

POSITION DESCRIPTION



TITLE: Carer coach
Two positions available

EMPLOYMENT STATUS: Fixed term until December 2021
0.4 EFT (days/times negotiable)

AWARD DETAILS: Social, Community, Home Care and Disability Services Industry
Award 2010 (SCHADS): Level 3
Salary Sacrifice arrangements apply.

DIRECT REPORTS: None

REPORTS TO: Director, Strategic Programs

LIAISES WITH: EDV staff, individuals with eating disorders and their families,
carers, and significant others.

LAST UPDATED: December 2020

ABOUT EDV

Our Mission

Eating Disorders Foundation of Victoria: Helping Victorians (with an eating disorder and their families/supports) get the support they need.

Our Values

We embrace the following values to underpin our mission:

Connection *Courage* *Optimism* *Perseverance*

Eating Disorders Victoria (EDV) is a non-profit organisation, which supports those affected by eating disorders, their families and those close to them. Eating Disorders Victoria also provides information, education and advocacy about eating disorders to the wider community. The organisational values are: Connection, Courage, Optimism and Perseverance, and these values underpin a philosophy of recovery. The organisation is led by a Board of Management, and is funded by state government, philanthropic funds, fee for service activities and donations. Lived experience forms the platform and lens for all we do.

ROLE STATEMENT

EDV has been funded for 12 months to provide a new innovative program for families with young people newly diagnosed with eating disorders at commencement of the treatment journey. The aim of the program is to support families to effectively commence family led refeeding and recovery (Family Based Treatment and/or similar) on commencement of treatment and/or while on a waitlist for treatment.

The carer coaches will provide a structured program of one on one carer coaching sessions with families over 6-8 weeks, drawing on both their own lived experience as a carer doing family led refeeding and recovery, and the experiences of others. They will be also involved in supporting a weekly online information/support group for families on waitlists to commence treatment. This group will be co-facilitated by a clinician with expertise in Family Based Treatment.

The carer coaches will receive comprehensive training and peer supervision, and have access to a range of expertise in the EDV team and in the broader eating disorders sector.

KEY ACCOUNTABILITIES

- Carry a caseload of families receiving weekly one on one coaching sessions for 6-8 weeks, including planning sessions and recording notes on sessions.
- Co-facilitate weekly online information/support group
- Assist Director, Strategic Programs, with development and collection of key indicators for evaluation
- Liaise with EDV team members as required (especially Telehealth Nurse and Wellbeing Program Coordinator)
- Contribute to other EDV activities that support carers
- Other duties consistent with position as directed by the Director, Strategic Program.

KEY SELECTION CRITERIA

Essential:

- Experience as a carer, who has undertaken a family led refeeding and recovery approach with a young person who has achieved recovery
- Strong oral and written communication skills
- Curiosity, enjoyment of learning and eager to implement growth-oriented feedback Capacity to incorporate other family's different experiences into your working knowledge base.
- Ability to build rapport and strong collaborative relationships with strong interpersonal skills
- Enjoy working both collaboratively within a team and independently as needed

Desirable:

- Previous experience providing formal or informal support to families undertaking a family led refeeding and recovery approach
- Experience in program development
- Understanding of central tenets of Family Based Treatment, and key components of success.

CONDITIONS OF CONTRACT

Location: The position will be based at the EDV office on Level 2 of the Magpies Community Centre (corner Lulie and Abbot Streets, Abbotsford). We support flexible working arrangements including working from home. However it is envisaged that at least one day a week in the office would be desirable.

Employment conditions:

- Normal working hours will be during Monday to Friday, 9am to 5pm. Flexible hours may be required to ensure flexible service delivery out-of-hours, attendance at relevant meetings and events.
- Subject to satisfactory Working with Children Check, National Police Check and completion of Conflict of Interest Declaration.
- Probationary period will apply (3-months).

Ethical requirements: All EDV staff are required to adhere to the EDV Code of Ethics, Code of Conduct, Core Values and guiding principles and relevant organisational policies, practices and guidelines.

Wellness criteria: EDV values the lived experience of volunteers, staff and board members in the organisation. For anyone who discloses a history of a mental illness, including eating disorders, we recommend a two-year recovery period and a 'Declaration of Wellness' so that all connected with EDV are able to look after themselves and be supported.