

eating
disorders
victoria

FROM
discovery TO
recovery



2019

Annual Report

Eating Disorders Victoria (EDV)

EDV

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Welcome to Annual Report of Eating Disorders Victoria 2019

Approximately

1 in 20

Australians has
a diagnosable
eating disorder.

That's around

234,000

Victorians, or

enough people to
fill the

MCG 2x

Eating disorders are not a lifestyle choice, a diet gone wrong or a cry for attention. Eating disorders are serious mental illnesses that affect around 1 million Australians, 234,000 of whom are in Victoria.

Eating Disorders Victoria has been supporting people affected by eating disorders for over 30 years. We hope you enjoy reading about our work from the past year in this, our 2019, Annual Report.



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Message from our Chair



One of the highlights of the EDV year was our annual 'Feed The Soul' event held at Parliament House in June. It is always a powerful reminder of the importance of coming together around a common cause. Our staff, again, did a great job in putting on the event and while the Minister for Mental Health, Shadow Minister and other distinguished guests graced the room, the most important contribution came from India Francic, the sister of a young man named Dane who lost his battle with an eating disorder earlier this year. India's courage in telling her brother's and her family's story was a reminder to all of us of why we exist as an organisation and why we must continue to strive to improve outcomes for people we support.

That message is central to the organisation's focus for the coming year. As this report goes to print, for instance, the board is reviewing its strategic positioning in light of the likely changes within the sector that will emerge from significant federal and state policy changes announced in the 18/19 year. We owe it to those we support and the legacy of those who have gone before us to be forthright about this and get it right.

Our approach is likely to be more outward-looking following several years building the organisation's foundations from a financial, governance and quality perspective – including the organisation's largest ever investment currently being rolled out which will rebuild and upgrade our entire IT system.

With our IT upgrade we are also likely to be more focused on identifying and measuring outcomes that are important to those we support and using client data to drive us to more and better services, programs and advocacy themes and messaging.

Overall, whilst we said goodbye to our long-serving CEO Jennifer Beveridge during this year, the EDV Community can be confident that the organisation is poised for a significant period of growth in impact in the coming years.

As always, thanks for your support.

Russ Wood
Board Chair

Message from our CEO



2018/19 has certainly been a year of big announcements and lots of change. I want to firstly acknowledge that I am penning this note but the work this past year would have not been possible without the guidance from our outgoing CEO, Jennifer Beveridge, who left EDV in May after over seven years in the eating disorder sector.

In reading this report you will hear about the many achievements that EDV has made over the last 12 months. The dedication of those who work for EDV, from the board, volunteers and Peer Mentors to the staff in the office, should be celebrated. We often get told we are battling above our weight but as you will see we continue to deliver high quality programs and services.

Some of the successes over the year have included;

- The launch of a new website
- Receiving 24 referrals in the third year of the Peer Mentor Program
- The review and rebranding of the EDV Hub (previously Helpline)
- Increasing the reach of education trainings to a variety of audiences
- Growing the 'Stories of Recovery' program

Looking ahead, the big announcements this year for the eating disorder sector will continue to play out in the years' to come.

Nationally, new Medicare item numbers will be launched in November 2019, increasing psychology sessions from 10 to 40 and dietetics 5 to 20. Six new residential centres will open around Australia and an increase in the investment for eating disorder research has been funded from the Federal Government.

Closer to home, the Victorian Royal Commission into mental health, which EDV has been actively participating in, will continue over the next years and we will be eagerly anticipating the outcomes.

Finally, to everyone for your involvement with EDV over the past year, thank you. Whether you called the Hub for the first time, you attend psychology sessions, you were trained by the education team, you participated in the Peer Mentor Program or you walked away with a little hope from a Stories of Recovery session – without you we would not be here.

Kelly Edwards
Caretaker CEO

Our Mission

The Eating Disorders Victoria is the primary source of support, information, community education and advocacy for people with eating disorders and their families in Victoria.

We connect those whose lives are affected by eating disorders with the people, services and hope they need for recovery.

Our Vision

A future where the incidence, duration and impact of all eating disorders is reduced and ultimately eradicated.

Our Values

Our values underpin our interactions with the community and guide the delivery of our services.



Acceptance

We are committed to providing an environment that is as welcoming, safe, accessible and understanding as possible.



Respect

We respect the rights, needs and dignity of every individual who uses our services. We recognise the value of the diversity in life experiences, personal beliefs and skills of all participants in the organisation.



Hope

Having a sense of hope is the foundation for ongoing recovery from an eating disorder. Even the smallest belief that someone can get better, as others have, can fuel the recovery process.



“They gave me hope our daughter could also recover.”

- Family and friends support group attendee.

What we do

EDV has a unique approach to providing clinical and non-clinical support services to people experiencing an eating disorder and their families and friends through a blend of qualified professionals and the lived experience of employees and volunteers.

01



The EDV Hub

EDV Hub is a free and confidential service providing information, navigation and peer support to people experiencing eating disorders and those who support them. We offer a safe place to seek information, openly discuss experiences and ask questions. Contact methods include phone, email and face-to face.

02



Peer Mentoring Program

The Peer Mentoring Program (PMP) support adults with an eating disorder upon discharge from a hospital inpatient unit or in transition out of an intensive day program. It provides one-on-one mentoring with an EDV employee who has recovered from an eating disorder.

03



Education

EDV's education team support professionals and community members through training and professional development opportunities. We run a range of training workshops that are suitable for, but not limited to, carers, General Practitioners (GPs), teachers, fitness professionals and allied health professionals.

04



Support Groups

EDV Support Groups give people affected by an eating disorder the opportunity to draw upon the support and experience of others facing similar issues. EDV groups allow people to share their experiences and to develop positive strategies in a safe and supportive environment.

05



Stories of Recovery

Our trained Ambassadors who have recovered from an eating disorder share their story with the aim of educating, raising awareness and offering hope that recovery is possible. Ambassadors speak at hospital inpatient, day patient and outpatient programs and professional and community settings.

06



Clinical services

We operate a private clinic of psychologists and a dietitian out of our consulting rooms in Abbotsford. All our practitioners specialise in treating people affected by eating disorders. We aim to keep our clinical services affordable, with our fees lower than that recommended by the Australian Psychological Society.

07



Information & Advocacy

We engage with key politicians and stakeholders to help shape policies that reduce eating disorders in the community. We also maintain a comprehensive website to provide up-to-date information on eating disorders online.

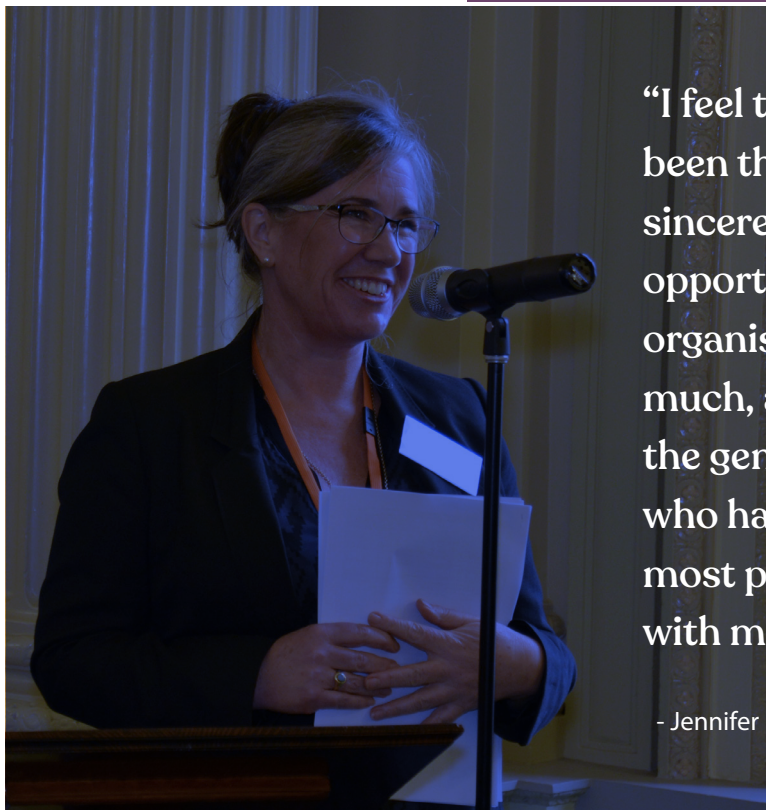
2018/19 Snapshot



12 months of achievements and change.

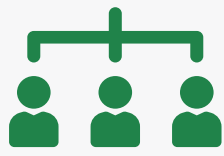
In 2018/19 we experienced a number wins, notably an additional 12 months funding for our Peer Mentoring Program from the Victorian Government. We expanded our clinical services through the addition of a telehealth nurse thanks to our inclusion in the Commonwealth funded Patient Pathways Program. We also debuted a brand new website.

In May, we said goodbye to our CEO Jennifer Beverdige after being at the helm for close to eight years. We acknowledge and thank Jen for the fantastic work she did for EDV and the eating disorder sector during her tenure.



“I feel truly privileged to have been the CEO at EDV, and sincerely thank you for the opportunity to be part of the organisation. I have learnt so much, and am humbled by the generosity of those of you who have shared some of your most personal experiences with me.”

- Jennifer Beverdige, former CEO



Active
volunteers

+50

approx. **\$75^k**
Volunteer value

1967



Hub
contacts



Online
contacts

37% INCREASE

1841
EDUCATION
ATTENDEES

OVERALL

75%

satisfaction with the Hub
as at

June 19



564

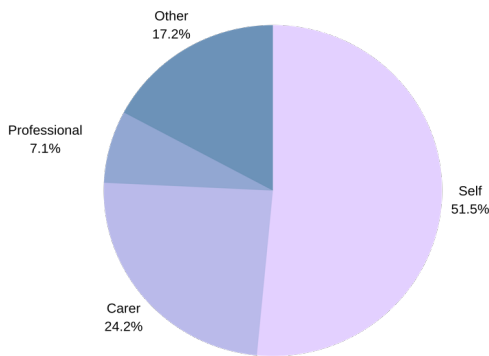
hours spent with EDV
Peer Mentors

Program Highlights

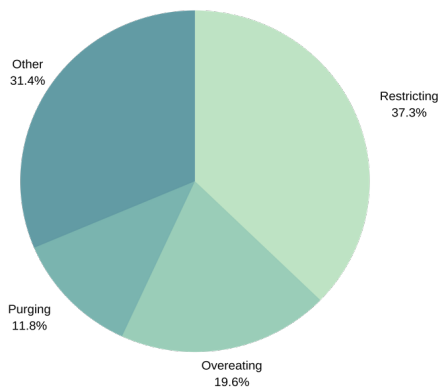


The EDV Hub

In May 2019 we re-branded the 'EDV Helpline' to the 'EDV Hub.'



Service user



Behaviours presenting

For many years now, EDV have been responding to requests for help from a number of different avenues, not just phone. **We've seen a 32% increase in online contacts in the last year alone.** We also support people face-to-face.

We really are a **hub** for all things eating disorders, and we wanted our service name to reflect that.

Now dubbed 'The Hub', our volunteers were able to assist people with:

- Information**
 Providing evidence-based information to help people understand eating disorders, either over the phone or in the form of a fact sheet or referral for further reading.
- Navigation**
 By listening carefully and asking questions, we are able to connect people with the services and support that they — or someone they care about — may need for their recovery. This could be regarding treatment options, such as links with GPs, psychologists and dietitians local to their area who we know specialise in eating disorders.
- Support**
 Our Peer Support model means that we are a safe place for people to talk things through. Many of our Hub workers have first hand experience of eating disorders and provide support to people by drawing on their own experience.

1697
HUB CONTACTS

Peer Mentoring Program

This year marked the third round of the Peer Mentoring Program (PMP).

It also marked the completion of the program pilot and external research. The success of the program in reducing hospital re-admission rates and improving the wellbeing of participants was acknowledged through funding from the Victorian Government to continue the program for another 12 months. Thank you to our philanthropic partners, the William Buckland Foundation, the Ian Potter Foundation and John T Reid Charitable Trusts, and the Victorian government, for funding this program during the pilot phase. We look forward to continuing to build the evidence base for this model of Peer Support into the future. You can read more about the evaluation of the pilot program in the online Journal of Eating Disorders.



How the program works

The PMP supports adults with an eating disorder upon discharge from a hospital inpatient unit or in transition out of an intensive day program. It provides one-on-one mentoring with an EDV employee who has recovered from an eating disorder.

Participants and Mentors meet on a fortnightly basis over an approximate six month period. The mentor supports the participant by working together to develop a recovery focused 'Wellness Plan' and undertaking activities identified to achieve the participant's goals.



What participants say

"My mentor showed me what it was like to live without a crippling mental illness, and installed many coping strategies in me that I still use to date. The program not only benefitted my life in so many ways, but it has helped my family too – as they saw the improvements in my mental health whilst participating in the program, and therefore were given confirmation that I was getting better."

Positive Outcomes

18 completed matches

188 mentoring sessions

73% of participants not re-admitted to hospital.



What mentors say

"My participants share openly with me about what they are going through and our sessions are rich with recovery focused conversations. This unique relationship which is not friendship, not clinical but somewhere in between makes recovery feel possible."



Carly's* Story

Carly's journey through the Peer Mentoring Program isn't a linear one, much like recovery itself.

Carly joined the program in October 2018, and initially found the mentoring sessions challenging. Reflecting on a healthy self and completing a wellness plan that outlined goals for her recovery was particularly tough.

When Carly's mentor had to move overseas during the program, she decided that perhaps the mentoring program wasn't suitable for her at this stage in her recovery. She withdrew from the program December 2018.

After going it alone for a couple of months, Carly realised that she still needed support. In February 2019 she contacted EDV and asked to re-engage with a mentor. She was matched with a new mentor and together they completed the remaining sessions. She also started seeing the Dietitian at EDV and joined the Peer Mentoring Alumni Group (monthly group that provides ongoing support for participants who have been through the program). She is now able to engage in healthier behaviours and is feeling hopeful about her recovery.

Carly can now identify how the eating disorder affected her attempts at recovery.

She realised that she no longer wanted to use her eating disorder to cope when she was struggling, which led to a sense of loss and despair.

Her mentor understood this and reassured her that it was a normal part of recovery.

*Name has been changed for privacy reasons



Education



“Clear, informative, interesting and very well run. Wish it was a prerequisite for all people working in the health and fitness industry to complete”

- Fitness Professionals
Training attendee.

Schools

School communities play a crucial role in the prevention and early intervention of eating disorders. EDV deliver education programs to the entire school community, including students, teachers and parents.

We offer year level specific workshops from Year 5 through to Year 12. Our most popular workshop this year has been ‘**Celebrating You**’, which focuses on building positive body image and the role that media and peers play in the way young people feel about themselves.

Professionals

EDV support professionals through a range of partnerships and training that help develop their knowledge, skills and confidence around eating disorders. Highlights this year include:

- Partnering with PANDA (Perinatal Anxiety & Depression Australia) to deliver **Body image and eating disorders in pregnancy and early parenthood**.
- Delivering eating disorder training to clinicians at **e-headspace**.
- Delivering Fitness Australia accredited training to **Fitness Professionals** from across Victoria.
- RACGP online training, **Recognising eating disorders in general practice, completed by 117 GPs**.
- Receiving accreditation to deliver **Should I Say Something?** and **Confident Body Confident Child**, two evidence based programs aimed at improving community based eating disorder literacy.

Body Project Australia

This year marked the second year of the Body Project Australia. This evidence-based program for girls aged 14-18 is based on the international Body Project Collaborative, which has been delivered to 3.5million girls in 25 countries.

The 4-week program encourages students to evaluate and critique the ‘ideal body’ through a range of verbal, written and behavioural exercises. The act of publicly critiquing the ‘ideal body’ results in cognitive dissonance in students who originally supported this ideal and causes them to unsubscribe from this belief, improving self-esteem and decreasing the risk of eating disorders.

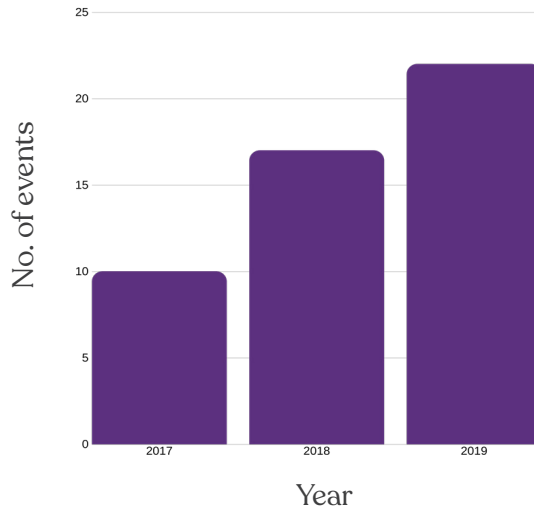
This year we:

- Trained **20** new Body Project Australia facilitators
- Delivered **three, 4-week programs** for girls aged 14-18 across Melbourne.



Newly accredited Body Project Australia facilitators.

Stories of Recovery



“The speaker gave hope in bounds, but it was very realistic hope and she acknowledged the journey.”

- Feedback from Stories of Recovery event

Popular program continues to grow

This year we held 22 Stories of Recovery events, with 496 audience members. Settings included The Melbourne Clinic, The Austin Hospital, Royal Melbourne Hospital and La Trobe University.

Thank you to our team of 10 Stories of Recovery Ambassadors who give their time to share their story of hope.

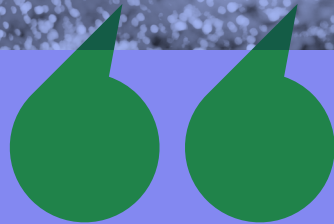
Support Groups

Community connections

Support groups continue to be an important part of our community engagement. Our groups in **Abbotsford, Highett, Ringwood, Lilydale, Footscray and Camberwell** supported 198 people, including individuals in recovery from an eating disorder and their family and friends.

We also initiated a new support group specifically for people affected by **Binge Eating Disorder (BED)**. BED is the most common eating disorder in Australia, affecting approximately 47% of people in Australia with an eating disorder.





“I was lucky enough to start volunteering for EDV in 2018. It is incredible to work alongside an organisation whose core values are so ingrained in my own.

Having recovered from my own eating disorder, being able to share my story with others was always something that I wanted to do. Not only does volunteering act as a reminder to myself of how far I have come, I also hope that one day my story will become a part of someone else’s recovery journey.”

- Natalie, Stories of Recovery Ambassador

Clinical services

“Thank you for helping me to take some pretty big steps in life and make some vital changes.”

- EDV Psychology client

Our clinical services allow people affected by eating disorders to receive expert support in a safe, non-judgemental environment. We aim to keep our services inclusive and accessible, offering lower fees than that recommended by the Australian Psychological Society and the Dietitians Association Australia.

Medicare changes in 2019

Did you know that in November 2019 there will be a new MBS item number for eating disorders?

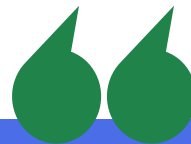
This will allow people with severe and enduring eating disorders to access up to 40 subsidised psychological sessions, and 20 subsidised dietetics sessions per year.

583

**Psychology and
Dietetics sessions**

91

New clients

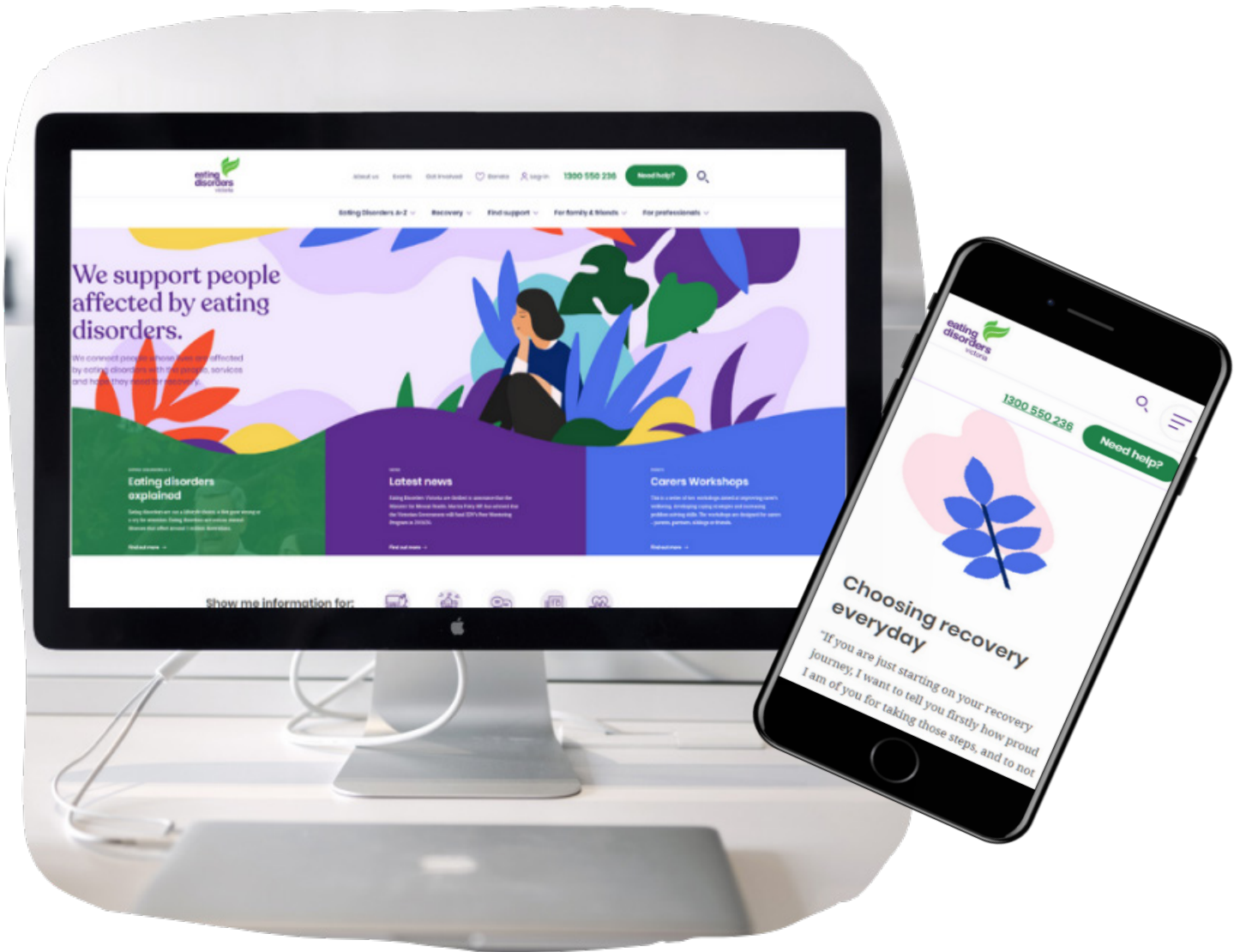


Vanessa - EDV Psychologist



“It is such a privilege and honour to be a part of EDV. I am surrounded by passionate, respectful and caring staff, volunteers, and mentors who have a sincere and genuine commitment to supporting, connecting and advocating for people with eating disorders and their families.

As a Psychologist at EDV I am blessed with the opportunity to work with incredible individuals and families/carers, who show such courage, bravery, determination and commitment during their most vulnerable and challenging times. To witness their journey towards recovery and freedom is truly a heartfelt experience.”

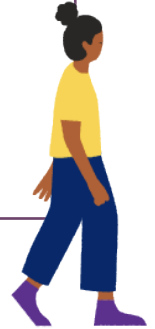


Have you seen our new website?

www.eatingdisorders.org.au

- Eating disorder information
- EDV programs
- Latest news
- EDV events
- Recovery stories
- Professional development
- Fundraising ideas
- Online donations

Advocacy & fundraising



Campaign for Peer Mentoring Program funding



Fiona Patten MP joins EDV staff and supporters on the steps of Parliament House Victoria.



Peer Mentor Laura and CEO Jennifer Beveridge on ABC News Breakfast.

The completion of the pilot and external evaluation of the Peer Mentoring Program gave us a strong evidence base for the effectiveness of this model of peer support.

We advocated strongly for an election commitment from both parties prior to the Victorian State election in September 2018. Neither party committed to funding the program prior to the election.

The re-elected Labour government committed to an **additional one year of funding** in April 2019, allowing the program to continue in 2019/20.

Whilst ongoing funding is still unconfirmed, we have been speaking up about the success of the program through the current **Royal Commission into Victoria's Mental Health System**. We are hopeful the Commissioners will recognise the proven value of the program and recommend ongoing funding in their final report.

We strongly believe that the funding of this program is the responsibility of the State Government for the following reasons:

- The program creates a continuum of care, giving participants access to a step down service from the public hospital system.
- The program has consistently been proven to reduce the hospital re-admission rates for participants, saving the government \$1100 for each day a participant is **not** in hospital.
- The long term cost benefit ratio is 2.5 : 1, meaning the government can expect to save \$2.50 for every \$1 invested in the program.

Thank you to our many supporters who advocated with us for the continuation of the program, especially those who joined us for a snap rally on the steps of Parliament House Victoria in October 2018.

An independent economic evaluation of the program was conducted by The Incus Group. For more information, please contact us.



“I don’t believe his school, his GP or anyone in Dane’s life simply didn’t care- they just didn’t know. Or if they did know, they didn’t know what to do or didn’t understand the seriousness of this illness. “

- India Francic

Remembering Dane

Dane Francic had been battling anorexia for six years when he passed away in February this year.

In honour of Dane, the Francic family set up the **Make Dane Proud** fundraiser on everydayhero and raised over \$12,000 for Eating Disorders Victoria.

The Francic family have spoken passionately about the need for greater education and understanding of eating disorders, particularly amongst health professionals.

Dane’s sister India was the guest speaker at this year’s Feed the Soul event, where she shared with MPs and invited guests many of the challenges and roadblocks faced by Dane and the family when seeking treatment.

We sincerely thank the Francic family for their bravery and strength in sharing their experience, and for choosing to support EDV in memoriam of Dane.



India Francic speaking at Feed the Soul at Parliament House Victoria.

Financial Report



I am pleased to present the audited financial statements of the Eating Disorders Foundation of Victoria Inc for the year ended 30 June 2019.

Another year of financial stability has seen EDV deliver another net surplus of \$91,713 (\$75,007 2018) and increase in Members Funds to \$238,411.

Income & Expenditure Statement:

Total income for the year increased to \$1,015,469 representing a 12% increase on the prior year. The main changes in revenue against the previous year were:

- Government grants increased by \$39,620 to \$643,620, representing 61% of total revenue down from 67% in the prior year.
- Philanthropic Grants increased by \$30,197 to \$185,197 which has supported the Peer Mentoring Program for the last time as agreed. Funding of \$250,000 from a government source has been secured for 2020.
- Income from fundraising activities decreased by 8% to \$36,839
- Fee income grew 42% to \$140,611, compared to \$98,979 in FY2018. A substantial portion of this revenue derives from the private psychology sessions run from our Abbotsford offices. The costs associated with the growth of this service are represented in the increase in consultancy expenses for 2019.
- Total operating expenditure rose to 11% to \$922,907, due mainly to the consulting expenses noted above, and employee benefits. Total expenditure grew 11% to \$923,756

Balance Sheet:

Net cash flows from the operating surpluses over the past two years has created a strong cash position for the organisation. While the closing cash position has fallen to \$314,631 from \$495,318, the corresponding liability for prepaid income has fallen from \$306,652 in June 2018 to \$62,260 in June 2019, which reflects the change in the future funding mix and how it is paid.

2019 Budget

The management team is forecasting another surplus for the 2019/20 year on the basis of government grant funding secured at current levels, and government support for the Peer Mentoring Program.

I would like to thank the EDV management and staff, Kim Cain (bookkeeper) and the Finance Audit Risk and Governance Committee for their diligence in monitoring the financial affairs of the EDV.

Martin Newnham

Treasurer

2019 at a glance

Statement of Financial Performance for the Financial Year			
	2019 \$	2018 \$	2017 \$
Revenue from ordinary activities & special projects	1,015,469	904,729	766,192
Expenses	923,756	826,575	694,501
TOTAL CHANGE IN EQUITY	91,713	78,154	71,691

Summary Statement of Financial Position			
	2019 \$	2018 \$	2017 \$
Total assets	371,312	555,236	205,456
Total liabilities	132,901	408,538	133,765
NET ASSETS	238,411	146,698	71,691
NET EQUITY	238,411	146,698	71,691

Financial Statements

Income and Expenditure Statement for the year ended 20 June 2019

	2019 \$	2018 \$	2017 \$
Revenue	1,015,469	914,729	766,192
Employee benefits expenses	615,088	587,304	581,938
Depreciation expense	7,167	8,874	14,174
Consultancy expenses	169,149	121,931	65,609
Occupancy expenses	39,069	31,632	31,013
Computer expenses	15,989	15,648	17,477
Communications expenses	8,866	9,913	9,769
Advertising and promotion expenses	1,191	5,160	11,475
Postage, printing and stationary expenses	3,149	4,089	3,252
Loss on disposal of Fixed Asset	7,403	-	-
Other expenses	55,868	42,024	41,911
Net Surplus / (deficit)	92,562	78,154	(10,426)
Long service leave provision expense	849	3,147	14,210
Net Current Year Surplus / (deficit)	91,713	75,007	(24,363)
Other Comprehensive Income	-	-	-
Total Comprehensive Income for the Year	91,713	75,007	71,691

Assets and Liabilities Statement as June 2019

ASSETS	2019 \$	2018 \$	2017 \$
ASSETS			
Current Assets			
Cash and cash equivalents	314,631	495,318	162,547
Accounts receivables and other debtors	21,050	42,295	19,215
TOTAL CURRENT ASSETS	335,681	537,613	181,762
Non Current Assets			
Furniture and equipment	35,631	17,623	23,694
TOTAL NON CURRENT ASSETS	35,631	17,623	23,694
TOTAL ASSETS	371,312	555,236	205,456
LIABILITIES			
Current Liabilities			
Accounts payable and other payables	14,765	11,869	
Borrowings	-	-	12,448
Income in advance	62,260	306,652	54,442
Other creditors	38,317	53,290	35,187
Provisions	17,559	19,370	10,318
TOTAL CURRENT LIABILITIES	132,901	391,181	119,555
Non Current Liabilities			
Borrowings	-	-	12,448
Provisions	-	17,357	10,318
TOTAL NON CURRENT LIABILITIES	-	17,357	14,210
TOTAL LIABILITIES	132,901	408,698	133,765
NET ASSETS	238,411	146,698	71,691
EQUITY			
Retained Surplus	238,411	146,698	71,691
TOTAL EQUITY	238,411	146,698	71,691

EDV Board

Board members	# of meetins attended / # of possible meetings
Russ Wood (Chair)	5/6
Leanne Beagley (Deputy Chair)	5/6
Martin Newnham (Treasurer)	5/6
Phil Jones	6/6
Nick Gurner	6/6
Richard Matotek	6/6
Jenny Riley	6/6
Kim Wenn	3/6
Bron Cooke	2/2
Jennifer Beveridge (former CEO)	5/5
Kelly Edwards (Caretaker CEO)	1/1

We comply with the committee regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

Nickie McCarth & Co.

McBain McCarth & Co



Simon Aulskin
Partner

SIGNED this 13th day of August 2019

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Committee's Responsibility for the Financial Report
The committee is responsible for the preparation of the financial report that gives a true and fair view and has determined the basis of preparation described in Note 1 to the financial report is appropriate to meet the requirements of the Australian Charities and Not-for-profits Commission Act 2012 and is appropriate to meet the needs of the members. The committee's responsibility also includes such internal control as the committee determines is necessary to give a true and fair view and that is free from material misstatement, whether due to fraud or error.

In preparing the financial report, the committee is responsible for assessing the registered entity's ability to continue as a going concern, disclosing any related matters and the going concern basis of accounting unless the committee either intends to liquidate the registered entity or to cease operations, or have no realistic alternative but to do so.

Auditor's Responsibilities for the Audit of the Financial Report

Our objectives are to obtain reasonable assurance about whether the financial report as a whole is free from material misstatement, whether due to fraud or error. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with the Australian Auditing Standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of this financial report.

As part of an audit in accordance with the Australian Auditing Standards, we exercise professional judgement and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial report, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement arising from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional misstatements, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the registered entity's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the committee.
- Conclude on the appropriateness of the committee's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the registered entity's ability to continue as a going concern. If the committee's assessment indicates that material uncertainty exists, we are required to draw attention to this in our audit report, unless the committee discloses otherwise. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the registered entity to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial report, including the disclosures, and whether the financial report represents the underlying transactions and events in a manner that achieves fair presentation.

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**INDEPENDENT AUDITOR'S REPORT
TO THE MEMBERS OF
EATING DISORDERS FOUNDATION OF VICTORIA INC.**
ABN: 24 010 832 162

Report on the Audit of the Financial Report

Opinion
We have audited the financial report of Eating Disorders Foundation of Victoria Inc, which comprises the statement of financial position as at 30 June 2019, the statement of profit or loss and other comprehensive income, the statement of changes in equity and the statement of cash flows for the year then ended, and notes comprising a summary of significant accounting policies, and the responsible person's declaration.

In our opinion, the accompanying financial report of Eating Disorders Foundation of Victoria Inc, has been prepared in accordance with Division 60 of the Australian Charities and Not-for-profits Commission Act 2012 (ACNC Act), including:

- giving a true and fair view of the registered entity's financial position as at 30 June 2019 and of its performance for the year ended, and
- complying with Australian Accounting Standards to the extent described in Note 1 and Division 60 of the Australian Charities and Not-for-profits Commission Regulation 2013.

Basis for Opinion
Our audit was conducted in accordance with Australian Auditing Standards. Our responsibilities under those standards are further described in the Auditor's Responsibilities for the Audit of the Financial Report section of our report. We are independent of the registered entity in accordance with the ACNC Act, ethical requirements of the Accounting Professional and Ethical Standards Board's APES 110: Code of Ethics for Professional Accountants, and other relevant professional standards applicable to auditors in Australia. We have also fulfilled all other ethical responsibilities in accordance with the Code.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Emphasis of Matter – Basis of Accounting
We draw attention to Note 1 to the financial report, which describes the basis of accounting. The registered entity has elected to use the going concern basis of accounting. The registered entity has responsibilities under the Australian Charities and Not-for-profits Commission Act 2012. As a result, the financial report may not be suitable for another purpose. Our opinion is not modified in respect of this matter.

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Supporters and funding partners



Thank you to the following organisations for supporting EDV in the past year.

Major grants



Other supporters and partners





Michelle Brindley (left) and Volunteer Coordinator Ruth Green (right) at the 2019 Minister for Health Volunteer Awards. Michelle was a finalist in the Outstanding Achievement by a Volunteer category.

“Our volunteers devote their valuable time and offer their expertise within a peer support framework to our EDV Community.

Many of our volunteers have lived experience of an eating disorder and supporting people can be a way of bringing meaning to their experience. They offer something potentially helpful in someone’s else’s journey to recovery.

Other’s have been affected by eating disorders in the carer sphere and can offer their experience of navigating a complex illness.

We also have many future professionals on our team which gives us much faith in the future treatment and care of people experiencing eating disorders in Victoria.

Above all, our volunteers give people hope.”

- Ruth, EDV Volunteer Coordinator

Thank you for
your support.



Eating Disorders Victoria

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