or with an eating disorder, including the following information (where relevant):**

1. A description of the eating disorder (e.g. diagnosis type (if relevant), eating or feeding disorder and/or body image, shape, size or weight related distress)
2. Your experience within different clinical settings, public or private (e.g. Mental Health Services, Medical Admission, Psychiatric Admission, Outpatient, Inpatient, Day Program)
3. Your experience within different support settings (e.g. Peer Support, Support Groups, Education / Training Support, Alternative Therapy, NDIS)
4. Where the person you support is in their eating disorder recovery journey
5. Does this relate to a young person (0-25 years) and/or Adult (26 years and over) with an eating disorder
6. Whether you have had prior community or professional experience supporting strategy development (e.g. Co-design workshops)
7. Please let us know if you identify with any intersectional identities and communities including First Nations peoples, Culturally and linguistically diverse (CALD) communities, LGBTIQ+, non-binary, and gender diverse communities, Disability, All Abilities communities, Neurodiverse communities, and if you live in a metro, rural or regional area
8. If you feel comfortable, please let us know whether there are any accessibility or safety considerations to support your participation in these discussions. Alternatively, feel free to call the Tandem Participation Register to discuss any support needs to ensure safe participation in this engagement opportunity

*Continued overleaf...*

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### 9. Please nominate your preferred Roundtable or Focused discussion in October to November 2022:

- Please specify which discussion(s) you would like to contribute to, based on your lived experience, interest, and availability, as per the table below
- Please list up to 3 x engagement topics in order of your preference
- *Please note the earlier EOI close date for the October Roundtable listed below ...*

#	Engagement topic	Engagement date and time	EOI close date
<b>October to November 2022 – Apply now</b>			
1	<b>Roundtable discussion</b> on promotion, prevention and health advocacy	<b>Thursday 27<sup>th</sup> October</b> 10:00am -1:30pm	<b>10am, Thursday 13 October 2022</b>
2	<b>Focused discussion</b> on eating disorders and neurodiverse people	<b>Monday 7<sup>th</sup> November</b> 10:00am - 1:30pm	<b>10am, Thursday 20 October 2022</b>
3	<b>Focused discussion</b> on larger bodied people* with eating disorders  <i>*We recognise that people may use a variety of other terms to describe their bodies such as plus sized, fat, larger etc.</i>	<b>Thursday 10<sup>th</sup> November</b> 10:00am -1:30pm	
4	<b>Focused discussion</b> on eating disorders and athletes and performing artists	<b>Thursday 17<sup>th</sup> November</b> 10:00am - 1:30pm	
5	<b>Focused discussion</b> on eating disorders and type 1 and type 2 diabetes	<b>Thursday 24<sup>th</sup> November</b> 10:00am - 1:30pm	
<b>December 2022 – EOI Applications will open in November 2022</b>			

### Contact

If you have any questions about this Register engagement opportunity, please do not hesitate to contact the Tandem Participation Register:

Phone (03) 8803 5555 | Email [mhcregister@tandemcarers.org.au](mailto:mhcregister@tandemcarers.org.au)