

POSITION DESCRIPTION

TITLE: Volunteer – Stories of Recovery Ambassador

EMPLOYMENT STATUS: Volunteer, ad hoc as requested

REMUNERATION: Variable, dependant on speaking opportunity

REPORTS TO: Volunteer Manager

LIAISES WITH: EDV staff, volunteers and service users

DURATION: Minimum 12-month commitment

LAST UPDATED: October 2020

ABOUT EDV

Our Mission

Eating Disorders Foundation of Victoria: Helping Victorians (with an eating disorder and their families/supports) get the support they need.

Our Values

We embrace the following values to underpin our mission:

Connection Courage Optimism Perseverance

Eating Disorders Victoria (EDV) is a non-profit organisation, which supports those affected by eating disorders, their families and those close to them. Eating Disorders Victoria also provides information, education and advocacy about eating disorders to the wider community. The organisational values are: Connection, Courage, Optimism and Perseverance, and these values underpin a philosophy of recovery. The organisation is led by a Board of Management, and is funded by state government, philanthropic funds, fee for service activities and donations. Much of EDV's work is based on the principles of Mutual Support and Self Help. Volunteers are critical members of the team, often bringing their lived experience of eating disorders to their role, and enhance the organisation's activities in a variety of ways including assisting EDV staff to respond to requests for information, referral and support, and in the provision of support groups and community education activities.

ROLE STATEMENT

Volunteers who are Stories of Recovery ambassadors share their personal stories about recovery from an eating disorder or supporting someone with their recovery. Speaking publicly about their experience provides the opportunity to raise awareness of eating disorders and to offer hope that recovery is possible.

It is a requirement of all speakers that they have lived experience as a person who has recovered from an eating disorder or cared for someone who has recovered. For those who have recovered we recommend a two-year recovery period.

KEY ACCOUNTABILITIES

Primary

- Sharing of your personal story to a wide variety of settings including:
 - Hospital visits (inpatient, day patient, outpatient settings)
 - Health Practitioners (e.g. Psychologists, Counsellors, Doctors, Dentists)
 - Workshops, conferences or events
- Act as a media representative for EDV, including but not limited to providing quotes, attending interviews and assisting with articles.
- Other presentations as requested and in consultation with the Volunteer Manager.

Secondary

- Assist EDV with other administrative tasks as required.
- Support and resource other EDV activities (e.g. assisting at events & expos).

KEY SELECTION CRITERIA

Essential:

- Personal lived experience and willingness to share.
- A moderate understanding of eating disorders.
- Well-developed written and verbal communication skills (including public speaking).
- Strong interpersonal skills and ability to modify own style to meet the consumer's needs.
- Ability to establish meaningful contact (empower & build rapport) with service users.
- Ability to take responsibility for own learning.
- Ability to take direction and use feedback to develop own capabilities.
- Proficiency with internet (Zoom, Microsoft Teams).

Desirable:

- An understanding of mental health and services/programs.
- Counselling experience/knowledge.
- Experience working in a professional environment.
- Experience working in a voluntary capacity.

OTHER

Location: The EDV office is found at the Magpies Community Centre, Level 2, corner Lulie & Abbot Streets, Abbotsford, VIC 3067. Please note there is a current working from home arrangement due to COVID-19.

Speaking opportunities are at a variety of locations, on different days and at different times. SOR events are held face-to-face or via online platforms. Most events are one hour plus travel time.

Employment conditions:


- Voluntary role, minimum 12-month commitment.
- Subject to satisfactory Working with Children Check, National Police Check and completion of Conflict of Interest Declaration.
- Completion of the internal training program is compulsory, including a practice presentation.
- Probationary period will apply (3-months).
- In recognition of contribution to the organisation, EDV will provide each volunteer with a written reference after 12 months of continuous volunteering. EDV is also able to be a referee for tertiary program applications and paid employment.
- Volunteers may contribute to a maximum of two programs within the organisation (e.g. participate as a Hub volunteer and Support Group facilitator).

Ethical requirements: All EDV staff are required to adhere to the EDV Code of Ethics, Code of Conduct, Core Values and guiding principles and relevant organisational policies, practices and guidelines.

Wellness criteria: EDV values the lived experience of volunteers, staff and board members in the organisation. It is a requirement of this role that the Ambassador has recovered from an eating disorder and we ask for a two-year recovery period and a 'Declaration of Wellness' to ensure volunteering in this environment does not cause undue distress.

Intellectual Property: All information that volunteers have access to, create, contribute to, review or are otherwise privy to remains the property of EDV. This includes information relating to all EDV programs, processes, internal operations and strategic initiatives.

Personal Story: EDV will provide training, support and feedback to write and deliver the story of recovery. Volunteers must agree to EDV's storytelling guidelines and have their story approved before they are able to deliver.

Signatures: By signing this position description, the Volunteer confirms that it has been read, understood and accepted.		
Employee	Signature	Date
Chief Executive Officer	 Signature	October 2020 Date