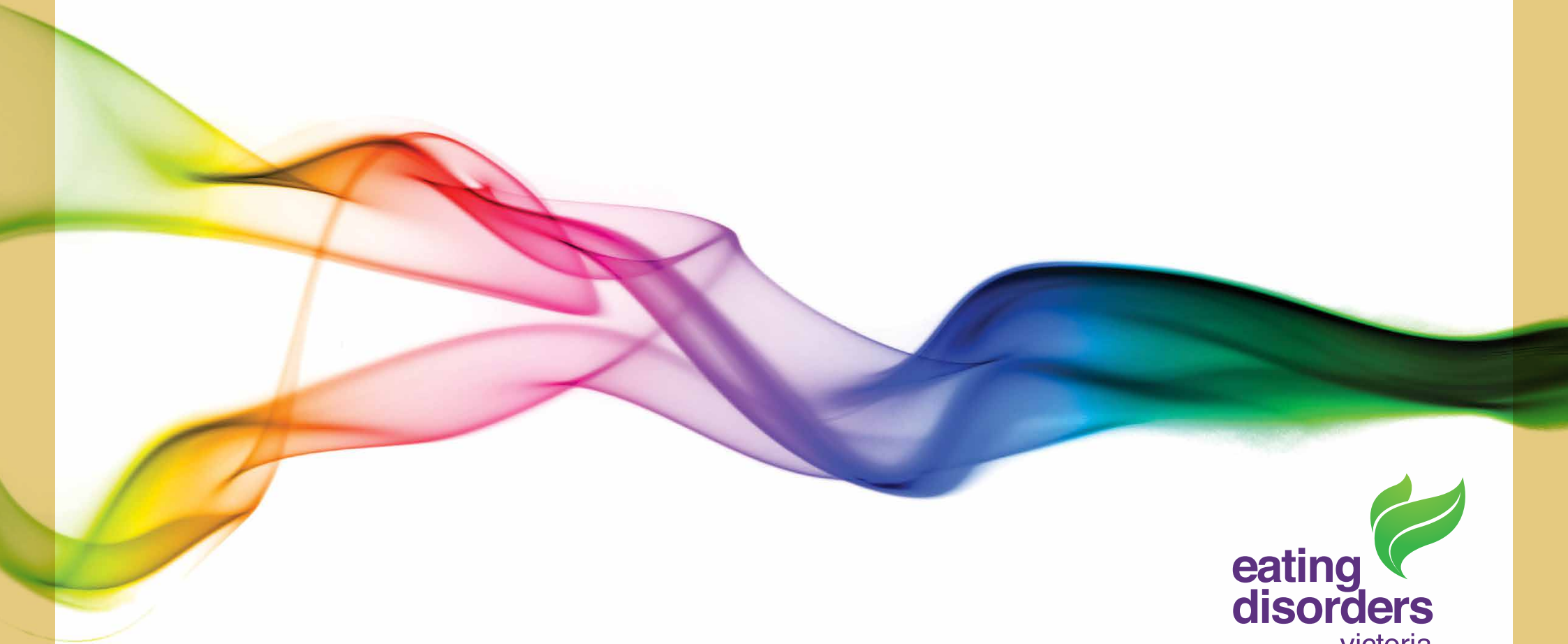


ANNUAL REPORT
2016



Contents

Highlights of 2015/16	3
About EDV	4
Our services	6
Board Chair report	7
Chief Executive Officer's report	8
Strategic pillars	10
• Gateway	10
• Culture	14
• Engagement	18
• Brand and identity	22
• Architecture	26
Governance	30
Treasurer's report	31
2015/16 at a glance	32
Auditor's report	33
Financial statements	34
Statistics for 2015/16	36
Grantors, sponsors and corporate supporters	38
Thank you	40
How you can help	41

Highlights

1,795

Requests for support
to the EDV helpline

716

EDV Education
attendees

808

GP education
attendees

338,411

Website
unique views

573

Psychology
sessions held

“...So I just want to thank you once again for the tremendous services you offer. I know the budget is often tight, but please never stop providing support to us.”

Helpline Caller

About EDV

Eating Disorders Victoria (EDV) provides services to anyone in Victoria affected by an eating disorder, such as anorexia, bulimia or binge eating disorder. We provide counselling, education and information for people with eating disorders, their families and carers to promote early identification and intervention of eating disorders so as to reduce their incidence and manage their impact.

We provide services to anyone affected by eating disorders, regardless of their age, gender, or background, because eating disorders affect almost a million Australians and only 1 in 6 receive any treatment.

Mission

Eating Disorders Victoria is the primary source of support, information, community education and advocacy for people with eating disorders and their families in Victoria. We connect those whose lives are affected by eating disorders with the people, services and hope they need for recovery.

Vision

We envision a future where the incidence, duration and impacts of all eating disorders are reduced and ultimately eradicated. We achieve this by maintaining a focus on: prevention, awareness, understanding and evidence based services and support.

Values

Respect | Acceptance | Hope

Strategic pillars

Gateway

EDV is the gateway to the information and services that support people to recover from an eating disorder.

Culture

EDV culture is one where our behaviour aligns with our organisational values of respect, acceptance and hope.

Engagement

EDV engages in meaningful ways with stakeholders to educate and support any interactions with others.

Identity & brand

EDV has a clear and sophisticated understanding of our mission, vision and values. All our activity is validated and underpinned by a combination of evidence and lived experience.

Architecture

The architecture of EDV enables us to be nimble, agile and adaptable to any market changes that impact EDV.

“I learnt so much from this session and have been able to use it with my patients already. Hopefully I am now not missing patients which I am sure I did in the past.”

GP Education attendee

Our services

Website

Comprehensive information for anyone looking to find out more about eating disorders, including fact sheets, basic information and an overview of treatment options

Online recovery forum

Fully moderated for safety; reaching out to those who are isolated, require full anonymity or just like connecting online

Communications and resources

Including regular member newsletters, a specialist library of books and DVDs, eating disorder specific resources and fact sheets, and a database of treatment facilities in Victoria

Helpline

A telephone, email and drop in support for anyone affected by an eating disorder

EDV Psychology

Psychological therapy through EDV Psychology for people affected by eating disorders and their families

Support groups

Facilitated self-help groups providing a confidential and safe environment for recovery and learning through shared experience

Professionally facilitated group programs

Group programs for carers, people with poor body image, and people who are at risk of, or in recovery from an eating disorder

Education and professional development

Workshops for schools, health and community workers, fitness centres and gyms, workplaces, businesses, professionals and the broader community about eating disorders and body image

Consultations

For workplaces, schools and community organisations

Advocacy

Engaging key policy makers to ensure people with an eating disorder and their carers have a voice in the community

Board Chair report

This year has seen many changes at EDV. From a Board perspective it has been with great sadness that we have said goodbye to a number of board members including past Chair Tracey De Poi, Treasurer Matthew Tence and board member Stacey Maher. Tracey, Matthew and Stacey had been instrumental in moving EDV into a new era over the past four years including in supporting the commencement of the fee for service program and our annual *Feed the Soul* campaign.

We extend our thanks to Tracey for her expert and dedicated leadership as the chair from 2012 to end of 2015, to Matthew for his considered advice over 5 years as Treasurer and Stacey for her input into all things marketing. We wish them all well in their future endeavours. The Board has welcomed two new board members, Phil Jones and Julie Hore, and we look forward to putting their skills to good use!

The Board also acknowledges Jennifer Beveridge, CEO, who continues to lead EDV into new, innovative and exciting spaces. Jennifer's leadership and vision for how EDV can continue to improve services, supports and information for individuals, families, friends and professionals impacted by eating disorders is inspirational and greatly appreciated by the Board.

Jennifer is supported by an amazing team who are dedicated to putting our strategic plan and vision into action. They operate with an amazing can-do attitude – often in an environment of little resources and funding – to provide an exceptional service to all who seek EDV's assistance.

Last, but certainly not least, the Board wishes to acknowledge and thank our fantastic group of volunteers without whom we would not be able to provide the suite of supports and services at EDV.

Felicia Cousins
Board Chair

“Thank you SO very much, from the bottom of my heart. The information you have given is absolutely great to help me review strategies I may have already used and try them again from a different perspective with a new approach in some areas. I can't thank you enough...You have no idea what your effort and kindness means to me at this time...”

Helpline Caller

“We expect that over the coming years our work will bear fruit of reducing stigma and encouraging more people to seek help for their eating disorder early.”

Chief Executive Officer's report

Welcome to the 2016 Annual Report. This year's report provides an opportunity to showcase the work of the staff and volunteers of Eating Disorders Victoria, in a year that has been the busiest ever. 90 volunteers and 12 staff have diligently worked to provide a range of existing and new services that have demonstrated our values and 'can do' attitude in action.

Every year we start with high hopes of how we can implement the strategic plan developed by the board – and this year we are proud of all that has been accomplished. There have been new partnerships, a new early intervention website, and new engagement with our membership community. The psychology service has been well utilised this year with steady demand and positive outcomes. Our services have extended to include allied health professionals offering their services from our rooms in Abbotsford, and we hope to continue to expand this further.

EDV is fortunate to have recurrent funding from the Victorian Department of Health and Human services to provide a range of statewide services that include our main website, helpline services, support groups, and education and training. This funding enables us to deliver these services freely and anonymously when people choose.

Other services and supports are provided on a fee for service basis, or are funded through philanthropic grants and donations. It remains frustrating when something new is developed that is valued by participants and generates great outcomes, only to come to a grinding halt when funds are spent and no ongoing resources can be found to maintain the work.

Even so, EDV uses the generosity of volunteers and pro bono services to leverage the impact of every dollar that comes to the organisation and yet for some services it is not possible to continue without financial contribution.

There are increased pressures on our community regarding eating, exercise and body image which result in increased demand for early intervention, something that the primary health sector is ideally able to identify and support.

Please support us as we advocate for a dedicated strategy and ongoing resourcing of accessible community based services for people with eating disorders and their families.



Jennifer Beveridge
Chief Executive Officer



Strategic Pillar
EDV is the gateway to the information and services that support people to recover from an eating disorder.

Gateway

Achievements

EDV Helpline continues to be a highly-valued resource for facilitating ongoing support

Partnership with two new allied health services

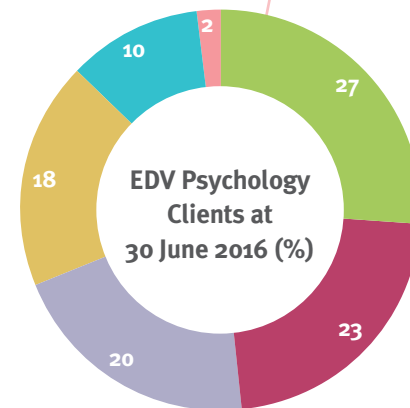
EDV Psychology continues to provide specialised one-one-one service and expert media commentary

338,411

Unique users
(www.eatingdisorders.org.au
and www.howfaristooofar.org.au)

573

EDV Psychology sessions held



- OSFED
- Bulimia Nervosa
- Binge Eating Disorder
- Anorexia Nervosa
- Other
- Carer

EDV Psychology – How can we help?

People who come to see our psychologists don't always have a diagnosed eating disorder. Often they are worried about other parts of their life or distressed about their bodies, and find that food, eating and exercise are being used to cope in unhealthy ways. For some, it is the first time they've reached out for support after many months or years of being unhappy. Coming to see a psychologist can be a daunting experience, and the flexible nature of our service allows people to come in and meet with a psychologist to talk about whether they are ready to begin making some changes.

In the last financial year, EDV has provided psychology sessions to over 170 people across Victoria. Many of the people we work with also used the onsite dietitian services, taking a holistic approach to understanding and improving their mental and physical health.

A knowledgeable and supportive GP is also a vital part of the care team, and we are fortunate to work collaboratively with many doctors who have undertaken eating disorders training as part of EDV's recent GP Education Project.

EDV has also recently introduced the opportunity for external service providers to use our consulting rooms at Victoria Park. In 2015/16, this included a dietitian and remedial and relaxation massage therapist. We will be continuing to work with external services in this way in 2016/17 and encourage practitioners to contact us if they are interested in finding out more. All of our allied health services are provided from our consulting suites at Abbotsford, offering a relaxed and non-judgmental environment.

There are still lots of myths out there about who seeks help for an eating disorder or body image worries. People who come to EDV Psychology are men and women from all different backgrounds, ages and occupations. We also work with family members seeking to develop a better understanding of what is going on for their loved one, and to develop strategies to deal with difficult behaviours at home.

People who come to EDV Psychology are able to leave with a better understanding of what's going on for them, and why. They are able to stop unhealthy behaviours around food, eating and exercise, explore their own values and goals, and form the building blocks to living a more satisfying and balanced life.

In the last financial year, EDV has provided psychology sessions to over 170 people across Victoria.

...We are constantly assessing the ever-changing social media landscape to make sure we are using the right channels, so keep your eye out: you never know where we might pop up next!

Our online presence and content partnerships

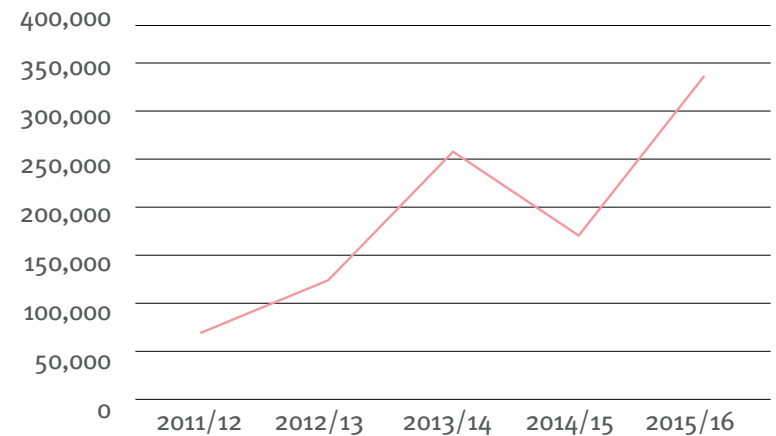
2016 has been an exciting year for EDV's digital presence, with the launch of our second website www.howfaristoofar.org.au. Our 'main' website www.eatingdisorders.org.au has proven to be an invaluable source of information for an increasing number of people with the number of page views, users and user sessions almost doubling from the previous financial year.

We had an amazing 338,411 individual people visit our two websites over 2015/16. As you would expect, the majority of our website visitors are from Australia, followed by the US, Canada and the UK. More unexpected is the number of people from the Philippines, India and Malaysia; perhaps indicating a lack of services or easily accessible information in those countries.

Our social media presence has continued to grow on Facebook, Twitter and LinkedIn, with excellent engagement rates and positive feedback. We are constantly assessing the ever-changing social media landscape to make sure we are using the right channels, so keep your eye out: you never know where we might pop up next!

We have continued our content relationships with external organisations such as the Better Health Channel, healthinsite, mindhealthconnect, SANE Australia and Bupa Blueroom, and continue to explore ways of amplifying our message through different partnerships.

Unique visitors – eatingorders.org.au



NB dip in 2014/15 figures due to technical difficulties that have since been resolved



338,411

Unique users of www.eatingdisorders.org.au
and www.howfaristooofar.org.au

The majority of our website visitors are from Australia, followed by the US, Canada and the UK.

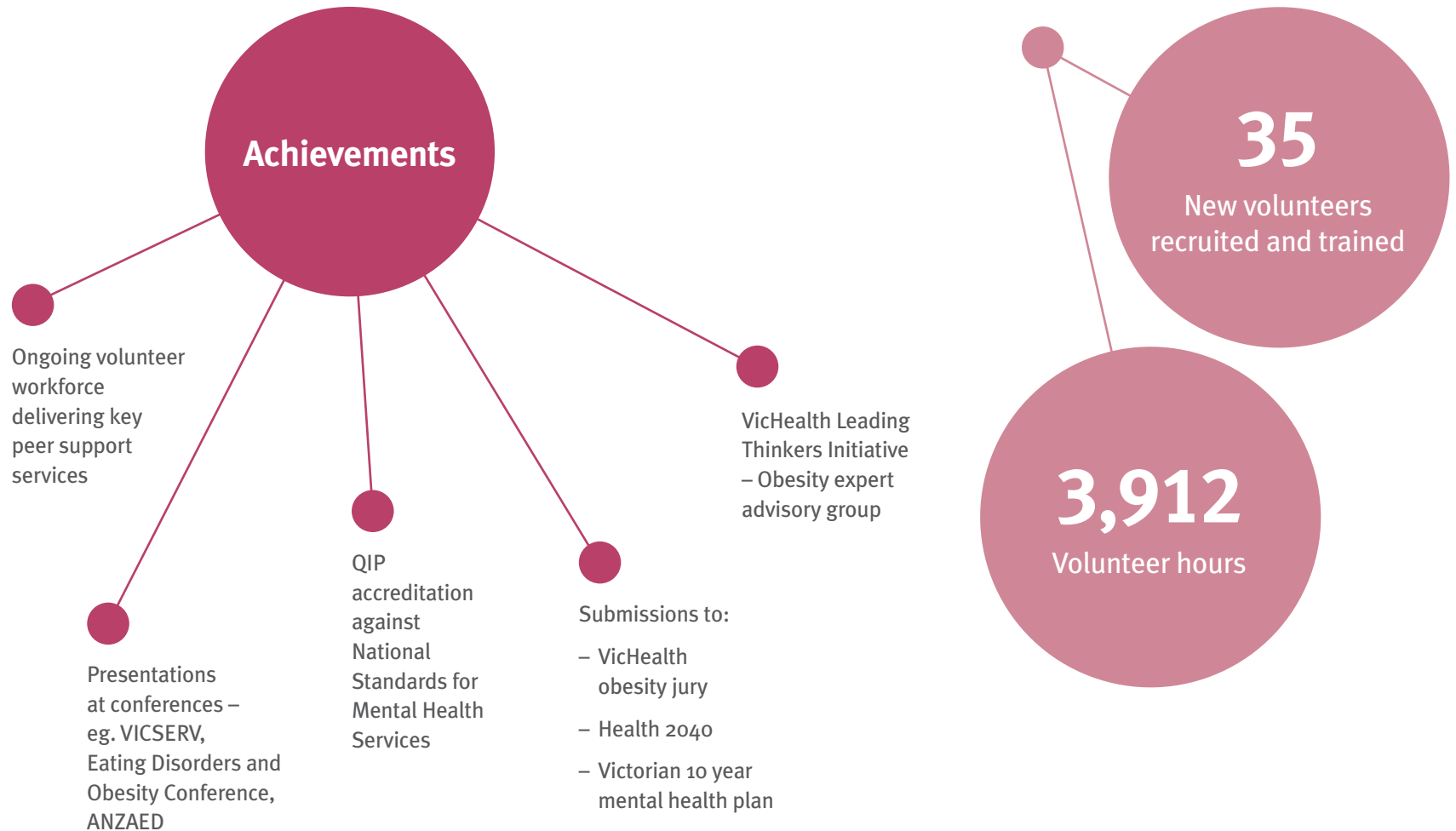
Our social media presence has continued to grow...with excellent engagement rates and positive feedback.

We have continued our content relationships with external organisations... and continue to explore ways of amplifying our message through different partnerships.

Strategic Pillar

EDV culture aligns with values, are role models for learning and adapting. Culture of recovery.

Culture



Stories of Recovery and the VICSERV Mental Health Conference

On May 2016 EDV had the opportunity to present to mental health sector professionals at the VICSERV Mental Health Conference. VICSERV is the peak body representing community managed mental health services in Victoria, and the biennial conference serves to provide challenging content, provocative speakers and to generate leading-edge thinking within the sector. Held over two days at the Melbourne Convention and Exhibition Centre, EDV presented a snapshot of the 'Stories of Recovery' program, where people who have recovered from an eating disorder share aspects of their recovery with patients at several of the major hospitals across Victoria.

Discussing challenges and benefits of the hospital partnership model to date provided a backdrop for some vibrant conversations about the role of peer support and practical ways to promote genuine hope among those experiencing a mental illness. There was strong consensus that this can be a valuable component of many people's recovery, and it was encouraging to be among other professionals who support EDV's work in emphasising the individual nature of recovery and efforts to further destigmatise this mental illness.

There is such value in sharing lived experience for the benefit of others experiencing a mental illness, and many more opportunities to enhance sector collaboration to increase choice and opportunity provided to people receiving hospital treatment.



“Thanks for your prompt reply and for providing such a thoughtful response – I really feel that you listened to my concerns and gave me some great info to get started with. Such a great service :) It's good to know I can contact EDV further if needed.”

Helpline Caller

...It has also encouraged me to bring the values that EDV embodies into my own life – accepting imperfection, valuing a diverse range of body shapes and sizes and looking to practice compassion wherever possible.

Volunteer story – Emily

I started at EDV as a helpline volunteer in October 2015. From the very first day of training, when we were welcomed completely and warmly into the organisation, it has felt like home. A supportive and positive place where at the moment is just where I am meant to be.

I was originally drawn to volunteering because I wanted to use my spare time to do something really worthwhile that complemented my study of psychology. Having recovered from an eating disorder myself, I hoped that my experience could somehow help others in their own recovery.

As a helpline volunteer, I engage with people recovering from an eating disorder and their loved ones, as well as health professionals, those involved in education or fitness and anyone else looking to learn. There is no such thing as a typical shift or phone call. The helpline offers information, support and the chance to feel connected, as we recognise that eating disorders can be very isolating. At the beginning of 2016 I joined the Stories of Recovery program, and have since had the opportunity to speak to GPs, hospital staff and parents involved in the Building Hope workshops. Speaking in front of an audience has been a challenging and emotional experience, but at all times I've felt fully supported and validated by EDV.

Being a part of EDV has helped me on both a professional and personal level. I have a much more nuanced understanding of the mental healthcare system and of psychological practice. I've met many inspiring and beautiful people working for change. The staff and the other volunteers inspire me every day with their empathy, optimism and warmth. It has also encouraged me to bring the values that EDV embodies into my own life – accepting imperfection, valuing a diverse range of body shapes and sizes and looking to practice compassion wherever possible.

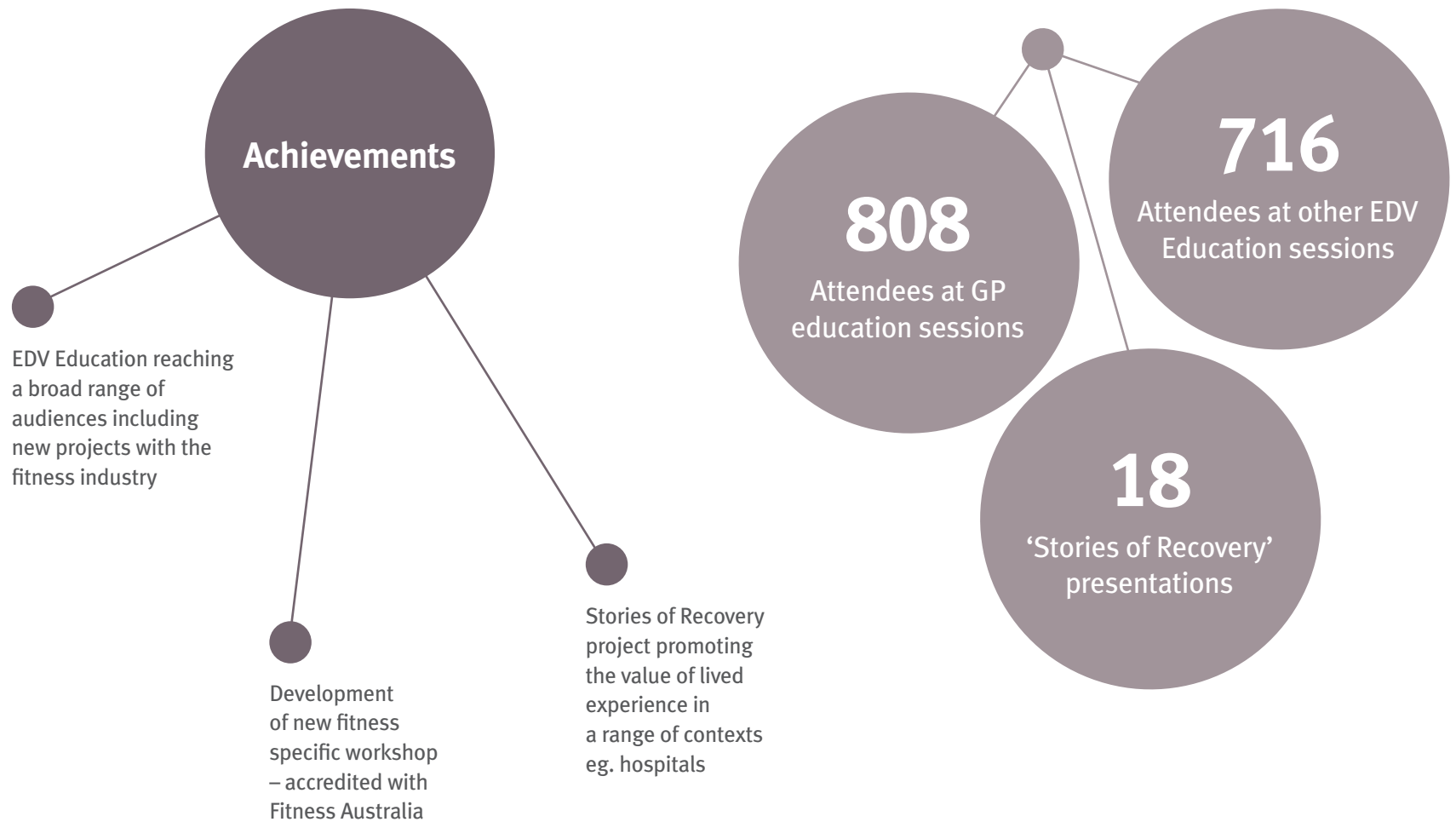
Most of all it has been amazing because I have had the privilege to speak with so many brave people who are reaching out for help, some for the first time. EDV is a supportive community, a positive attitude and a vision for change. It has given me the chance to deliver the most important message of all: that recovery is possible, and that YOU are worth recovering for.



Strategic Pillar

EDV engages in meaningful ways, shares information, generates discussions and provides avenues for personal experience.

Engagement



Educating GPs and health professionals across Victoria

EDV has been working to educate GPs and health professionals across Victoria since 2013 with support from the William Buckland Foundation and the Victorian State Government. Over this time we have delivered training, education and information to almost 1,600 primary health professionals across Victoria.

Since securing accreditation through RACGP, our GP Education team has been delivering face to face professionally accredited training on the topic of early intervention in eating disorders. This training was developed and delivered in partnership with sector experts, and people with a lived experience of eating disorders, and provided information targeted to local needs.

In addition to our face-to-face work, we pursued a number of online resources for GPs. Online accredited training in early intervention in eating disorders will be available to GPs nationally until mid-2019, and a new health professionals page on the EDV website will provide primary health providers with access to evidence-based information and filmed content of speakers including clinical experts and those with a lived experience of an eating disorder. The Infoxchange database has been and will continue to be updated by EDV core staff to develop a comprehensive directory of Victorian primary health providers with a professional interest and/or capacity to provide community based support to people with eating disorders.

On 30 June 2016, due to a lack of ongoing funding, we wrapped up our GP Education program. We are proud of what we have achieved over the past few years with the support of the William Buckland Foundation and the Victorian Government and encouraged that GP education has been recognised as a serious need in the early intervention of eating disorders. However, this work needs to endure, and we will continue to pursue financial support for GP Education into the future.



This organisation is an authorised provider of accredited activities under the RACGP QI&CPD Program



“I had mixed feelings about this workshop... I have had lifelong obesity issues... and wondered how I would relate... I realise after the workshop that AN is a very serious medical and mental health issue...I now have an evangelical zeal to try to be supportive of my eating disorder clients and to make a difference in their treatment outcomes...”

GP Education attendee

...while fitness professionals are dealing with the complex needs of different clients, sometimes they are struggling with their own personal issues with eating and exercise at the same time.

Working with fitness professionals

An EDV survey of fitness professionals in 2015 indicated that while 98% believed eating disorders and body image are relevant to their work, only 27% rated themselves as having a good knowledge of the subject, and a worrying 84% had no workplace policy around how to approach, refer, and support a client they were concerned about. And while fitness professionals are dealing with the complex needs of different clients, sometimes they are struggling with their own personal issues with eating and exercise at the same time.



In January 2015, EDV commenced a new project focusing on educating the fitness industry. Since then, we have achieved the following outcomes:

Developed tailored content for people working in fitness and sporting roles through our new mobile site, *How far is too far?*

Developed, piloted and evaluated a new education workshop designed specifically for people working in the fitness industry.

6

New education workshops were facilitated as part of our approach to piloting and testing the content

50

Fitness professionals were supported to more accurately identify the signs that someone might have an eating disorder and link them into professional support

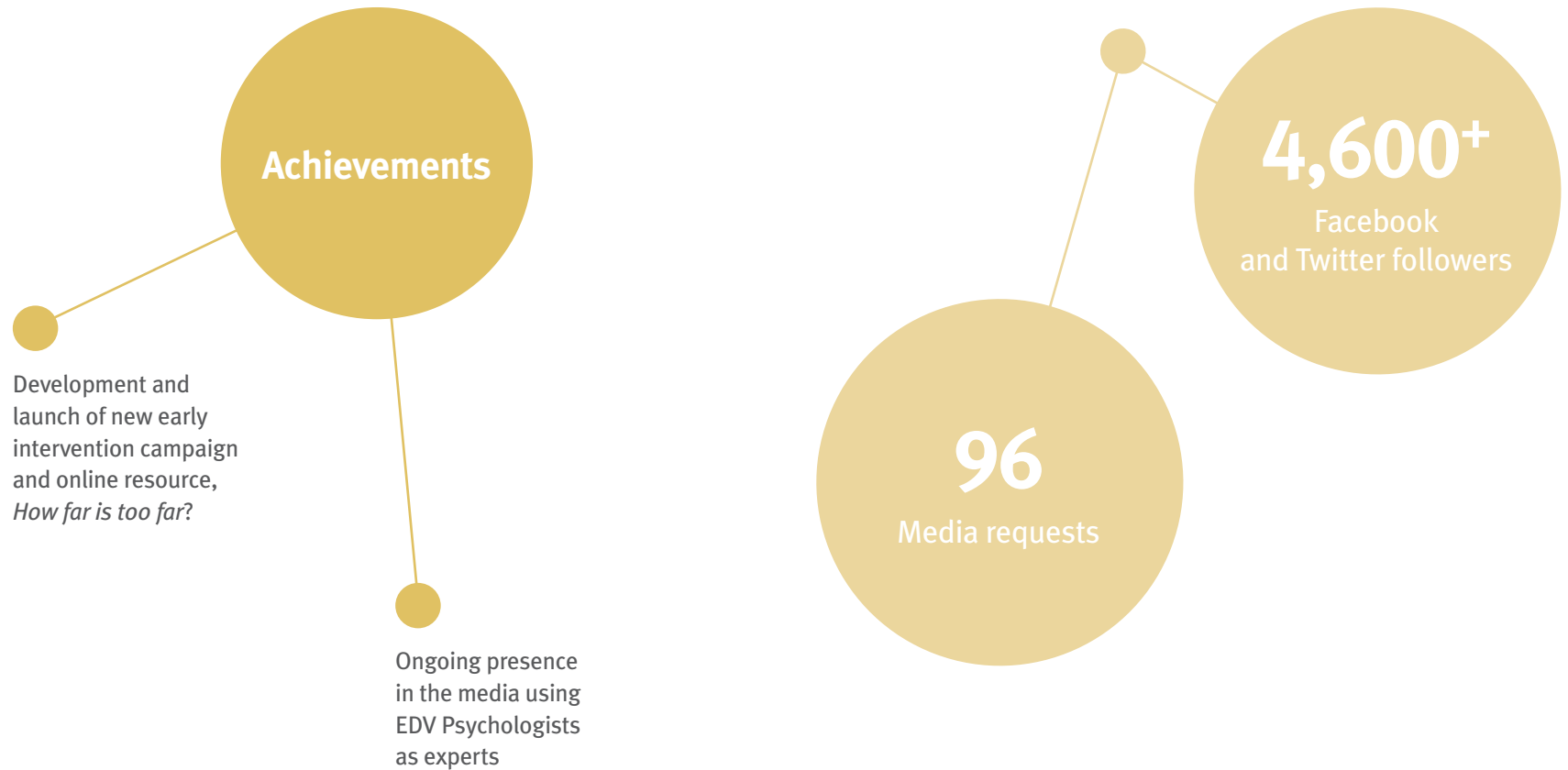
Received accreditation for this new education workshop through Fitness Australia

Our goal is to roll out this accredited workshop to support fitness industry to more accurately identify the signs that someone might have an eating disorder and link them into professional support such as a GP, psychologist or dietitian.

Strategic Pillar

Clear understanding of mission, vision, values. Activity underpinned by evidence and lived experience. Strong and evolving brand.

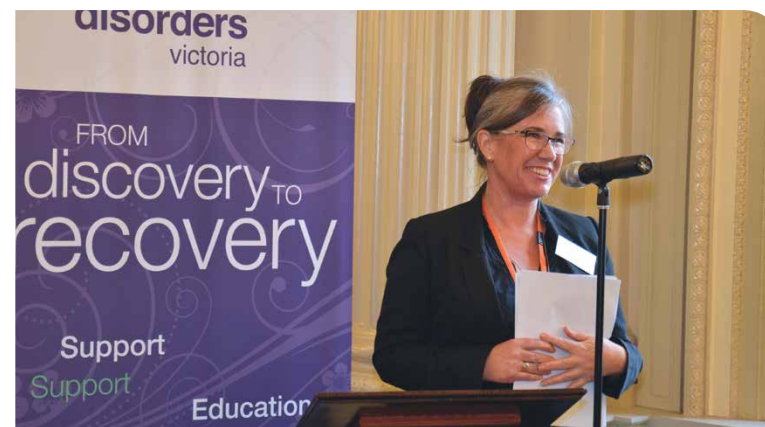
Identity and brand



Feed the Soul 2016

Feed the Soul is our annual awareness campaign, encouraging people to enjoy a healthy relationship with their body, mind and soul and to celebrate uniqueness. In doing this, we hope to improve mental wellbeing and resilience in the community, and get people to value themselves for more than their physical appearance.

Our 2016 event focused on the launch of our new mobile site and campaign, *How far is too far?*. The event drew support from all sides of government, with keynote speeches from Minister for Mental Health Martin Foley, Shadow Minister for Mental Health Tim Bull, and Greens Spokesperson for Mental Health Colleen Hartland. We also heard from our inspiring Stories of Recovery speaker Ash, who brought to light the importance of early intervention and help-seeking.



...we hope to improve mental wellbeing and resilience in the community, and get people to value themselves for more than their physical appearance...

...drives understanding of what a healthy attitude to food actually looks like...

How far is too far?

Evidence suggests that the earlier someone gets treatment and support, the better their prospects for recovery. Unfortunately, most people delay help-seeking and the vast majority don't get treatment at all. In this context, in 2015 Eating Disorders Victoria was funded by the Victorian Government to develop a mobile site to raise awareness of early warning signs and facilitate early intervention for eating disorders.

How far is too far? challenges stigma, encourages self-reflection, drives understanding of what a healthy attitude to food actually looks like, and facilitates help-seeking through integration with a service database. It takes a positive, engaging and relatable approach to an issue that has previously been shrouded in stigma and misperception.

How far is too far? is a simple website and campaign that explores some of the everyday behaviours and attitudes that can be early warning signs of an unhealthy relationship with food, exercise or body image. *How far is too far?* provides basic, clear and practical information about how to identify the warning signs of an eating disorder and how to support someone to get help. The website is targeted at people without training in eating disorders or mental health, but who might be in a position to initiate a conversation with someone in need of help.



How far is too far? campaign outcomes:

46.5m

Total reach of media campaign, including the Herald Sun, the Huffington Post, Kidspot

2,100+

Unique users in the first month, average session 2 min 39 sec and 3.84 pages per session

900

Campaign postcards distributed to cafes and bars around Melbourne, assessed as a 'fast mover' campaign by distributor

2,000

average FB reach

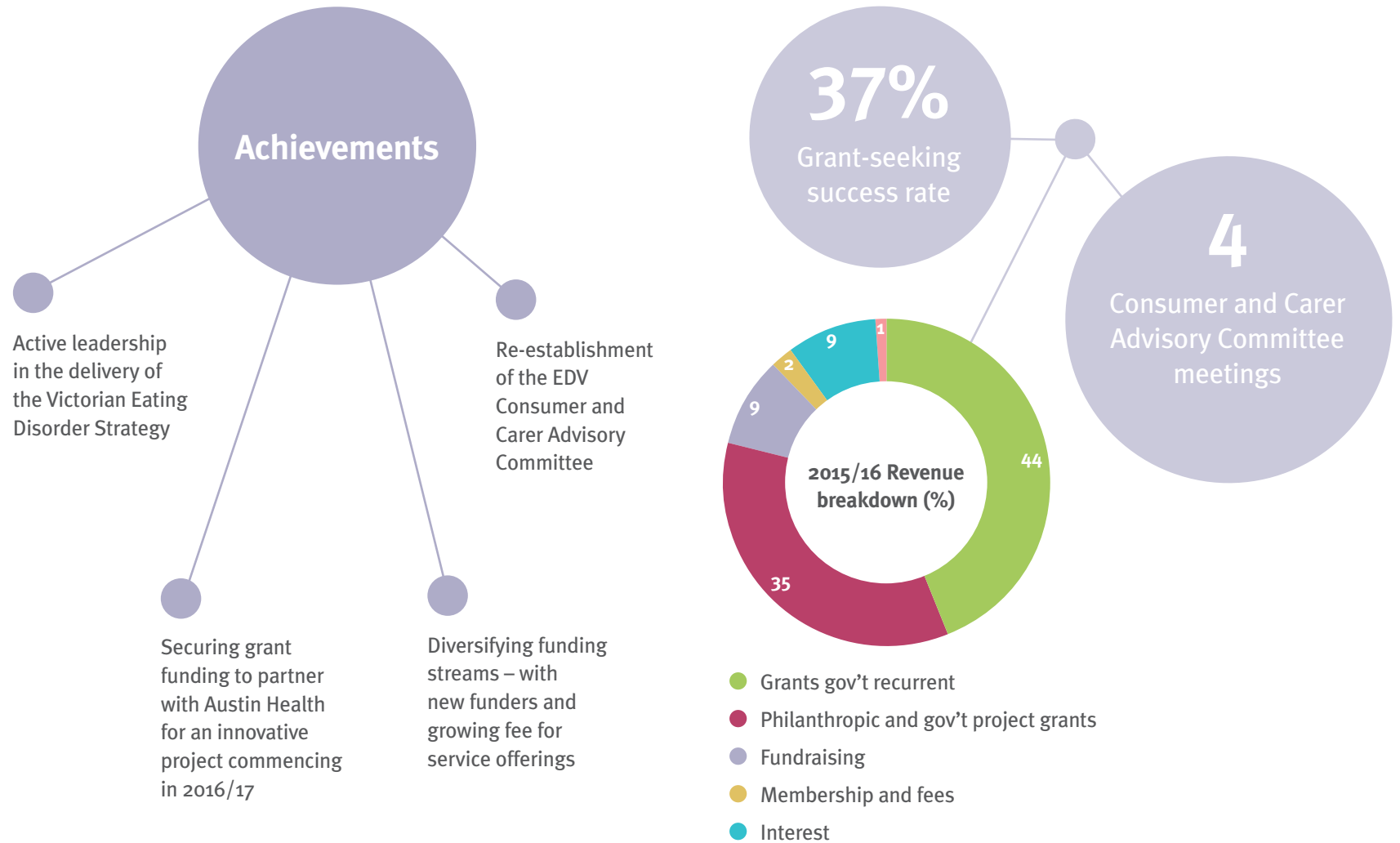
700+

shares of media articles

Strategic Pillar

EDV's architecture allows us to be agile, adaptable, responsive and innovative.

Architecture



EDV and the Austin Health working together on the pilot of a new peer mentoring project

In late 2015 Austin Health approached EDV to partner on the development, pilot and evaluation of a peer mentoring program for people with eating disorders exiting hospital programs. This program will fill a service gap for people who require additional support to sustain recovery after being discharged from hospital services.

The program uses a peer support model, harnessing the experience of people who have recovered from eating disorders, with regular de-briefing and supervision. Participants will be matched with an EDV peer mentor who has recovered from an eating disorder and will participate in a semi-structured mentoring program with regular activities and one-on-one mentoring.

We are excited to be working with Austin Health and St Vincent's Hospital on this new project with support from the Ian Potter Foundation, the William Buckland Foundation and John T Reid Charitable Trusts.



This program will fill a service gap for people who require additional support to sustain recovery after being discharged from hospital services...



The
WILLIAM BUCKLAND
FOUNDATION
WBF



Please contact us if you would like to participate in the CCAC in future, as we value the insights offered by people who have a personal experience of the impact of eating disorders.

Consumer and Carer Advisory Committee

The EDV Consumer and Carer Advisory Committee (CCAC) was reconvened in 2015, chaired by the CEO and attended by 8 newly recruited members. The purpose is to provide strategic advice from a consumer, carer and community perspective to ensure EDV understands and can respond to the needs of the community it serves.

The CCAC membership consists of people who bring a mix of lived experience from their own recovery, or as a parent or sibling of someone with an eating disorder. This blend ensures that a range of points of view are expressed and shared in order to provide a rich and layered context to the impact of eating disorders. Discussions have been lively as the differences in perspectives are highlighted while agenda items are considered.

There have been 4 meetings held quarterly, and agenda items have included service development, principles of recovery, and reminders of the uniqueness of each journey towards self-determined recovery and quality of life. Board members have also engaged with the committee, and have been grateful for the advice provided on particular issues.

Please contact us if you would like to participate in the CCAC in future, as we value the insights offered by people who have a personal experience of the impact of eating disorders.

Fundraising report – 2015/16

It was a busy year for our fundraising team members, with some significant success in grant-seeking and regular donor engagement activities.

Direct grassroots fundraising

Revenue from fundraising activities came to \$19,044 for the year, with a number of successful fundraising events such as Run Melbourne, our regular Christmas appeal and an EOFY fundraising appeal that was tied to World Eating Disorder Action Day. We are grateful for every donation we have received during this busy time.

Philanthropy and project grants

Our operations during 2015/16 were supported by just over \$100,000 in grants from philanthropic bodies, including support from the William Buckland Foundation to deliver GP Education, and grants from the City of Yarra and Mornington Peninsula Shire. We applied for over \$800,000 in grants in 2015/16 (double the amount we applied for in 2014/15) and secured approximately \$323,000 with a 37% success rate. This rate is more than five times our 2014/15 grant-seeking success rate.

Corporate sponsorship

We continue to seek corporate sponsors for our programs and services, and while we did not secure sponsors in 2015/16 we are keen to bring some corporate partners on board to projects in 2016/17. Please contact Jennifer Beveridge CEO if you would like further information.

We experienced significant success in grant-seeking and regular donor engagement activities.

Direct grassroots fundraising

\$19,044

Secured just over

\$300,000

in new grants

“My involvement with EDV is both personal and community based. Personal in that EDV were there when I needed them and I wanted to give something back, and as a member of the broader community I can contribute to progressing and improving a vital support for others with an eating disorder.”

Felicia Cousins
(Deputy Chair)

Governance

Members of the Board

Chair:

Felicia Cousins

Treasurer:

David Goode

Members:

Suzy Redston
Charles Dagher
Dee Leech
Russ Wood
Phil Jones
Julie Hore

Thank you also to Tracey De Poi, Matthew Tence and Stacey Maher for their contribution to the EDV board in 2015/16.

Board Member Attendance Record July 2015 – June 2016

	Number of meetings attended	Number of possible meetings
Felicia Cousins	8	9
Tracey De Poi	4	4
Matthew Tence	7	7
Stacey Maher	4	6
Suzy Redston	7	9
David Goode	8	9
Charles Dagher	6	9
Dee Leach	7	9
Russ Wood	8	9
Phil Jones	4	4
Julie Hore	2	4
Jennifer Beveridge (ex officio)	8	9

Treasurer's report

I am pleased to present the audited financial statements of the Eating Disorders Foundation of Victoria Inc for the year ended 30 June 2016.

EDV has seen a year of financial stability which has culminated in a net surplus for the year of \$90,457 (the 2014/15 deficit was \$37,117), and an increase in Members Funds to \$126,567.

This result has been achieved through good management of revenue overall against budget, and cost savings arising mainly from structural changes to the fee-for-service program.

Total income for the year was \$1,040,451 which is 43% higher than the previous year. The main changes in revenue against the previous year are as follows:

- Government grants increased by \$358,653, and accounted for 78% of our total income, after being 63% in the 2014/15 financial year. The CEO and management team continue to focus on additional funding sources in line with EDV's Strategic Plan.
- Philanthropic Grants were slightly lower than the previous year.
- Income from Fundraising Activities decreased on the prior year by \$7,273.
- Fee income has reduced by \$31,082 from last year, to a total of \$94,634, mainly due to temporary unavailability of counselling staff in the fee-for-service program during the year.

Total expenditure was \$949,994, which is 25% higher than the previous year expenses of \$760,713. This is mainly due to increased levels of activity in the Primary Health, Client Services and Education programs that were funded from additional government grants during 2015/16.

The net cashflow for the 2015/16 year was a decrease of \$130,800, compared to a net increase of \$309,877 in the 2014/15 year. This difference was mainly due to a timing difference from a grant received in advance at the end of 2014/15 of \$335,131, which was to be used in relation to 2015/16 programs – this was noted in the annual report last year. At the end of the 2015/16 year, EDV was in a healthy cash position of \$355,477.

We also continued to pay down the loan from Foresters Finance by \$18,226 in line with the loan agreement. This loan was taken out in 2013 to assist the growth of education and counselling programs, and will be fully repaid by 2018.

The management team is forecasting a modest surplus for the 2016/17 year on the basis of government grant funding being maintained at current levels, and an increase in philanthropic funding, to be applied against further expansion of the education, fee-for-service and client services programs.

David Goode
Treasurer

2015/2016 at a glance

Statement of Financial Performance for the Financial Year

	2015/2016 \$	2014/2015 \$
Revenues from ordinary activities and special projects	1,040,451	723,596
Expenses	949,994	760,713
TOTAL CHANGE IN EQUITY	90,457	(37,117)

Summary Statement of Financial Position

	2015/2016 \$	2014/2015 \$
Total assets	397,353	510,155
Total liabilities	270,786	474,045
NET ASSETS	126,567	36,110
TOTAL EQUITY	126,567	36,110



McBAIN
McCARTIN & Co

CHARTERED ACCOUNTANTS
AUDIT & ASSURANCE SERVICES

PO Box 82 BALWYN
VICTORIA, AUSTRALIA 3103
ABN 26 028 714 960

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF
EATING DISORDERS FOUNDATION OF VICTORIA INC

ABN 24 010 832 192

We have audited the accompanying financial report, being a special purpose financial report of Eating Disorders Foundation of Victoria Inc (the association), which comprises the assets and liabilities statement as at 30 June 2016, the income and expenditure statement, statement of changes in equity and statement for cash flows for the year then ended, notes comprising a summary of significant accounting policies and other explanatory information, and the annual statement by committee members.

Committee's Responsibility for the Financial Report

The committee of Eating Disorders Foundation of Victoria Inc is responsible for the preparation of the financial report that gives a true and fair view and have determined that the basis of preparation described in Note 1 to the financial report is appropriate to meet the requirements of the Associations Incorporation Reform Act 2012, Associations Incorporation Reform Regulations 2012. The committee's responsibility also includes such internal control as the committee determines is necessary to enable the preparation of a financial report that gives a true and fair view and is free from material misstatement, whether due to fraud or error.

Auditor's Responsibility

Our responsibility is to express an opinion on the financial report based on our audit. We have conducted our audit in accordance with Australian Auditing Standards. Those standards require that we comply with relevant ethical requirements relating to audit engagements and plan and perform the audit to obtain reasonable assurance whether the financial report is free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial report. The procedures selected depend on the auditor's judgment, including the assessment of the risks of material misstatement of the financial report, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the association's preparation of the financial report that gives a true and fair view, in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the association's internal control. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by the committee, as well as evaluating the overall presentation of the financial report.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

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INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF
EATING DISORDERS FOUNDATION OF VICTORIA INC

ABN 24 010 832 192

Opinion

In our opinion, the financial report of Eating Disorders Foundation of Victoria Inc. has been prepared in accordance with Associations Incorporation Reform Act 2012, Associations Incorporation Reform Regulations 2012, including;

- a) Giving a true and fair view of Eating Disorders Foundation of Victoria Inc. financial position as at 30 June 2016 and of its financial performance and cash flows for the year ended on that date; and
- b) Complying with Australian Accounting Standards to the extent described in Note 1 and Associations Incorporation Reform Act 2012, Associations Incorporation Reform Regulations 2012.

Basis of Accounting and Restriction on Distribution

Without modifying our opinion, we draw attention to Note 1 to the financial report, which describe the basis of accounting. The financial report has been prepared to assist Eating Disorders Foundation of Victoria Inc to meet its financial reporting requirements under the Associations Incorporation Reform Act 2012, Associations Incorporation Reform Regulations 2012. As a result, the financial report may not be suitable for another purpose.

McBain McCartin & Co.

McBain McCartin & Co.

Simon Aukstin
Partner
BALWYN

Dated this 19th day of September 2016

Financial statements

Income and Expenditure Statement for the Year Ended 30 June 2016

	2016 \$	2015 \$
Revenue	1,040,451	723,596
Employee benefits expenses	(718,927)	(562,630)
Depreciation expense	(7,142)	(5,109)
Occupancy expenses	(30,378)	(29,874)
Computer expenses	(16,330)	(16,442)
Communications expenses	(9,813)	(9,184)
Advertising and promotion expenses	(11,501)	(7,864)
Postage, printing and stationery expenses	(6,935)	(4,920)
Other expenses	(148,968)	(124,690)
Net Current Year (Deficit)/Surplus	90,457	(37,117)
Retained Surplus at the Beginning of the Year	36,110	73,227
Retained Surplus at the End of the Year	126,567	36,110

Assets and Liabilities Statement as at 30 June 2016

	2016 \$	2015 \$
Assets		
Current Assets		
Cash and cash equivalents	355,477	486,277
Accounts receivables and other debtors	4,008	5,422
Total Current Assets	359,485	491,699
Non Current Assets		
Furniture and equipment	37,868	18,456
Total Non Current Assets	37,868	18,456
Total Assets	397,353	510,155
Liabilities		
Current Liabilities		
Accounts payable and other payables	12,523	9,922
Borrowings	20,303	18,378
Income in advance	183,142	335,131
Other creditors	11,519	45,197
Provisions	30,979	23,678
Total Current Liabilities	258,466	432,306
Non Current Liabilities		
Borrowings	12,320	32,471
Provisions	-	9,268
Total Non Current Liabilities	12,320	41,739
Total Liabilities	270,786	474,045
Net Assets	126,567	36,110
Member's Funds		
Retained Surplus	126,567	36,110
Total Member's Funds	126,567	36,110

Statistics for 2015/16

Helpline contacts (incoming enquiries)



Average time spent per contact

Total 1,795

Recovery forum



Number of posts

Support groups

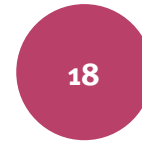


Total number of contacts



Total number of sessions

Stories of Recovery



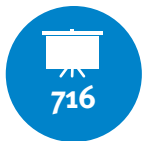
Total number of presentations

Media enquiries



Total number of contacts

Education



Total number of contacts at presentations



Total number of sessions

GP education



Total number of contacts



Total number of GP education sessions



Total number of EDV brochures distributed through GP clinics

Psychology Service

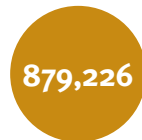


Total number of sessions delivered



Total number of clients

Website (eatingdisorders.org.au and howfarsitooofar.org.au)



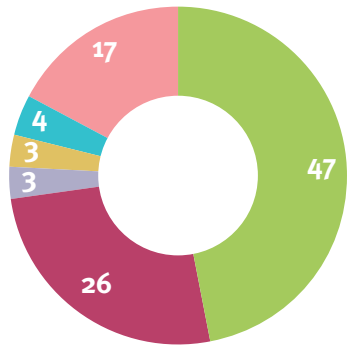
Total number of page views



Total number of unique visitors

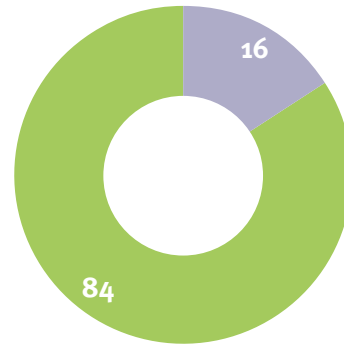
Helpline users

EDV Helpline users – type (%)



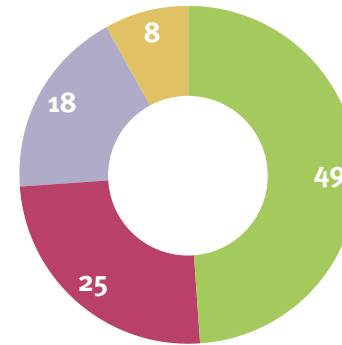
- Person with an eating disorder, disordered eating, body image issues¹
- Parents & siblings
- Partners
- Friends
- Other relatives
- Professionals²

EDV Helpline users – gender (%)



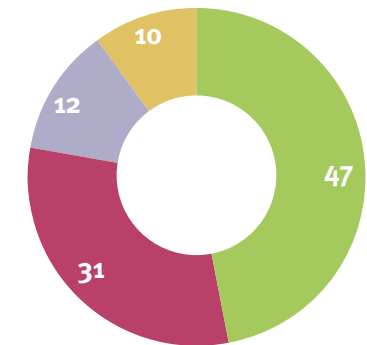
- Females
- Males

Type of disorder or issue¹ (%)



- Anorexia Nervosa
- Bulimia Nervosa
- Binge Eating Disorder
- Other³

Attendees at EDV Education presentations (%)



- Professionals/students
- Carers, family, friends
- Community members
- Consumers

¹ People with an eating disorder may be self diagnosed

² Health professionals, community organisations, treatment centres, school teachers, students

³ Other Specified Feeding and Eating Disorder, disordered eating, body dissatisfaction

“It is just such a comfort knowing there is help out there for my daughter....and thank you for listening.”

Helpline Caller

Grantors, sponsors and corporate partners

EDV thanks the following organisations for their generous financial assistance and/or in-kind support in the past financial year:

Major Grantors



Other supporters and partners



Our donors

EDV thanks our many generous donors that have supported fundraising campaigns throughout the year.

Thank you

Eating Disorders Victoria's achievements are made possible through the generous contributions and ongoing commitment of many. Your support is highly valued and proves to us that our vision, mission, aims and objectives are shared and acknowledged as valuable in the community.

We extend our wholehearted thanks to the following:

- Our Members, for their contributions, feedback and fabulous ongoing support.
- Our Grantors, Sponsors and Corporate Partners, for their generous financial and/or in-kind support of our work (see listing on page 38).
- Our Donors, for their compassionate giving and magnificent fundraising efforts, providing vital extra financial support and keeping the memory of people affected by eating disorders past and present alive in the hearts of many.
- Our Volunteers, for their contribution of almost 4,000 hours of service, skill and compassion.

How you can help

We rely on generous donations from our supporters to enable us to be responsive and innovative in our approach to addressing eating disorders, and these donations allow us to run critical services such as our Helpline and to fund work with new markets such as the fitness industry. Donations assist us to continue to provide these services and support to people experiencing eating disorders, as well as their families, partners, carers and professionals.

EDV is a Public Benevolent Institution and a Deductible Gift Recipient. All donations, major gifts and bequests will be used to support the direct services of Eating Disorders Victoria (EDV).

Key areas of expenditure for funds donated:

- Helpline costs
- Recovery forum costs
- Increasing capacity through website upgrades and additional communications resourcing
- Purchase of library resources
- Resources for improved community awareness
- Special projects

Are donations are tax deductible?

Yes (\$2 or more)

Will I receive a receipt for my donation?

Yes, all donations of \$2 or more will be receipted.

There are many ways to donate – select your donation method as follows.

Online Donate through the secure online donations service. Follow the link at www.eatingdisorders.org.au

Phone Call 1300 550 236 with your credit card details.

Fax Download a printable donation form from the website and fax to (03) 9417 5787

Mail Download a printable donation form from the website and send through the post to:
Eating Disorders Victoria (EDV)
Level 2, Collingwood Football Club Community Centre
Cnr Lulie and Abbot Sts
Abbotsford VIC 3067

Leave a Bequest Leave a Bequest to Eating Disorders Victoria in your Will. For more information call 1300 550 236, email edv@eatingdisorders.org.au or download more information from our website.

“I’m really grateful for your time and this advice. What a fantastic service you offer to very concerned families. It is so appreciated.”

Helpline Caller

