

ANNUAL REPORT  
2013



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## HIGHLIGHTS OF 2012–2013

**2,847**

requests for support to the Eating Disorders Helpline

chatroom sessions held for the year

**151**

**569,830**

website hits for the year

attendees to EDV Education sessions

**1,421**

# HIGHLIGHTS OF 2012–2013

## EDV Psychology launched

EDV's services experienced some important developments in 2012–13, with the introduction of EDV Psychology. In late 2012 EDV received loan funds from the Australian Government's Social Enterprise Development and Investment Funds (SEDIF) program, which is a program designed to help organisations introduce sustainable new business practices in community organisations.

EDV used the funds to develop the fee paying psychology service and offer a much needed 840 counselling sessions per year providing early intervention and support to people who are impacted by eating disorders, including families/carers/friends.

Initially EDV recruited Cathy Wyatt to the newly created position of Client Services Manager to manage the implementation of the service, followed by the addition of Registered Psychologist Annabelle Ryburn to the team.

The new service has not only had a direct impact upon the mental health and wellbeing of many Victorians but also serves as an independent source of revenue for the organisation, which will make the organisation more sustainable in the long term. We are very pleased to say that the take up of the service has been overwhelming, with Annabelle experiencing extremely strong bookings. EDV is hoping to expand the service by adding more professionals to the team once we move to new premises in late 2013.

## Collingwood move planned

During the year, EDV began planning the relocation of the EDV office from Glen Iris to Victoria Park in Collingwood. The Collingwood Football Club Foundation has been working with the City of Yarra to turn the old grandstand of the historic Victoria Park football ground into a community hub and EDV is extremely grateful to the Collingwood Football Club Foundation for selecting EDV as one of the tenants in its refurbished social club rooms.

EDV is planning on relocating to Victoria Park in late 2013 and is looking forward to be able to expand its services at the new location. The new facilities will include dedicated counselling rooms, a library space, meeting rooms, access to a shared lecture theatre and a welcoming kitchen overlooking the redesigned oval and landscaped surrounds.

## Paying the Price

In late 2012, a ground breaking report into the financial and productivity cost of eating disorders in Australia was released by Deloitte Access Economics. The report titled “Paying the Price: The economic and social impact of eating disorders” estimated that eating disorders would lead to 1828 deaths in Australia in 2012. The report also found that at the end of 2012, there were more than 913,000 people in Australia with an eating disorder and the total socio economic cost of eating disorders was estimated at \$69.7 billion.

The report, commissioned by The Butterfly Foundation, has been extremely worthwhile in drawing attention to the impact of eating disorders. While EDV has long understood the devastating impact eating disorders has on individuals and families, it is extremely valuable to have a report like this that can help in quantifying the social and financial impact this has on the community. Sadly eating disorders are far more prevalent than what the community estimates and unfortunately there is still a serious lack of understanding and a great deal of stigma surrounding eating disorders.

For EDV this report has been extremely useful in engaging with key stakeholders including government, philanthropic organisations and potential partners and has also been helpful in quantifying the need for EDV to develop its own fee for service programs.

## Feed the Soul

During the year, EDV continued to develop its *Feed the Soul* fundraising awareness raising campaign. A number of very generous supporters held fundraising events for EDV including the Genazzano Feed the Soul High Tea and Burlesque the Soul. In addition to these fundraising campaigns a Feed the Soul afternoon tea was held at Parliament House and was attended by a number of Members of Parliament and included addresses from key note speakers The Hon Mary Wooldridge, Minister for Mental Health and The Hon Jenny Mikakos, Opposition Shadow Minister for Seniors & Ageing, Children & Young Adults and Youth Justice.

EDV is also very grateful for the support of Biba Salons and their Creative Director Frank Apostolopolous who continued as a *Feed the Soul* ambassador.

# HIGHLIGHTS OF 2012–2013

## Eating Disorders Taskforce

EDV Chair Tracey De Poi represented EDV on the Victorian Government Eating Disorders Taskforce which was set up to develop recommendations on eating disorder prevention, early intervention and effective support and treatment. The Victorian Government is now preparing an eating disorder strategy for Victoria which EDV anticipates will be released in late 2013.

## EDV online

The EDV website continued to be an invaluable tool for people searching for information about eating disorders. The number of unique visitors to the website was over 137,000, nearly double that of the previous year. Page views (sometimes called “hits”) also increased substantially to almost 570,000. Most web traffic originated from Australia (more specifically, Victoria), with the majority of people looking for factual information on specific eating disorders and their treatment. Google AdWords continued to play an important role in driving traffic to the EDV website.

EDV continued to build a strong presence across social media, with Facebook fans increasing 112% between July 2012 and June 2013 and community engagement steadily strengthening. A company page was created on LinkedIn, to complement the existing EDV Twitter and Pinterest accounts.

## Community sector/Partnerships

Throughout 2012–13, EDV continued to develop strong partnerships within the eating disorder service sector and broader health networks. Formal partnerships are currently being developed with a number of the specialist eating disorders hospital treatment centres. EDV has also formed partnerships with Headspace, Queen Victoria Women’s Centre and Eastern Health CYMHS (Child Youth Mental Health Service) at the Box Hill Youth Hub and is developing strong relationships with Medicare Locals.

# ABOUT EDV

## Mission Statement

Eating Disorders Victoria is the primary source of support, information, community education and advocacy for people with eating disorders and their families in Victoria.

We connect those whose lives are affected by eating disorders with the people, services and hope they need for recovery.

## Values Statement

We embrace the following values to underpin our vision and mission:

- Respect
- Acceptance
- Hope

## Vision Statement

A future where the incidence, duration and impact of all eating disorders are reduced and ultimately eradicated.

## Strategic plan

### Objective 1

Build and grow EDV as a single point of information, support and referral for people with eating disorders and their families, friends and the wider community.

### Objective 2

Diversify funding and income sources to increase annual income.

### Objective 3

Develop strategic partnerships to ensure EDV services are embedded in mental health and community systems; specifically in the areas of education, research, advocacy, marketing, funding and health promotion

### Objective 4

Influence and participate in shaping broad public health and wellbeing policy.

**“If you have the ability and strength to sustain an eating disorder, you have the strength and ability to move beyond it” – Joanna Poppink**

# OUR SERVICES

## Our core services and activities include:

### Helpline

- Telephone and email support for anyone affected by an eating disorder

### Internet Chatroom and online Messageboard

- Fully moderated for safety; reaching out to those who are isolated, require full anonymity or just like connecting online

### Support programs

- Recovery support for persons with an eating disorder available face to face and via telephone
- Family support for families and friends of persons with an eating disorder available face to face and via telephone
- Carer support programs
  - Building Hope and Finding Hope
- Support group network
  - facilitated self-help groups providing a confidential and safe environment for recovery and learning through shared experience

### Community

- Education programs
- Awareness activities
- Community voice – engaging key policy makers to ensure people with an eating disorder and their carers have a voice in the community

### Information

- Comprehensive and reliable website
- Member newsletters
- Specialist library of books and DVDs
- Eating disorder specific resources including fact sheets
- Eating disorder resource manuals, booklet and DVDs of recovery experiences
- Helpfinder service – Database of health professionals and treatment facilities in Victoria

### Professional development programs

- Available for schools, fitness instructors and coaches, health and welfare and community workers

### Workshops and consultations

- Available for students and at conferences and forums
- Mindful eating workshops
- Office and workplace consultations



# GRANTORS, SPONSORS AND CORPORATE PARTNERS

EDV thanks the following organisations for their generous financial assistance and/or in-kind support in the past financial year:

## Major Grantors:

### Victorian State Government Department of Health

Although EDV is a community-managed non-government organisation, EDV's major recurrent funding is provided by the Victorian State Government Department of Health, for which we remain very appreciative. EDV is contracted to provide statewide specialist support, information and referral services for people with eating disorders and their families in Victoria, as well as community education and training.



Department  
of Health

### Rowe Family Foundation Managed by Perpetual



## Sponsor and Corporate Partner:

### Hairhouse Warehouse Pty Ltd

EDV acknowledges the generous financial support of Hairhouse Warehouse in its support of the Eating Disorders Helpline.



## Other Grantors and Sponsors:

### Biba Salons



### Butterfly Internet



EDV thanks its many generous donors that have supported fundraising campaigns throughout the year including –

Moonee Ponds Periodontics and Implant Centre

The Radford Foundation

The Arnold Foundation

Ellen Koshland

Kim Fern

Platform Espresso

The Jolly Jumper Cafe

The Ark Malvern

## BOARD CHAIR'S REPORT

I am sitting here on a cold Sunday afternoon in front of the fire and it is the perfect time to reflect on the past 12 months at Eating Disorders Victoria (EDV). I would first like to say that once again it has been a privilege and a pleasure to be chair of this remarkable board and organisation. Last year I reported that there had been some major changes within the organisation, this year the board has focused on consolidating the strategic plan and the vision that we have for EDV and underpinning all the decisions we make are the values of this organisation Respect, Acceptance and Hope.

We lost one board member during the year Ms Cath Trahair but overall we have a new level of stability to the board which has helped with some tough decisions that needed to be made. It is great to see that all of our board members (Felicia Cousins, Matthew Tence, Peter Larter, Suzy Redston, Stacey Maher, David Goode and Melissa Jordan) will be returning for another term and I look forward to working with you all again. The next year looks like another big one for EDV.

One big initiative that the board took over the past year was to take out a loan with Foresters so that we could offer a psychology service (fee paying). The organisation employed Cathy Wyatt to oversee its implementation and Annabelle Ryburn, a registered psychologist. The service has been well received and the demand and interest for the service so far has exceeded our expectations. The other major initiative for EDV has been our intended move to Victoria Park. This is such an exciting move for us as we have currently reached capacity in Glen Iris. Construction has begun and it looks likely that we will be moving before the end of the year.

In finishing I would like to thank all the staff and volunteers of EDV, without your hard work and dedication there would be no EDV. Finally, I would like to thank Jennifer Beveridge, Jen you make my job so easy and it has been a privilege to work with you over the past year. Jen you are inspirational, it has not been the easiest of years for you but you have come through shining. We at EDV are so pleased to have you on our team and I look forward to the year ahead.



Tracey De Poi

## Board Member Attendance Record July 2012 – June 2013

	Number of Meetings Attended	Number of Possible Meetings
Tracey De Poi	11	11
Felicia Cousins	7	10
Matthew Tence	11	11
Peter Larter	8	11
Stacey Maher	10	11
Suzy Redston	6	10
Melissa Jordan	7	9
David Goode	8	10
Cath Trahair	4	6
Debra Goldfinch	2	2
Jennifer Beveridge (ex officio)	11	11

**“I have been overwhelmed by the professionalism and kindness shown to me. I am beyond grateful.” – Client of Family Support Officer**

## CHIEF EXECUTIVE OFFICER'S REPORT

EDV is a place where people are encouraged to change; people come to us because there are things affecting their lives that need to change, and they are helped to do things differently. Sometimes change is viewed with trepidation, sometimes with anticipation; change nearly always causes uncertainty and discomfort as we move to something new.

The past year has been one of great change at EDV...some has been imposed upon us, and some has been of our own making. Throughout it we have experienced a vast range of emotions and responses... and as we have continued to engage with the process of change many benefits have been achieved.

In line with the strategic direction set out in 2012, the key themes of consolidation and growth have been realised. An organisational restructure has enabled the organisation to streamline activities for effectiveness and efficiency. We have built on the foundation of existing services and now also offer support from three sites at Box Hill, Collingwood and the CBD.

The new psychology service is being well-used by clients, and is commended as a robust model of social enterprise. Active partnerships have been developed with specialist eating disorders services, generalist mental health services and primary healthcare organisations. An extensive group of interested stakeholders continues to provide active encouragement and guidance. And the move to our new office at Victoria Park will create opportunities for greater accessibility of services to more people, and ongoing development of integrated service provision.

Change at an organisational level at EDV has been helpful, hopeful and enriching. It is our desire that our services are experienced in the same way by those who come seeking support. Sincere thanks to all those who have shared the journey and experience of change with us... we welcome the year ahead.



Jennifer Beveridge



**...the move to our new office at Victoria Park will create opportunities for greater accessibility of services to more people, and ongoing development of integrated service provision.**

## 2012–2013 AT A GLANCE

### Statement of Financial Performance for the Financial Year

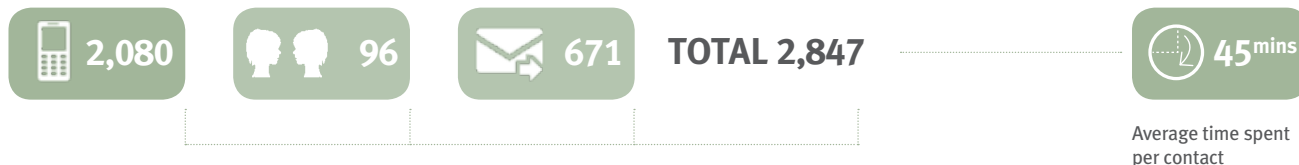
	2012–2013 \$	2011–2012 \$
Revenues from ordinary activities and special projects	519,061	586,974
Expenses	667,345	608,861
<b>TOTAL CHANGE IN EQUITY</b>	<b>(148,284)</b>	<b>(21,887)</b>

### Summary Statement of Financial Position

	2012–2013 \$	2011–2012 \$
Total assets	253,470	228,264
Total liabilities	213,049	39,559
<b>NET ASSETS</b>	<b>40,421</b>	<b>188,705</b>
<b>TOTAL EQUITY</b>	<b>40,421</b>	<b>188,705</b>

## Statistics for 2012–13

### Helpline contacts (Support, Information & Referral – incoming enquiries) \*



#### Total number of service user contacts

##### Helpline contacts – User type

Person with an eating disorder, disordered eating, body image issues... (please note people with an eating disorder may be self diagnosed)	1,189
Parents & siblings	889
Partners	128
Friends	163
Other relatives	181
Professionals (Health professionals, community organisations, treatment centres, school teachers, students...etc)	297
<b>TOTAL</b>	<b>2,847</b>

##### Helpline contacts – Gender of person with an eating disorder or other related issue

Female	2,323
Male	524
<b>TOTAL</b>	<b>2,847</b>

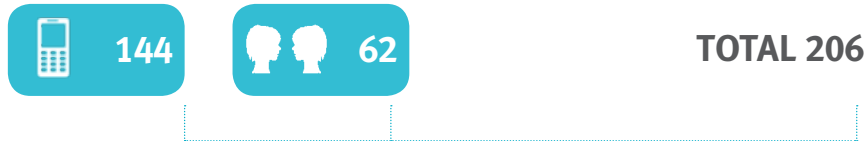
##### Helpline contacts – Type of disorder or issue (please note may be self diagnosed)

Anorexia Nervosa	961
Bulimia Nervosa	667
Binge Eating Disorder	641
Other (includes EDNOS, disordered eating, body dissatisfaction...)	578
<b>TOTAL</b>	<b>2,847</b>

# 2012–2013 AT A GLANCE

## Individual Support Session contacts

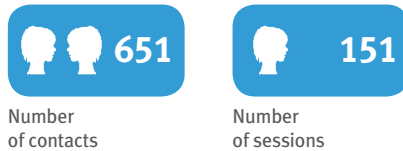
Recovery Support (People with an eating disorder)



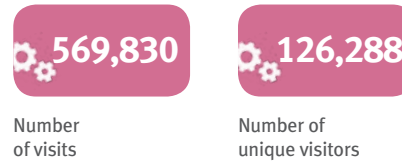
Family Support (Families, parents, partners, siblings & friends)



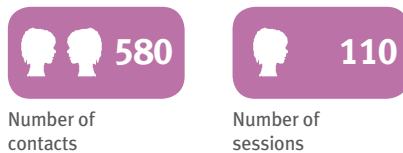
## Chat room (People with an eating disorder)



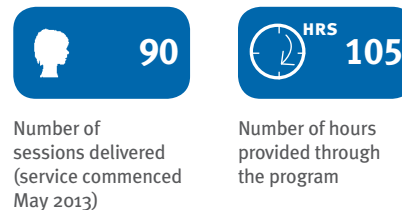
## Website



## Support groups



## Psychology Service





## Messageboard



Number of Posts

## Media Enquiries



Number of Contacts

## Education



Number of contacts at presentations



Number of enquiries



Number of sessions



Number of sessions held for Consumers



Number of people who attended sessions held for Consumers



Number of sessions held for Carers/Family Members/Friends



Number of people who attended sessions held for Carers/Family Members/Friends



Number of sessions held for Community Members



Number of people who attended sessions held for Community Members



Number of sessions held for Professionals/Students



Number of people who attended sessions held for Professionals/Students

## TREASURER'S REPORT

I am pleased to present the audited financial statements for the year ended 30 June 2013.

This year EDV ended the year with a deficit of \$148,284. This figure is significantly different to last year's deficit of \$21,887.

As noted by the Chair and CEO this year was a very different year to many of the past years. This year the Board and CEO embarked on a significant investment to build new services and to set on a pathway that will enable EDV to generate its own income separate from Government grants.

The level of investment and usage of cash reserves was debated and considered in detail by the Board and CEO during the course of the year and whilst a significant deficit occurred it was only after detailed consideration. One key component of the investment was a loan from Foresters Finance, using funds from the Federal Government's Social Enterprise Development and Investment Funds (SEDIF) to assist with establishing the fee for service division. The loan is for \$75,000 and at this point in time we are not considering any additional loans.

The investment this year whilst significant should enable us within three to four years to be able to use the additional income generated from the fee for service division (EDV psychology) to invest into the other services provided by the organisation and into other new services that we cannot currently provide due to no funding being provided or no surplus income to provide such services. The Board and CEO will continue to monitor the performance of EDV psychology.

Total income for the year was \$519,061 approximately which was approximately \$86,000 lower than the previous year. This is on the back of a smaller reduction in income from 2010/11 to 2011/12. Government grants continue to dominate the income with approximately 80% of all income received through grants.

Total expenditure was \$667,345 approximately, which was an increase of around \$60,000 on the previous year. The expenses were largely related to personnel costs which are approximately 75% of all costs.

The equity of members reduced significantly from \$188,705 to \$40,421 due to the operating deficit, commencement of the fee for service division, Foresters Loan and income received in advance for grants and a range of related matters.

We also wish to acknowledge the significant cash reserves built up overtime that have enabled this investment into the future to take place. Without these cash reserves the ability to develop new programs, start the fee for service division and build a more stable future would not have been possible.

The Board and CEO are aware and conscious of the investment undertaken in the last 12 months and that it cannot be repeated due to insufficient cash reserves to enable the same level of investment. We have budgeted and planned for the 2013/14 year so that the financial performance returns a small deficit that does not significantly reduce equity and cash in EDV.

Matthew Tence

# THE EDV TEAM

## Members of the Board

**Chair:** Tracey De Poi

**Treasurer:** Matthew Tence

**Secretary:** Peter Larter

**Directors:** Stacey Maher, Felicia Cousins,  
Suzy Redston, David Goode, Melissa Jordan

## Former Board Members July 2012 – June 2013

Debra Goldfinch

Cath Trahair

## Members of Staff as at June 30, 2013

**Chief Executive Officer:** Jennifer Beveridge

**Client Services Manager:** Cathy Wyett

**Education Manager:** Jane Pitt

**Communications and Advocacy Manager:**  
Megan O'Connor

**Registered Psychologist:** Annabelle Ryburn

**Volunteer Services Coordinator & Information Officer:**  
Marilyn Amendola

**Support Officer/Chatroom Coordinator:**  
Danielle Laurence

**Online Coordinator:** Caroline Golden

## Farewell

EDV farewelled the following staff members during the 2012–13 year and thanks them all for their tremendous contributions to the organisation

Leigh Hanham

Natalie Wild

Rebecca Wickham

Kevin Gan

**“I managed to formulate a process of how to move forward while acknowledging the complexities of eating. I felt listened to and validated which was greatly appreciated.” – Client of Family Support Officer**

# THANK YOU

Eating Disorders Victoria's achievements are made possible through the generous contributions and ongoing commitment of many. Your support is highly valued and proves to us that our vision, mission, aims and objectives are shared and acknowledged as valuable in the community.

We extend our wholehearted thanks to the following:

**Our Members** for their contributions, feedback and fabulous ongoing support.

**Our Grantors, Sponsors and Corporate Partners** for their generous financial and/or in-kind support of our work (see listing on page 9)

**Our Donors** for their compassionate giving and magnificent fundraising efforts, providing vital extra financial support and keeping the memory of eating disorders sufferers past and present alive in the hearts of many.

**Our Volunteers** for their contribution of 5,000+ hours of service, skill and compassion. Many of our volunteers are listed in the Volunteer Team below but please note that not all names appear in this list due to privacy considerations.

**Other Organisations** for their donations of goods for silent auctions

## The volunteer team

### Helpline Support Team

Yvonne Pilley, Michelle Brindley, Susan Whitehead, Sara Radovic, Heidi Bergmeier, Fiona Kiriakidis, Brittany Watson, Mary Strachan, Lisa Stanley, Emily Hall, Iris Gonzalez, Claire Danko, Claire Manderson, Isabelle De Luca, Doron Burd, Alexandra Griffin, Heidi Sanders, Annalise Pettinella, Fiona Kiriakidis, Ashley Stillman Foster, Natalie Ferguson, Katie Hawken, Jacqueline Lester, Lauren Balfour, Olivia Formica, Katherine Hill, Stephanie Mierisch, Beenish Shahzad, Alex Atkins, Melinda Rak

### Recovery Chat Room Moderators

Megan Holden, Shannon Geary, Leena Amin, Kathryn O'Brien, Melissa Jordan, Kathryn O'Brien, Skye Dyer, Rebecca Bale, Jasmine Trigwell, Elizabeth Jowett, Stacey Star, Zoe Kluga, Julia Hosie, Alex Jansens, Justine La, Anita Parisella, Beenish Shahzad, Vanilla Stener, Alex Jansens, Jacenta Abbott, Brittany Watson, Melinda Rak

### Support Group Convenors – Metropolitan Melbourne

Karen Abraham, Matthew Bisset, Ilias Katis, Matthew Vincent Smith, Mithzay De La Espriella, Inbali Sofer, Krysta Kors, Sarah McGuinness, Fiona Kiriakidis, Heidi Bergmeier, Heidi Sanders, Katie Rogerson, Rachel Chung, Christine Fay, Rebecca Palozzi, Chris Glover, Elise Edwards, Joyce Robbins, Nahal Goharpey, Jasmine Quinsee, Maytawee Ferrier, Jocelyn Clarke, Neira Borcic, Iris Gonzalez -Lisa Yau, Felicity Martin

### **Support Group Convenors – Rural**

Carol Boyadjian, Nicole Riddle, Lisa Alsopp, Shannon McDevitt, Tara Fitzgerald, Marisha Jarecki, Marie Carter, Michelle Cowie Scott, Tara Gannon, Renee Smith, Amanda Dando.

### **Visiting Professionals**

Draga Jevtic, Nola Rushford, Helen Shepherd

### **Speakers Bank**

Gill Ryan, Kellie Raymond, Jenny McLaughlin, Jacinta Agostinelli, Tara Black, Tracey De Poi, Melissa Jordan, Chris Glover, Rachel Gellert, Natasha Seymour, Brittany Barrot, Wendy Barsdell, Vanessa Loss, Marie Camin

### **Reception Support**

Alicia Bond, Jocelyn Clarke, Heidi Sanders, Natasha Seymour, Angie Soumilas, Morgan Turnbull, Tegan Tresize

### **Siblings & Friends Working Group**

Claire Bamford, Jacinta Agostinelli, Brigitte De Poi, Genevieve Agostinelli, Brie Ellet, Marina Hill, Tracey de Poi, Sarah McGuinness

### **Communications Intern**

Georgia Harrison

### **Placement**

Amanda Bruce, Heidi Sanders, Josephine Bradley Scott

**“The session met my expectations more than I expected. I feel one step closer to fighting my ED and I never thought anyone could make me feel that recovery is possible.” – Client of Recovery Support Officer**

## STORIES FROM OUR VOLUNTEERS

### Jocelyn Clarke

#### Support Group Convenor, Helpline and Reception

I volunteer with EDV in a number of capacities. I am a Support Group Convenor for Family and Friends of people in the community with Eating Disorders at Ringwood once a month, as well as fortnightly on the Helpline and weekly on Reception.

As a Support Group Convenor, I provide support and information in a friendly environment to carers and loved ones of someone with an Eating Disorder. This provides a forum for carers to express their emotions and concerns about their situation, as well as providing support and sharing coping strategies with each other.

My volunteer work on the Helpline involves providing support, information and referrals to service users who call or email the Helpline. Using the many resources at EDV, I am able to provide our service users with fact sheets, treatment options, support group details, psycho-education programs, suggest our Recovery Message Board and Chat Room Service, as well as provide referrals using our Private Practitioner Database and booking appointments to see our Psychologist and Support Officer.

Working on Reception also allows me the ability to answer calls and emails, do filing and copying and introduce people in the community to our services and information at EDV. Most importantly, it is about greeting clients in a warm manner, as they take those first tentative steps towards learning more about recovering from an Eating Disorder.

I volunteered with EDV as I wanted to learn more about eating disorders within the field of Psychology and at the same time contribute and give back to my local community. Volunteering in the multiple roles that I do has allowed me the opportunity to develop key skills in different areas, such as how to convene a group and how to provide referrals to people, which I feel will be essential in furthering my career in the Psychology profession. It has also allowed me to network effectively with health professionals in the eating disorders area. I really enjoy working with the dedicated and passionate staff and other helpful volunteers at EDV.

**Volunteering in the multiple roles that I do has allowed me the opportunity to develop key skills in different areas, such as how to convene a group and how to provide referrals to people, which I feel will be essential in furthering my career in the Psychology profession.**



## STORIES FROM OUR VOLUNTEERS

### Claire Bamford

#### Carer Consultant

I have been volunteering for EDV for nearly four years now in various carer roles. More recently I was asked to take on the role of 'Carer Consultant' by the CEO and I have been doing this job for about ten months. The role of 'Carer Consultant' is an established role in all area mental health services and most not-for-profit organisations; however the description of the role can vary widely. This was a newly created role at EDV and it will develop in a way which will best benefit EDV carers.

My first step in the role was to join the Victorian Mental Health Carers Network which meets once a month. This has been great because it has given me the opportunity to meet with many other people in mental health carer roles throughout the state. I have seen how different organisations have developed this role and have clearly recognised the importance of it. I have also had the opportunity to learn about government policy changes and report these and other important developments back to EDV. We met with the Minister of Mental Health last week and I had the opportunity to advocate for EDV carers' needs with her and her staff.

I work from home and liaise with EDV and the networks regularly by email, phone and in person. I do quite lot of reading and comment on behalf of EDV on various issues. I also take issues which are affecting EDV carers to the network meetings and government forums.

Volunteering for EDV in this way has given me the confidence to advocate for EDV carers in network meetings and in large government liaison forums. Something I am passionate about! It has involved me in strategic planning, rebranding exercises and now I have been invited to join another carer consultant network which will open up more training opportunities, enable me to do more networking as well as continuing to represent EDV carers.

As I have an interest in changing my career from the private corporate sector to the community services sector, taking on a role such as this as a volunteer has given me an opening and an opportunity to help EDV whilst learning myself. Really it is a win – win situation!

**...involved me in strategic planning, rebranding exercises and now I have been invited to join another carer consultant network which will open up more training opportunities, enable me to do more networking as well as continuing to represent EDV carers.**





# AUDITOR'S REPORT



McBAIN  
McCARTIN & Co

CHARTERED ACCOUNTANTS  
AUDIT & ASSURANCE SERVICES

PO BOX 92 BALSWYN  
VICTORIA, AUSTRALIA 3103  
ABN 28 028 751 960

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF  
EATING DISORDERS FOUNDATION OF VICTORIA INC

ABN 24 010 832 192

We have audited the accompanying financial report, being a special purpose financial report, of Eating Disorders Foundation of Victoria Inc (the association), which comprises the committee's report, the assets and liabilities statement as at 30 June 2013, the income and expenditure statement, statement of changes in equity and statement for cash flows for the year then ended, notes comprising a summary of significant accounting policies and other explanatory information, and the certification by members of the committee on the annual statements giving a true and fair view of the financial position and performance of the association.

#### Committee's Responsibility for the Financial Report

The committee of Eating Disorders Foundation of Victoria Inc is responsible for the preparation and fair presentation of the financial report, and has determined that the basis of preparation described in Note 1 is appropriate to meet the requirements of the Associations Incorporation Reform Act and Regulation 2012 and is appropriate to meet the needs of the members. The committee's responsibility also includes such internal control as the committee determines is necessary to enable the preparation and fair presentation of a financial report that is free from material misstatement, whether due to fraud or error.

#### Auditor's Responsibility

Our responsibility is to express an opinion on the financial report based on our audit. We have conducted our audit in accordance with Australian Auditing Standards. Those standards require that we comply with relevant ethical requirements relating to audit engagements and plan and perform the audit to obtain reasonable assurance whether the financial report is free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial report. The procedures selected depend on the auditor's judgment, including the assessment of the risks of material misstatement of the financial report, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the association's preparation of the financial report that gives a true and fair view, in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the association's internal control. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by the committee, as well as evaluating the overall presentation of the financial report.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

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INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF  
EATING DISORDERS FOUNDATION OF VICTORIA INC

ABN 24 010 832 192

**Opinion**

In our opinion, the financial report presents fairly, in all material respects, the financial position of Eating Disorders Foundation of Victoria Inc as at 30 June 2013 and its financial performance for the year then ended in accordance with the accounting policies described in Note 1 to the financial statements, and the requirements of the Associations Incorporation Reform Act and Regulations 2012.

**Basis of Accounting and Restriction on Distribution**

Without modifying our opinion, we draw attention to Note 1 to the financial statements, which describe the basis of accounting. The financial report has been prepared to assist Eating Disorders Foundation of Victoria Inc to meet the requirements of the Associations Incorporation Reform Act and Regulations 2012. As a result, the financial report may not be suitable for another purpose.



McBain McCartin & Co.



Simon Aukstin  
Partner  
MELBOURNE

Dated this 23<sup>rd</sup> day of September 2013

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# FINANCIAL STATEMENTS

## Income and Expenditure Statement for the Year Ended 30 June 2013

	2012–2013	2011–2012
	\$	\$
Revenues	519,061	586,974
Employee benefits expenses	(495,434)	(452,962)
Depreciation expense	(5,280)	(10,013)
Occupancy expenses	(34,511)	(32,301)
Computer expenses	(14,892)	(18,771)
Communications expenses	(14,068)	(12,068)
Advertising and promotion expenses	(10,555)	(9,011)
Postage, printing and stationery expenses	(4,329)	(11,724)
Other expenses	(88,276)	(62,011)
<b>Net Current Year (Deficit)</b>	<b>(148,284)</b>	<b>(21,887)</b>
<b>Retained Surplus at the Beginning of the Year</b>	<b>188,705</b>	<b>210,592</b>
<b>Retained Surplus at the End of the Year</b>	<b>40,421</b>	<b>188,705</b>

# FINANCIAL STATEMENTS

## Assets and Liabilities Statement as at 30 June 2013

	2012–2013 \$	2011–2012 \$
<b>Current Assets</b>		
Cash and cash equivalents	239,027	214,441
Accounts receivables and other debtors	4,052	4,786
<b>TOTAL CURRENT ASSETS</b>	<b>243,079</b>	<b>219,227</b>
<b>Non Current Assets</b>		
Furniture equipment and vehicle	10,391	9,037
<b>TOTAL NON CURRENT ASSETS</b>	<b>10,391</b>	<b>9,037</b>
<b>TOTAL ASSETS</b>	<b>253,470</b>	<b>228,264</b>
<b>Current Liabilities</b>		
Accounts payable and other payables	8,706	1,641
Income in advance	86,380	-
Other creditors	11,442	12,588
Provisions	25,028	19,303
<b>TOTAL CURRENT LIABILITIES</b>	<b>136,556</b>	<b>33,532</b>
<b>NON CURRENT LIABILITIES</b>		
Provisions	6,493	6,027
<b>TOTAL NON CURRENT LIABILITIES</b>	<b>76,493</b>	<b>6,027</b>
<b>TOTAL LIABILITIES</b>	<b>213,049</b>	<b>39,559</b>
<b>NET ASSETS</b>	<b>40,421</b>	<b>188,705</b>
<b>Equity</b>		
Retained earnings	40,421	188,705
<b>TOTAL EQUITY</b>		

## HOW YOU CAN HELP

EDV is a Public Benevolent Institution and a Deductible Gift Recipient.

All donations, major gifts and bequests will be used to support the direct services of Eating Disorders Victoria (EDV).

Key areas of expenditure for funds donated:

- Helpline costs
- Chatroom and Messageboard costs
- Eating disorder community education programs
- Support for the EDV volunteer training program
- Purchase of library resources
- Resources for improved community awareness
- Special projects

### Are donations are tax deductible?

Yes (\$2 or more)

### Will I receive a receipt for my donation?

Yes, all donations of \$2 or more will be receipted.

There are many ways to donate – select your donation method below.

#### Donate Online

Donate through the secure online donations service. Follow the link at [www.eatingdisorders.org.au](http://www.eatingdisorders.org.au)

#### Donate by Phone

Call (03) 9885 0318/1300 550 236 with your credit card details.

#### Donate by Fax

Download a printable donation form from the website and fax to (03) 9885 1153

#### Donate by Mail

Download a printable donation form from the website and send through the post to:

Eating Disorders Victoria (EDV)  
1513 High Street  
GLEN IRIS, VIC 3146

#### Leave a Bequest

Leave a Bequest to Eating Disorders Victoria in your Will. For more information call (03) 9885 6563, email [edv@eatingdisorders.org.au](mailto:edv@eatingdisorders.org.au) or download more information from our website.









