



2020

Annual Report

Eating Disorders Victoria (EDV)

EDV

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“You can’t tell if somebody is struggling based on what they look like.”

“Eating disorders are not a choice.”

“This illness is not something I want.”

“I wish people knew how gripping eating disorders are.”

Eating disorders are not a lifestyle choice, a diet gone wrong or a cry for attention.

Eating disorders are serious mental illnesses that affect around 1 million Australians, 234,000 of whom are in Victoria. 2020 marked 37 years of Eating Disorders Victoria (EDV) supporting people affected by eating disorders.



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Message from our Chair



If I were asked for one word to describe this year at EDV, it is change. Here at EDV we have had more than our share of change, with our excellent Chair Leanne Bradley leaving to move interstate at the beginning of the year, and Deputy Chair Nick Gurner stepping in as acting chair, a position that he handled extremely well and smoothly until I returned from overseas to commence as chair in April.

The beginning of Victoria's COVID lockdown brought on even greater change, with all services needing to operate remotely and staff moving to work from home. Under the leadership of Belinda Caldwell, the whole team at EDV made the transition to remote working without faltering in service delivery. The numbers of those who needed our help grew during this time as did the delivery of more programs and an increase in staff numbers.

We have been successful in lobbying for \$1 million in funding for our Peer Mentoring Program for 2020-22. We also secured an additional \$250,000 from the Victorian Government as part of the COVID-19 Mental Health funding.

EDV has continued to develop partnerships and working relationships with the Victorian Centre of Excellence in Eating Disorders (CEED) and has signed a memorandum of understanding with Eating Disorders Alliance of Australia. We also collaborated with the Butterfly Foundation on a project in Gippsland.

Our annual Feed the Soul event normally held at Parliament House turned into a very successful online event. Minister Martin Foley was our main speaker and I thank him most sincerely on behalf of EDV for the strong support that he and his department have given to EDV.

The rebuild and upgrade of our IT system under the guidance of one of our Directors Richard Matotek has enabled us to use data more effectively to learn, evaluate and improve on our services and advocacy.

The EDV community can be confident that we will continue to grow and reach more Victorians impacted by eating disorders and their support people. The Board has recently appointed Belinda as our permanent CEO and under her leadership, along with the fantastic people working at EDV and all the amazing volunteers who give so freely of their time, we will continue to strive to improve the outcomes for all those we support.

Christine Fyffe
Board Chair

Message from our CEO



2019-20 has been a time of significant change and adaptation for Eating Disorders Victoria and it has been privilege to be part of navigating the journey.

Following the Board setting a new Strategic Direction in June 2019, we have seen a real focus at EDV on guiding our community to navigate our system and be better supported through connections with those who have trod this path before. Highlights for the year include, but are not limited to:

- Introduction of the Telehealth Nurse role which rapidly became a 'core' service here at EDV, helping those with an eating disorder and their families/carers to access appropriate care more efficiently
- A suite of resources to support access for our community to the new MBS Eating Disorder Plans introduced in November 2019
- A reorientation of our communications strategy to reflect the real and raw nature of eating disorders as experienced by our community and practical advice
- Improvements to the EDV Hub (our telephone, web and in-person support service), including implementing a Customer Relationships Management database. This will improve our response process and provide us with better data on our community and its concerns
- Consolidation of our Peer Mentoring program, leading to a commitment from the Victorian Govt to double the funding for the next two years
- Consolidation of strong relationships with other eating disorders organisations e.g. Victorian Centre of Excellence in Eating Disorders and the Eating Disorders Alliance of Australia

In March, along with the rest of the country, we had to move all our services online, and our office to working remotely. The team at EDV responded with optimism and ingenuity to this challenge and, since March, we have continued with all our services. Our clinic went online with telehealth. Our support groups, education offerings and Stories of Recovery went online to increased numbers and wider reach into rural and regional communities. Our volunteers have manned the HUB online from their homes across Victoria.

EDV staff are to be commended for the way they have embraced the changes and challenges this year. I would also like to thank all our community for being so supportive of EDV this year. I look forward to increasing services and reaching even more of you in the next 12 months.

Belinda Caldwell
CEO

Who we are





Eating Disorders Victoria (EDV) is the leading community organisation for Victorians affected by eating disorders.

Our mission is to help Victorians with an eating disorder and their families/supports get the support they need, when they need it.

We do this by:

- Helping people to navigate the healthcare system and access services
- Helping people to help each other (peer support)
- Helping people to understand eating disorders and act

Our Values

-  Perseverance
-  Connection
-  Optimism
-  Courage

“I had accepted I would never have a life free from an eating disorder yet EDV gave me access to programs which turned my life around and gave me freedom, happiness and independence.”

Client feedback

What we do

EDV provide a range of services that cover the breadth of the eating disorder journey. Services are informed by the lived experience of people who have experienced eating disorders and those that have cared for them. Many of our staff, volunteers and board members have lived experience of eating disorders.

-  **The EDV Hub**
EDV Hub is a free and confidential service providing information, service system navigation and peer support to people experiencing eating disorders and those who support them. The Hub is available through phone, email and a drop-in service.
-  **Peer Mentoring Program**
The Peer Mentoring Program (PMP) support adults with an eating disorder who are actively on the recovery path. It provides one-on-one mentoring with an EDV employee who has recovered from an eating disorder.
-  **Telehealth Nurse**
New in 2020, the Telehealth Nurse acts as a central point of contact to help people access services, locate specialised eating disorder health professionals, provide information and help people work towards recovery.
-  **Education**
EDV’s education team provide training to those who work with people at risk of eating disorders. The education team also deliver psycho-educational workshops for people at risk of and experiencing eating disorders, and those that care for them.
-  **Support Groups**
EDV Support Groups give people affected by an eating disorder the opportunity to draw upon the support and experience of others facing similar issues in a safe environment, online and in person.
-  **Stories of Recovery**
Our trained Ambassadors who have recovered from an eating disorder share their story with the aim of educating, raising awareness and offering hope that recovery is possible.
-  **Clinical services**
We operate a private clinic of psychologists and a dietitian out of our consulting rooms in Abbotsford. We aim to keep our clinical services affordable, with our fees lower than that recommended by the Australian Psychological Society.
-  **Information & Advocacy**
We engage with key politicians and stakeholders to help shape policies that reduce eating disorders in the community. We also maintain a comprehensive website to provide up-to-date information on eating disorders online, and connect with the community through social media.

2019/20 at a glance

2000+
Contacts to the EDV Hub



400+ professionals received eating disorder training from EDV

COVID-19

27%

INCREASE in contacts in April - June compared to previous year



467

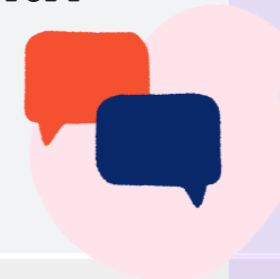
people heard an EDV Ambassador share their recovery story



Rebecca and Lauren from EDV's Education team catching up online from home.

226

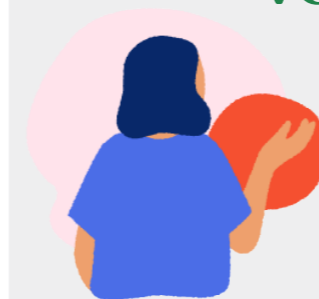
Sessions with EDV Peer Mentors



100% of services operating remotely during COVID-19

Active volunteers

+50

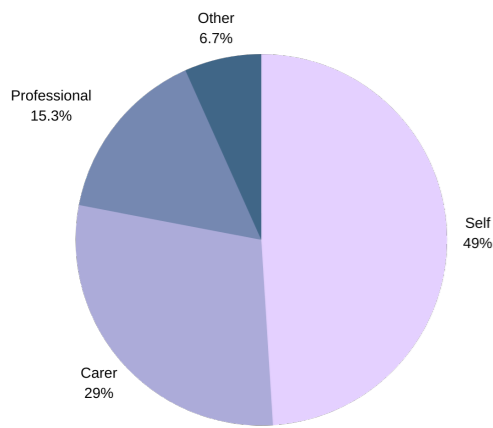
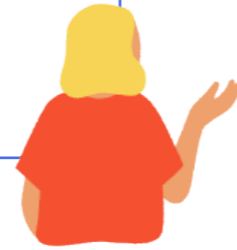


154



Telehealth referrals

Program Highlights



Hub contact profiles in 2020

The majority of contacts were from people looking for support for themselves, followed by loved ones concerned about someone.



Vita from the EDV Hub, volunteering from home

The Hub Volunteers responded with an admirable sense of commitment to the EDV Community by swiftly moving their workspace into their homes when the COVID-19 pandemic began.

Repeated requests for low cost or free services were a strong theme during the multi layered pressures of the pandemic. These contacts came from community members experiencing an eating disorder, and also professionals reaching out to engage their clients with more specialist and expert care. Referring callers to our Telehealth Nurse Shannyn was very warmly received by all who were seeking a more expert lens of navigating the treatment pathways.

There were also a significant number of calls from mothers trying to source professional supports for young children experiencing Avoidant Restrictive Food Intake Disorder (ARFID), both in metropolitan Melbourne and rural Victoria.

Volunteers also recorded increasing requests for peer and professional supports from parents caring for young teenagers who as a family were engaging in Family Based Therapy.

Our Volunteers also connected with people who were seeking support for the very first time. A 'typical' call would involve linking people with professionals in their geographical area from our Health Professionals Database.

I'd like to thank The Hub volunteers for an amazing effort in 2020. They truly exemplify the EDV Values of Persistence, Courage, Connection and Optimism.

Contributed by Ruth Green, Volunteer Coordinator

Peer Mentoring Program

Contributed by Rachel Duck, Peer Mentoring Program Coordinator

In June 2020 the Victorian Government committed to continue supporting this successful program by granting \$1 million in funding for the next two years.

2020 marks the fourth successful year in which the Peer Mentoring Program (PMP) provided encouragement and hope to those in the community recovering from an eating disorder. Funding from the Victorian State Government supported the Peer Mentoring Program to engage with over twenty participants who identified the need to access a peer mentor, facilitating proactive steps towards recovery. Despite the implications of Covid-19, the PMP was able to transition smoothly to an online platform with minimal disruptions.

The Peer Mentoring Program continues to demonstrate reduced hospital readmission rates, achieved through a six month mentoring relationship, taking place over thirteen sessions. During these sessions, mentors and participants complete a Mentoring Journal, identifying recovery goals related to health and overall wellbeing.

Peer mentoring is a relationship based on the principles of peer work, including understanding each other's world views, mutuality, connecting and moving towards new ways of being, promoting growth and development for both mentor and participants. These principles are highlighted numerous times as the elements most benefitting in peer support. A participant matched in the program reflects on her journey with a mentor:

"I wanted someone who I could trust and have non-judgemental conversations where they could offer some suggestions and strategies that might be helpful and celebrate small wins along the journey.

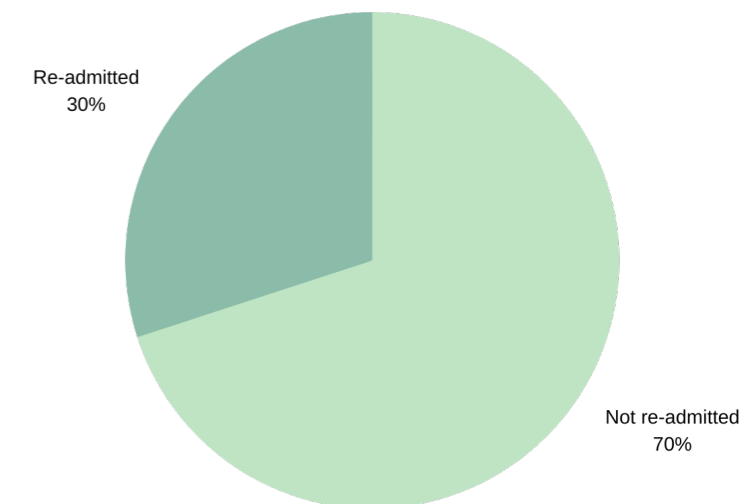
I learnt so many new skills which helped with my confidence and self-esteem. My mentor gave me courage when my eating disorder was in control and let me freely talk about my feelings. The program opened my eyes to what amazing things you can see in Melbourne and helped me be spontaneous. Each session I learnt something new which encouraged me to possibly explore further in the future. Most of all, it gave me hope that my life could be so much more and that recovery is what everyone deserves."

Alumni Participant Group

The Alumni Participant Group (APG) funded by a Health Condition Support Grant was developed and delivered this year. APG engages participants who have completed the Peer Mentoring Program and are looking for further practical recovery support. Nine APG sessions were delivered, before impacts of Covid-19 ceased the group. The APG will be making a return in Sept 2020 through an online platform.

Hospital re-admissions for program participants

70% of participants in the Peer Mentoring Program in 2020 were not re-admitted to hospital while they had a mentor. This is an excellent outcome given the high relapse rates associated with hospital admissions for eating disorders. Since the outset, the goal of the program has been to keep re-admission rates below 65% and each year the program has exceeded this target.



“Being a part of the PMP has been a wonderful experience. I have met and learnt from some incredible people along the way – both staff at EDV and the participants themselves!

The program has allowed me to redefine how my experience and subsequent recovery from an eating disorder has shaped me as an adult. It has reinforced those tools of resilience, bravery and kindness one must harness in their ED recovery. It has enabled me to bring a positive light to what was, a harrowing experience. It has been an empowering process which I am continually grateful for.”

Amy Lind, Peer Mentor



Thank you to all of our Mentors in 2020:

Heidi Everett, Stefan Tegelj, Charlotte Chapman, Clare Warren, Becky Carver, Gareth Sherring, Anushia Andrews, Phoebe Ashford, Amy Lind, Alexandra Lederman, Laura Gorrie, Rosie Marks, Rachael Millsom

PMP on a national stage



Rachael Duck, Peer Mentoring Program Coordinator, proudly presented at the **Australian Association of Social Workers (AASW)** annual convention in Adelaide. The presentation focused on shifting from a theoretical understanding of peer support principles to highlighting examples of peer work undertaken in the Peer Mentoring Program.

Education

Contributed by Rebecca Lister, EDV Education Manager and Dr Lauren Bruce, EDV's Research Fellow

Schools

School communities play a crucial role in the early intervention of eating disorders. EDV deliver education programs to the entire school community, including students, school staff and parents.

This year we delivered workshops to school staff across a number of schools in Melbourne who had identified that body image concerns and eating disorders were an issue for young people in the school community. Workshops supported staff to understand eating disorders, identify warning signs, and make steps to support young people.

Professionals

This year we delivered a range of workshops to support professionals in developing their knowledge skills and confidence to identify and support people with an eating disorder. Professionals range from General Practitioners and Psychologists and mental health workers, to Maternal Child Health Nurses, Community workers, and Fitness professionals .

A highlight from this year includes:

- The delivery of our Eating Disorders in Pregnancy and Early Parenthood workshop to support Maternal Child Health Nurses and others working with people during pregnancy and the postpartum period to identify and support parents with an eating disorder. Pregnancy and parenthood are significant life experiences that can increase the risk of both the development and the relapse of an eating disorder.

Body Project Australia

This year marked the third year of Body Project Australia. This evidence-based program for young women aged 14-18 is based on the international program The Body Project, which has been delivered to 3.5million girls in 25 countries.

The 4-week program encourages young women to evaluate and critique the appearance ideal promoted by society, by voluntarily engaging them in a range of verbal, written and behavioural exercises. The act of publicly critiquing the appearance ideal seeks to reduce the extent to which young women 'buy into' this ideal and aims to improve body satisfaction and reduce the risk of young women developing an eating disorder.

This year we:

- Trained 14 new Body Project Australia facilitators
- Delivered two, 4-week programs for 22 young women aged 14-18 across Melbourne.



“It allowed me to think about recovery in different manners than I have previously. The facilitators and other participants often surprised me with insights I hadn't even considered.”

- Pathways to Recovery (Gippsland) attendee

EDV in Gippsland

The EDV Gippsland project is a partnership with Gippsland PHN and the Butterfly Foundation. It started with a bang in Jan 2020 with the Patient Pathways Nurse Shannyn Lorkin and Education Manger Rebecca Lister visiting 8 locations in the first two months.

These visits enabled EDV staff to meet practitioners working in Gippsland and to give them information about the work of EDV, the suite of available Education programs and to introduce them to the functions and purpose of the HUB and the Patient Pathways Nurse.

From March – June 2020 the Gippsland project moved to an online platform. EDV continued to provide access to the Patient Pathways program, the HUB and all workshops, training and support moved to online platforms.

During this period, the following groups were established online:

- Pathways to Recovery
- Collaborative Care Skills Workshop
- Stories of Recovery
- ED101 Pregnancy and post-partum
- ED101 for Psychologists and Mental Health workers;
- ED101 for Latrobe Community Health
- ED101 for headspace psychologist and mental health staff.

EDV is looking forward to working further with both Gippsland community members and professionals.

“Thank you for everything you have done. It has been really helpful. It’s really got the ball rolling. I actually feel like I’m taking a step now.”

- Feedback on the Telehealth Nurse service

Telehealth Nurse

The Telehealth Nurse role commenced at Eating Disorders Victoria in June 2019. It is part of a wider pilot program across Australia, known as the Patient Pathways Program, that aims to increase the capacity of organisations to support patients to navigate the health system and access resources and treatment. The program is funded partially through a grant from Centre for Community-Driven Research.

The role of the Telehealth Nurse at EDV is to provide phone support to those affected by eating disorders and to help them to identify and navigate services that meet their specific needs. The Telehealth Nurse project at EDV has seen continued growth over the past 12 months. What started with 14 contacts in July 2019 has expanded to 122 contacts in May 2020.

The Telehealth Nurse has also collaborated with our Education team in delivering support to the Gippsland community. This has enabled the Gippsland community to access personalised support and care, with opportunities to be connected to local services.

The Telehealth Nurse has also developed a database of specialised clinicians, which has been integrated into the wider EDV team to again create ease in linking our community with treatment services.

The Telehealth Nurse fills an important gap for eating disorder patients within the community.

We have seen many people benefitting from telehealth consultations and have provided assistance with service system navigation and support, diagnosis and/or re-evaluation of their current treatment plan. Additionally, the Telehealth Nurse has been able to work with clients and carers to reduce the confusion of accessing specialised treatment services and further support the recovery process.

“Thank you so much for providing this platform especially in these difficult times. It meant a lot to me and I definitely have renewed energy, inspiration and hope”

- Feedback on Stories of Recovery online

Stories of Recovery

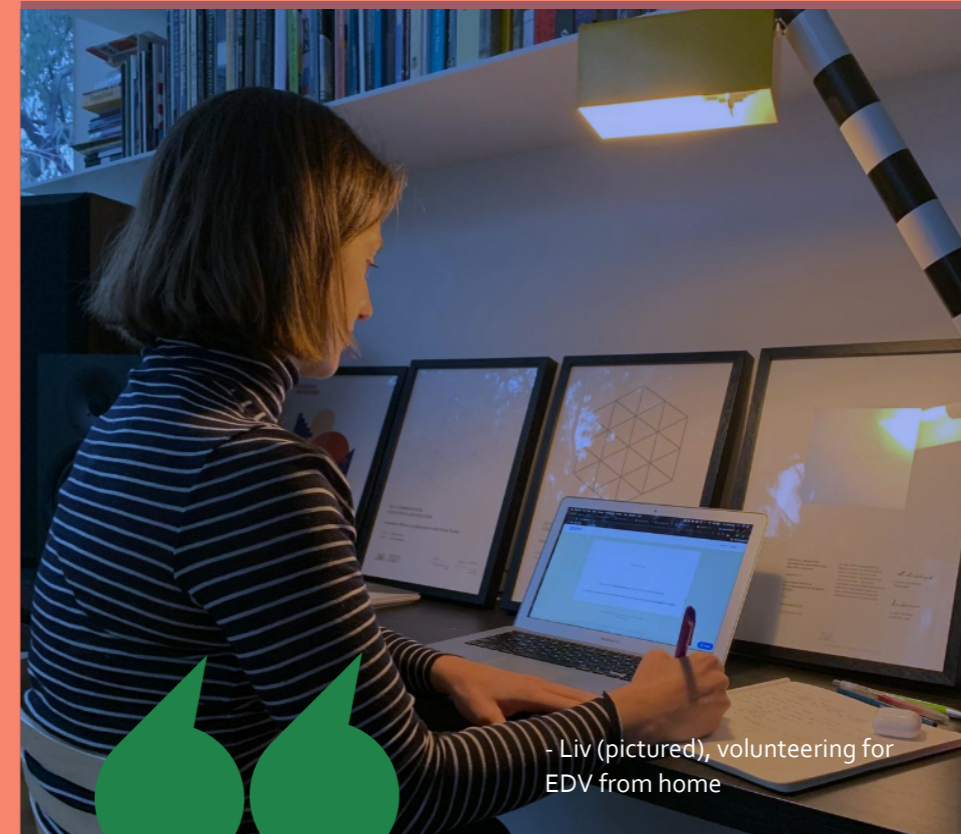
EDV’s Stories of Recovery events provide an opportunity for audience members to hear directly from people who have recovered from an eating disorder. While usually these sessions are held in person, COVID-19 moved the format online for the first time.

One of the high points of our much in demand Stories of Recovery Program during COVID-19 was our focus on Males and Recovery. Our all male panel shared their recovery focused stories whilst also answering questions from our online audience. The team created a safe space to share, reflect and encourage help seeking. They took great pride in reaffirming EDV’s messaging that “now is the time to recover!”



Ambassador Stefan hosting our Males and Recovery online event

THANK YOU TO OUR VOLUNTEERS



- Liv (pictured), volunteering for EDV from home

“A tradition of thirty plus years of volunteers facilitating EDV Support Groups for people impacted by eating disorders was stopped in its tracks with the arrival of the pandemic. No longer able to safely offer face to face group peer support, the groups were ceased temporarily early in 2020 until a robust online group could emerge. The sudden cessation of groups did evoke a sense of loss for many of our dedicated volunteers and for our community. The offer of volunteering one’s time in the evening allowed for volunteers who worked or studied during the day to contribute their expertise and lived experience in the evenings. It is important to acknowledge the impact and influence these Support Group Volunteers gave over the years, will still continue despite the temporary transition of the groups online. A compassionate ear, a warm welcome and some authentic evidence based optimism will reverberate through the recovery of many of our participants.

2020 saw the modern workplace for most transition to the domestic sphere, and many of our Volunteers accepting the challenge of working remotely and flexibly. It is a source of pride for EDV that our volunteers negotiated the changes and were able to continue to offer the services, such as the EDV Hub, from their homes. They did this despite having to shift to online university learning, moving house and facing the loss of paid work.

Whilst we still need to sit with the uncertainty of the coming months, we can truly marvel at the energetic resilience of our all our EDV Volunteer Team, past and present.”

- Ruth, Volunteer Coordinator

“Thank you for helping me to take some pretty big steps in life and make some vital changes.”

- EDV Psychology client

Clinical Services

Our clinical services allow people affected by eating disorders to receive expert support in a safe, non-judgemental environment. We aim to keep our services inclusive and accessible, offering lower fees than that recommended by the Australian Psychological Society and the Dietitians Association Australia.

EDV's clinic operates out of consulting suites in our Abbotsford office, and all appointments swiftly moved to Telehealth when the pandemic started.

526

Psychology sessions

175

Dietetics sessions

“Eating Disorders Victoria offers a multidisciplinary service to clients and families seeking support in recovering from an eating disorder.

The ability to access psychology, dietetics and peer support services within the one organisation is appreciated by clients and promotes a framework multidisciplinary team.

The professional, team based and supportive frameworks within the service provision including peer consultation and support from client services such as the Hub is highly valued. This allows for high quality psychology services to be offered to clients throughout their recovery journey.”



- Christite Arbuckle, EDV Clinical Psychologist

HOPE



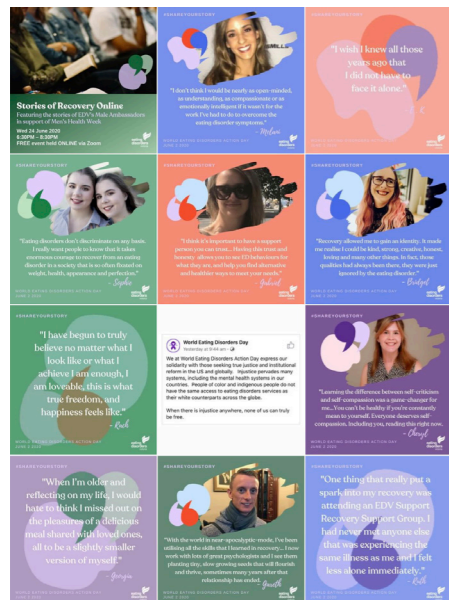
“When I was diagnosed, I remember it was summertime. The days were so beautiful though I had slipped so low. I’d have dreams of oceans at night as the post-midnight breeze would wash through my window, calming my body, lulling me back to sleep.

At that point, many things had to pause in my life, including me. So, like a child, I turned to the outside world. I’d see the sun rise, hear crickets chirp, feel the iron bark’s shedding skin, smell honey from the eucalypt and observe the motions of the sea.

Nature has such a routine, a rhythmicity. The more I get to know myself, the more I see the same rhythms in nature. We all have periods of glittery sunshine, as we all have periods of catastrophic thunderstorms. And it’s that force of nature that lies within me, just as it lies within you too.

- Sumedha, Peer Mentoring Program participant

Campaigns & Community



Lived Experience Community Members share their stories through social media in support of World Eating Disorder Action Day.



Peer Mentor Stefan Tegelj and CEO Belinda Caldwell talk about the success of the Peer Mentoring Program on Channel 7 News.

In 2020 we focussed on building our digital offerings to our community. This strategic focus proved vital as the pandemic moved everyone into their homes and behind their screens.

The growing service provision of EDV enabled another team member to join the Communications team, making it a small but mighty team of 2! In 2020 the focus of the Communications team has been to create useful and accessible communications that highlight EDV's deep knowledge and understanding of the lived experience of eating disorders.

Highlights from the year include:

- Establishing the **Lived Experience Community**, a public opt-in group of community members who use their lived experience to support EDV's work. Opportunities for engagement include round table consultations, media opportunities and the sharing of lived experience stories through social media.
- The development of **Sending Hope**, EDV's fortnightly newsletter for those in recovery. With expert and lived experience contributions, this newsletter has grown to over 700 subscribers and has become something community members look forward to opening each fortnight.

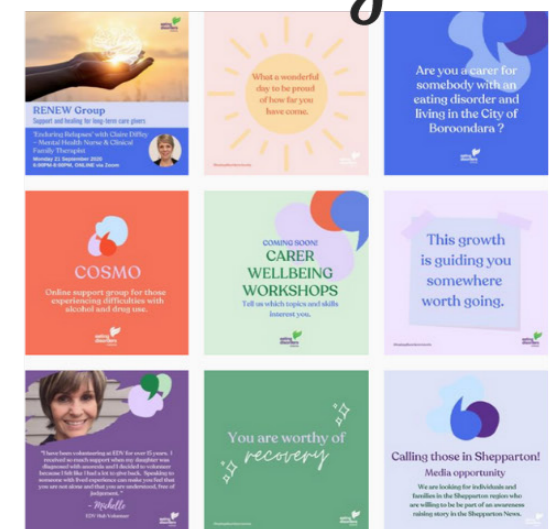
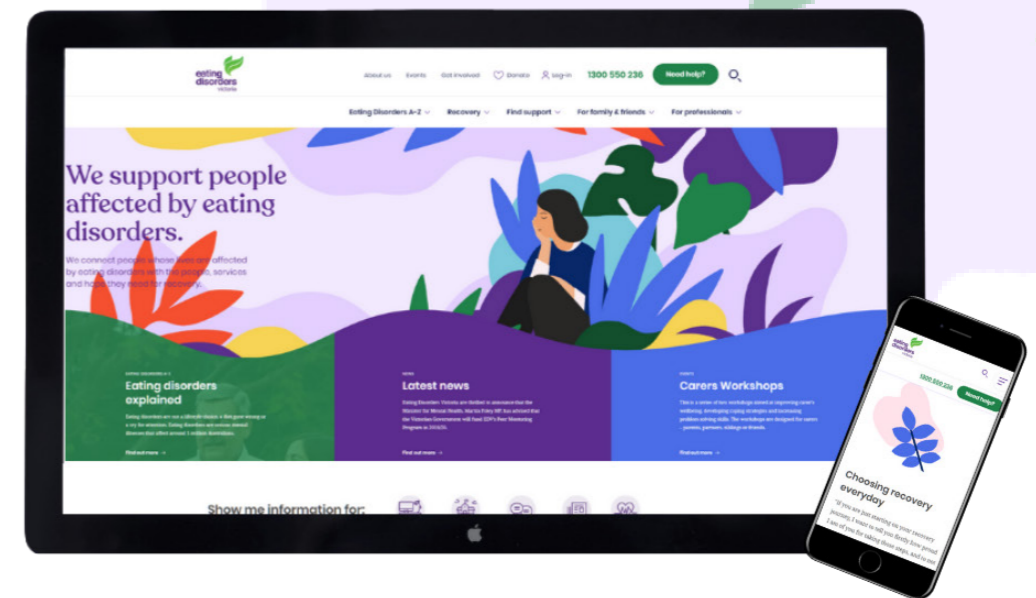
In June 2020, EDV celebrated World Eating Disorder Action Day (June 2nd). Instead of just a day of activities, EDV devoted the week to acknowledging this global awareness event. We held our annual **Feed the Soul** parliamentary event online during this week due to COVID, with contributions from the Minister for Mental Health the Hon Martin Foley, Opposition spokesperson for Mental Health Georgie Crozier and Greens spokesperson for Mental Health Tim Read. The online event proved to be a fantastic way to include the broader EDV community into what is usually a closed event. The event was also a springboard for the Minister to announce ongoing funding for the Peer Mentoring Program, the news of which was covered nationally by Channel 7.

A special thank you to all those who have connected and shared with EDV through our communications channels in 2020. We will continue to elevate the voices of lived experience, and invite all those who support our work to follow us through our online mediums.

Contributed by Breanna Guterres, Communications Manager

Find us online!

www.eatingdisorders.org.au



Financial Report



I am pleased to present the audited financial statements of the Eating Disorders Foundation of Victoria Inc for the year ended 30 June 2020.

Another year of financial stability has seen EDV deliver another net surplus of \$92,775 (\$91,713 2019) and increase in Members Funds to \$331,186.

Income & Expenditure Statement:

Total income for the year increased to \$1,162,064 representing a 14% increase on the prior year.

The main changes in revenue against the previous year were:

- Government grants increased by \$237,968 to \$881,588, representing 76% of total revenue up from 61% in the prior year
- Philanthropic Grants decreased by \$145,197 to \$40,000 as private support for the Peer Mentoring Program shifted to a government source.
- Income from fundraising activities decreased by 36% to \$23,599
- Fee income grew 46% to \$205,829, compared to \$140,611 in FY2019. A substantial portion of this revenue derives from the private psychology sessions run from our Abbotsford offices.
- Total operating expenditure rose 15% to \$1,058,813, due mainly to the employee expenses associated with supporting new programs and additional computer expenses from an IT overhaul.

Balance Sheet:

Net cash flows from the operating surpluses over the past three years have created a strong cash position for the organisation. The closing cash position has risen to \$526,861 from \$314,631, due to the operating performance and some FY2021 contracts being prepaid. The corresponding liability for prepaid income has risen from \$62,210 in June 2019 to \$210,669 in June 2020, which reflects the change in the future funding mix and how it is paid.

2021 Budget

The management team is forecasting another surplus for the 2019/20 year on the basis of government grant funding secured at current levels, and government support for the Peer Mentoring Program.

I would like to thank the EDV management and staff, Kim Cain (bookkeeper) and the and Finance Audit Risk and Governance Committee for their diligence in monitoring the financial affairs of the EDV. The COVID operating environment created a number of challenges for the year end audit process and the management of this process is a credit to all involved.

Martin Newnham - Treasurer

2020 at a glance

Statement of Financial Performance for the Financial Year			
	2020 \$	2019 \$	2018 \$
Revenue from ordinary activities & special projects	1,162,064	1,015,469	904,729
Expenses	1,069,289	923,756	826,575
TOTAL CHANGE IN EQUITY	92,775	91,713	78,154

Summary Statement of Financial Position			
	2020 \$	2019 \$	2018 \$
Total assets	632,809	371,312	555,236
Total liabilities	301,623	132,901	408,538
NET ASSETS	331,186	238,411	146,698
NET EQUITY	331,186	238,411	146,698

Financial Statements

Income and Expenditure Statement for the year ended 20 June 2019

	2020 \$	2019 \$	2018 \$
Revenue	1,162,064	1,015,469	914,729
Employee benefits expenses	727,856	615,088	587,304
Depreciation expense	17,302	7,167	8,874
Consultancy expenses	165,793	169,149	121,931
Occupancy expenses	38,972	39,069	31,632
Computer expenses	31,903	15,989	15,648
Communications expenses	11,360	8,866	9,913
Advertising and promotion expenses	4,715	1,191	5,160
Postage, printing and stationary expenses	3,580	3,149	4,089
Loss on disposal of Fixed Asset	288	7,403	-
Other expenses	57,044	55,868	42,024
Net Surplus / (deficit)	103,251	92,562	78,154
Long service leave provision expense	10,476	849	3,147
Net Current Year Surplus / (deficit)	92,775	91,713	75,007
Other Comprehensive Income	-	-	-
Total Comprehensive Income for the Year	92,775	91,713	75,007

Assets and Liabilities Statement as June 2019

ASSETS	2020 \$	2019 \$	2018 \$
ASSETS			
Current Assets			
Cash and cash equivalents	526,861	314,631	495,318
Accounts receivables and other debtors	24,706	21,050	42,295
TOTAL CURRENT ASSETS	551,567	335,681	537,613
Non Current Assets			
Furniture and equipment	81,242	35,631	17,623
TOTAL NON CURRENT ASSETS	81,242	35,631	17,623
TOTAL ASSETS	632,809	371,312	555,236
LIABILITIES			
Current Liabilities			
Accounts payable and other payables	15,368	14,765	11,869
Borrowings	-	-	-
Income in advance	-	62,260	306,652
Other creditors	40,730	38,317	53,290
Provisions	34,856	17,559	19,370
Contract liability	210,669	-	-
TOTAL CURRENT LIABILITIES	301,623	132,901	391,181
Non Current Liabilities			
Borrowings	-	-	-
Provisions	-	-	17,357
TOTAL NON CURRENT LIABILITIES	-	-	17,357
TOTAL LIABILITIES	301,623	132,901	408,698
NET ASSETS	331,186	238,411	146,698
EQUITY			
TOTAL EQUITY	331,186	238,411	146,698

EDV Board

Board members	# of meetins attended / # of possible meetings
Christine Fyffe (Chair)	3/3
Russ Wood (Former Chair)	1/1
Leanne Beagley (Former Chair)	4/5
Martin Newnham (Treasurer)	8/8
Nick Gurner (Deputy Chair)	8/8
Phil Jones	7/6
Richard Matotek	8/8
Jenny Riley	7/8
Kim Wenn	4/5
Claire Diffey	5/5

AUDITOR'S REPORT



McBain McCartin & Co
 CHARTERED ACCOUNTANTS
 AUDIT & ASSURANCE SERVICES
 10 BOXER HAYNS
 VICTORIA, AUSTRALIA 3100
 ABN: 26 609 774 060

**INDEPENDENT AUDITOR'S REPORT
 TO THE MEMBERS OF EDV FOUNDATION OF VICTORIA INC.**
 ABN: 24 010 832 182

Report on the Audit of the Financial Report

Opinion
 We have audited the financial report of Edging Disorders Foundation of Victoria Inc., which comprises its performance for the year ended, and its financial position as at 30 June 2020 and of its performance for the year ended, and its financial position as at 30 June 2019 and of its performance for the year ended, and its financial position as at 30 June 2018, and the comprehensive income, the statement of changes in equity and the statement of cash flows for the year then ended, and notes comprising a summary of significant accounting policies, and the responsible person's declaration.

In our opinion, the accompanying financial report of Edging Disorders Foundation of Victoria Inc. has been prepared in accordance with Division 60 of the Australian Charities and Not-for-profits Commission Act 2012 (ACNC Act), including:

- a. giving a true and fair view of the registered entity's financial position as at 30 June 2020 and of its performance for the year ended, and
- b. giving a true and fair view of the registered entity's financial position as at 30 June 2019 and of its performance for the year ended, and

Basis for Opinion
 We conducted our audit in accordance with Australian Auditing Standards. Our responsibilities under those standards are described in Note 1 to the financial report. We are independent of the registered entity in accordance with the ACNC Act, ethical requirements of the Accounting Professional and Ethical Standards Board's APES 110, Code of Ethics for Professional Accountants (the Code) that are relevant to our audit of the financial report in Australia. We have also fulfilled our other ethical responsibilities in accordance with the Code. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Emphasis of Matter – Basis of Accounting
 We draw attention to Note 1 to the financial report, which describes the basis of accounting. The financial report has been prepared for the purpose of fulfilling the registered entity's financial reporting obligations under the ACNC Act. The financial report is not intended to be used for any other purpose. Our opinion is not modified in respect of this matter.

Committee's Responsibility for the Financial Report

The registered entity's management is responsible for the preparation of the financial report that gives a true and fair view in accordance with Australian Accounting Standards to the extent described in Note 1 and the requirements of the Australian Charities and Not-for-profits Commission Act 2012. The committee's responsibility also includes such internal control as the committee determines is necessary to enable the management to prepare the financial report that gives a true and fair view and that is free from material misstatement, whether due to fraud or error.

In preparing the financial report, the committee is responsible for assessing the registered entity's ability to continue as a going concern, and, as indicated in Note 1, to disclose the going concern basis of accounting unless the committee either intends to liquidate the registered entity or to cease operations, or have no realistic alternative but to do so.

Auditor's Responsibilities for the Audit of the Financial Report

Our objective is to obtain reasonable assurance about whether the financial report as a whole is free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but it is not a guarantee that an audit conducted in accordance with the Australian Auditing Standards will always detect a material misstatement, if any, that exists. Misstatements are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of this financial report.

As part of an audit in accordance with the Australian Auditing Standards, we exercise professional judgement and maintain professional scepticism throughout the audit. We also:

- a. Identify and assess the risks of material misstatement of the financial report, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- b. Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the registered entity's internal control.
- c. Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the committee.
- d. Conclude on the appropriateness of the committee's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast doubt on the entity's ability to continue as a going concern. If, in our opinion, there is a material uncertainty, we are required to draw attention in our auditor's report to the related disclosures in the financial report or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of the audit report. Future events or conditions may cause the registered entity to cease to continue as a going concern.
- e. Evaluate the overall presentation, structure and content of the financial report, including the disclosures, and whether the financial report represents the underlying transactions and events in a manner that achieves fair presentation.

We communicate with the committee regarding, among other matters, the planned scope and timing of the audit, significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

Mike Matotek

McBain McCartin & Co

Partner

SIGNED this 12th day of August 2020

Level 1,
 123 Whitehorse Road,
 Balaclava VIC 3103

Supporters and funding partners



Thank you to the following organisations for supporting EDV in the past year.

Major grants



Thank you for your support.

Other supporters and partners



Eating Disorders Victoria

Address : Level 2, Magpie Community Centre, Cnr Abbot & Lulie St Abbotsford VIC 3067

Tel : 1300 550 236
Fax : 03 9417 5787

Web : www.eatingdisorders.org.au
Email: edv@eatingdisorders.org.au