

ANNUAL REPORT 2011/2012



Respect, Acceptance, Hope

Contents



I have been overwhelmed by the professionalism and kindness shown to me. I am beyond grateful.

- *Client of Family Support Officer*

02/	2011/2012 at a Glance
04/	Highlights of 2011/2012
07/	About EDV
09/	Grantors, Sponsors and Corporate Partners
10/	Board Chair Report
11/	Board Member Attendance
12/	Chief Executive Officer's Report
15/	From a helpline, support group and EDV events volunteer
15/	From a Volunteer
16/	Treasurer's Report
17/	Auditor's Report
19/	Financial Statements
21/	The EDV Team
22/	Thank You
24/	How You Can Help

2011 / 2012 at a Glance

Statement of Financial Performance for the Financial Year

	2011 - 2012	2010 - 2011
	\$	\$
Revenues from ordinary activities and special projects	586,974	601,551
Expenses	608,861	573,687
TOTAL CHANGES IN EQUITY	(21,887)	26,386

Summary Statement of Financial Position

	2011 - 2012	2010 - 2011
	\$	\$
Total assets	228,264	364,820
Total liabilities	39,559	154,229
NET ASSETS	188,705	210,591
TOTAL EQUITY	188,705	210,591

EDV Statistics for 2011 - 2012

Services

Helpline contacts (Support, Information & Referral) *See below for breakdown.

Phone	2,716
Face to Face	125
Email	705
Total	3,546

Individual Support Session Contacts

Recovery Support (People with an eating disorder)	Phone	90
	Face to Face	106
Total		196

Family Support (Families, parents, partners, siblings and friends)	Phone	105
	Face to Face	161
Total		266

Chat room

(People with an eating disorder)	Total - number of contacts	1,088
	Total - number of sessions	146

Messageboard

Total - number of posts **433**

Support Groups

Total - number of contacts **580**

Total - number of sessions **107**

EDV Statistics for 2011 - 2012 (continued)	
Media Enquiries	
Total - number of contacts	80
Education	
Total - number of contacts at presentations	4,106
Total – number of enquiries	90
Total - number of sessions	107
TOTAL NUMBER OF SERVICE USER CONTACTS	10,385
* Helpline contacts - User type	
Person with an eating disorder, disordered eating, body image issues... <i>*Please note people with an eating disorder may be self diagnosed.</i>	1,502
Parents and siblings	1,073
Partners	176
Friends	289
Other relatives	275
Professionals (Health professionals, community organisations, treatment centres, schools, etc.)	231
Total	3,546
Helpline contacts – Gender of person with an eating disorder or other related issue	
Female	2,918
Male	538
Total	3,546
Helpline contacts – Type of disorder or issue <i>*please note may be self diagnosed.</i>	
Anorexia Nervosa	1,226
Bulimia Nervosa	935
Binge Eating Disorder	775
Other (includes EDNOS, disordered eating, body dissatisfaction...)	610
Total	3,546
Website	
Total number of visits	112,755
Total number of unique visitors	71,018

Highlights of 2011 / 2012

The 2011/2012 financial year has once again proved to be a very busy year of growth and change for EDV. Strong demand for EDV support, education and information services saw staff continue to develop programs to suit the ever changing needs of the community.

Like many other not-for-profit organisations, EDV faces great pressure in trying to expand services, with limited funds at its disposal and a small staff team. However, with the very generous support of volunteers and financial supporters, EDV continues to make a difference in the lives of people affected by an eating disorder.

Below are just some of the highlights of the 2011/2012 year.

Feed the Soul

To coincide with International No Diet Day on May 6, EDV launched its new awareness and fundraising campaign *Feed the Soul*. The *Feed the Soul* idea was developed as a reminder to people that food and eating is so much more than just what we put in our mouths. Food feeds our mind and soul just as much as our body. With so much emphasis on dieting and good and bad foods, many of us have lost track of simple pleasures around food and the role food has in connecting us to others and how

good that can make us feel on the inside – hence the name *Feed the Soul*.

The *Feed the Soul* concept quickly gained great support and was officially launched at Parliament House on the 2nd of May by the Minister for Mental Health, The Hon Mary Wooldridge and was attended by numerous members of parliament. Individual and group fundraisers were then encouraged to host their own *Feed the Soul* event, in which people could get together with family, friends and work colleagues to enjoy a healthy, social and relaxing meal together while raising funds for EDV.

The month's activities culminated in a *Feed the Soul* brunch at the Trust Bar and Restaurant in Melbourne. At the brunch, EDV's new *Feed the Soul* ambassadors Frank Apostolopoulos, Tottie Goldsmith, and Lee Chan spoke of their commitment to the cause and their own experiences in the beauty, fashion, entertainment and food industries.

Siblings and Friends Support Developed

After the tragic death of her daughter Anna in late 2010, Claire Bamford realised there was a lack of dedicated support services for siblings and friends of those suffering with an eating disorder. To address this lack of support, she joined together with family and friends to raise funds for EDV to develop support services specifically for youth aged 12 to 25 year olds.

A Siblings and Friends project group was formed in late 2011 and a survey of young people was conducted in early 2012 to ascertain what sort of support services siblings and friends would like. The survey revealed that most young people are searching online for support and information and the project group, including EDV's CEO Jennifer Beveridge, committed EDV to developing new online information to be integrated into the current EDV website from August 2012.

Community Engagement and Advocacy

During the year, EDV continued to both educate and represent the community on eating disorders.

The Caring About Recovery (CARE) project funded by the Lord Mayor's Charitable foundation commenced in 2010 and continued through 2011 and 2012 in partnership with local municipal councils throughout Victoria. During the last financial year, EDV partnered with 12 local councils to run free community awareness education sessions to raise awareness of early identification of eating disorders and how to develop protective factors against eating disorders.

Early in 2012, EDV held three community information sessions called Giving the Community a Voice, which were an opportunity for people with a personal, family or professional experience of an eating disorder to share information regarding their eating disorders experience. The sessions, held in Ringwood, Malvern East and Ballarat, were very well attended. EDV is extremely thankful to those individuals who openly shared their experiences and offered their recommendations about the current strengths and weaknesses in eating disorders support and treatment

services in Australia. The findings are being disseminated to key policy makers and stakeholders in the eating disorders field.

EDV continued its role advocating on behalf of people affected by eating disorders through its continued involvement in the National Eating Disorders Collaboration (NEDC) and through representation on the Victorian Government Eating Disorders Taskforce.

EDV develops further partnerships for Building Hope

Following strong demand for EDV's skills based family education program Building Hope, EDV has recently undertaken a partnership with Deakin University and the Centre for Excellence in Eating Disorders (CEED) to further develop the Building Hope program. While the program will still be based on the program outlined in the Janet Treasure book 'Skills-based Learning for Caring for a Loved One with an Eating Disorder', the partnership between EDV, Deakin and CEED will see the program develop into a more structured program with the aim that eating disorder treatment services offered on an inpatient and outpatient basis can be more family inclusive and

sensitive. The new program will keep more up to date with current and emerging practices and will also be an important research opportunity to evaluate effectiveness.

Over the past 12 months, Building Hope programs were run in Ringwood, Traralgon and Frankston, and at Kew in conjunction with the Austin Hospital BETR's program.

Hospital Visiting Program

EDV recognises that a person who has recovered from an eating disorder can provide those still suffering with a valuable source of hope which can be a great tool in moving towards recovery. As part of the wider peer support program, the EDV hospital visiting program saw recovered speakers meet with current eating disorder patients and staff to speak about their experiences. Run in conjunction with the Austin Hospital, EDV hopes to roll out the program to other hospitals as well as to expand from solely inpatient units to include outpatient and day patient settings.

Launch of new look and website

In July 2011, EDV revealed its new look with the launch of a new logo and website. The decision to upgrade the website was in response to increasing online traffic and requests for extended online information and support. EDV was then fortunate to receive a Google AdWords Grant which enables eligible charities to run Google advertisements for free. EDV is able to run targeted advertising campaigns to different segments of our audience. Since going live in February, approximately 30% of EDV's website traffic arrived via Google Ads, which is a great result.

Shortly after the re-launch of the EDV website, EDV partnered with Erin Young from Real Girl Productions to launch a dedicated youth website, Real Youth. The site is primarily a support and information site about eating disorders and body image and self esteem issues. The site is also a hub where young people can find out about local events, blog about issues that are important to them, access information on a number of important issues affecting young people and link to other like minded websites or blogs. The site links to the main EDV site referring users to the Eating Disorders Helpline for

information, support and referral information, as well as the eating disorder specific content.

Defining Moments - Body Image and Eating Disorders Awareness Week

To mark Body Image and Eating Disorders Awareness Week in the first week of September 2011, EDV asked an amazing group of speakers to share their personal experiences of recovery, and experiences of caring for a child with an eating disorder. The theme of the evening was 'Defining Moments' and was based on the concept that a defining moment, big or small, where something made a difference and inspired change is what many people who have recovered from eating disorders can recall making a huge impact in their recovery.

The overall response from the night was extremely positive with the message being that recovery is possible, the journey is as unique as the person and people involved and that inspiration can come at any time in any form.

“The session was fantastic and put a whole new perspective on things. I'm on my way to recovery and am excited to get there!

- Client of Recovery Support Officer”

About EDV

Mission Statement: Eating Disorders Victoria is the primary source of support, information, community education and advocacy for people with eating disorders and their families in Victoria. We connect those whose lives are affected by eating disorders with the people, services and hope they need for recovery.

Values Statement

We embrace the following values to underpin our vision and mission:

- Respect
- Acceptance
- Hope

Vision Statement

A future where the incidence, duration and impact of all eating disorders are reduced and ultimately eradicated.

Strategic Plan

Objective 1:

Build and grow EDV as a single point of information, support and referral for people with eating disorders and their families, friends and the wider community.

Objective 2:

Diversify funding and income sources to increase annual income.

Objective 3:

Develop strategic partnerships to ensure EDV services are embedded in mental health and community systems; specifically in the areas of education, research, advocacy, marketing, funding and health promotion.

Objective 4:

Influence and participate in shaping broad public health and wellbeing policy.

Our Services

Our core services and activities include:

Helpline

- Telephone and email support for anyone affected by an eating disorder

Internet Chatroom and Online Messageboard

- Fully moderated for safety; reaching out to those who are isolated, require full anonymity or just like connecting online

Support Programs

- Recovery support for persons with an eating disorder available face to face and via telephone
- Family support for families and friends of persons with an eating disorder available face to face and via telephone
- Carer support programs – Building Hope and Finding Hope

- Support group network – facilitated self-help groups providing a confidential and safe environment for recovery and learning through shared experience

Community

- Education programs
- Awareness activities
- Community voice – engaging key policy makers to ensure people with an eating disorder and their carers have a voice in the community

Information

- Comprehensive and reliable website
- Member newsletters
- Specialist library of books and DVDs
- Eating disorder specific resources including fact sheets
- Eating disorder resource manuals, booklet and DVDs of recovery experiences
- Helpfinder service – Database of health professionals and treatment facilities in Victoria

Professional Development Programs

- Available for schools, fitness instructors and coaches, health and welfare and community workers

Workshops and Consultations

- Available for students and at conferences and forums
- Mindful eating workshops
- Office and workplace consultations

“ This is the first time I’ve met someone who actually understands where I’m at with my eating disorders and understands what it’s like. After more than 8 years in treatment with various psychiatrists/psychologists/counsellors I finally feel understood.

- *Client of Recovery Support Officer* ”

Grantors, Sponsors and Corporate Partners

EDV thanks the following organisations for their generous financial assistance and/or in-kind support in the past financial year.

Major Grantors

Victorian State Government Department of Health



Although EDV is a community-managed non-government organisation, EDV's major recurrent funding is provided by the Victorian State Government Department of Health, for which we remain very appreciative. EDV is contracted to provide statewide specialist support, information and referral services for people with eating disorders and their families in Victoria, as well as community education and training.

Lord Mayor's Charitable Foundation



EDV recently completed its final year of the 'Caring About Recovery' project, which received funding through a major grant from the Lord Mayor's Charitable Foundation (LMCF), one of the premier philanthropic organisations in Victoria. The LMCF has recognised the immense value of EDV's work to support families and carers, and has been a very generous supporter of EDV's family support programs. A general grant from the LMCF also provides support for the role of EDV Family Support Officer, to provide free face-to-face or telephone support for family members, partners and carers of a person with an eating disorder.

Sponsor and Corporate Partner

Hairhouse Warehouse Pty Ltd



EDV acknowledges the ongoing generous financial support of Hairhouse Warehouse in its support of the Eating Disorders Helpline.

Other Grantors and Sponsors:

Biba Salons



Butterfly Internet



EM Media

The Arnold Foundation

Ian Wood

Staff at Major Projects Victoria

The Hon Jenny Mikakos MP Member for the Northern Metro Region

Emma and Tom's Juices

Lavazza Coffee

Freixenet Sparkling Wine

The Trust Bar and Restaurant

Board Chair Report

Tracey De Poi

Chair of the Board of Management

RESPECT, ACCEPTANCE, HOPE.

Three words that say so much, the values of Eating Disorders Victoria (EDV) and the core of our organisation.

Wow, what a whirlwind it has been for all involved with EDV over the past year. It has been amazing, exhilarating, fun, busy, hard work and most of all major achievements have been made within the organisation. I have truly enjoyed my first year as chair of the board.

Firstly, I would like to thank the board for all their work and support this year. There have been a lot of changes within the organisation this year making it very busy behind the scenes. Finance, good governance and implementing a structure to ensure EDV remains in a healthy position have been the main focus.

The board is working hard for EDV. We have formed three new subcommittees who will report directly to the board. The Finance and Risk subcommittee and the

Governance subcommittee are currently operational. We are planning on getting the Clinical governance subcommittee running in the near future. The carers and consumers advisory board is also continuing to meet and report to the board frequently.

Four members of the board from last year have decided not to continue with us and I would like to acknowledge their contribution. They are Carlee Van Dyke, Lesley Simons, Laura Hart and of course Gill Ryan who is the immediate past president. I would like to once again specially thank Gill for all her work on the board over the past 5 years and for being a wonderful mentor and friend, I still miss her. We have been sad to lose board members nevertheless the new members bring an amazing wealth of knowledge to the organisation and we are lucky to have them.

The newest members are Peter Larter, Stacey Maher, Felicia Cousins and Dr Suzy Redston.

One of the major changes that has occurred within EDV this year was the appointment of a new CEO, Ms Jennifer Beveridge. Jennifer has come to us with a great deal of experience in the community health sector and has been one very busy lady since she started in February. Jennifer is leading EDV into a new phase of growth, and development. It is exciting to be a part of this and it has truly been a pleasure to work with her. Thank you, Jennifer for making my job as chair easy.

At this point I would like to thank Ms Kirsty Greenwood our previous EO for all her hard work and leaving the organisation in a good position to move to the next stage in its evolution. Kirsty has taken a position at The Butterfly Foundation and we wish her well with this.

Some of the other achievements and changes that have occurred include Prof. Fiona Judd joining us as our patron, as well as three ambassadors Frank Apostolopoulos, Tottie Goldsmith and Lee Chan

who supported the *Feed the Soul* campaign. *Feed the Soul* seemed to take on a life of its own, not to mention the Siblings and Friends working group and EDV's involvement in the Victorian Governments eating disorder taskforce.

In April the board and Jennifer met for a strategic planning day. As a result we now have a 3 year strategic plan for the organisation to be guided by.

The four key objectives of the plan are:

1. Build and grow EDV as a single point of information, support and referral for people with eating disorders and their families, friends and the wider community.
2. Diversify funding and income sources to increase annual income.
3. Develop strategic partnerships to ensure EDV services are embedded in mental health and community systems.
4. Influence and participate in shaping broad public health and wellbeing policy.

Our values of respect, acceptance and hope will also be central to our strategic plan.

EDV would not be the organisation it is without the hard working and dedicated staff. Over the past year they have once again shown how invaluable they are. It has also been a time of change for them and we the board would like to thank them for choosing to stay with us particularly for the 2 months that we were without a CEO.

Lastly, I would like to thank all the volunteers. Without all these volunteers there would be no Eating Disorders Victoria. Your contribution does make a difference to lives and saying thank you hardly seems like enough but I don't know how else to express the gratitude that we all feel.

Board Member Attendance July 2011 – June 2012

	Number of meetings attended	Number of possible meetings
Gill Ryan	6	7
Renuka Somers	1	3
Tracey De Poi	11	11
Debra Goldfinch	10	11
Matthew Tence	11	11
Lesley Simons	8	11
Cath Trahair	8	11
Stacey Maher	4	5
Suzy Redston	4	5
Felicia Cousins	3	4
Peter Larter	7	7
Carlee Van Dyke	2	4
Laura Hart	1	1

Chief Executive Officer's Report

Jennifer Beveridge
Chief Executive Officer

It is with pleasure that I contribute to the EDV Annual Report for the first time. The first six months spent at Eating Disorders Victoria have been challenging, satisfying and very enjoyable. Thanks to all who have welcomed me to the organisation and into the role of CEO. I would also like to acknowledge the achievements of EDV under the leadership of my predecessor, Kirsty Greenwood and Gill Ryan, past President. The organisation is in a sound financial and sturdy operational position, which has enabled development to continue over the past year.

Everything is connected to everything else, and this is clearly in evidence at EDV. The interconnectedness between the elements of people, passion and purpose is what makes EDV a special place where the values of Respect, Acceptance and Hope are apparent day after day: we see it in the purposeful and rewarding activity, services and relationships. So to each and every person who contributes to the whole, on behalf of the organisation, I acknowledge and thank you.

Patron and Ambassadors

In 2012 EDV developed significant relationships with prominent people who provide support to EDV. Firstly we welcome Prof. Fiona Judd to EDV as our patron. Fiona is Director, Centre for Women's Mental Health at the Royal Women's Hospital, Melbourne and Professorial Fellow in the University of Melbourne, Department of Psychiatry. Her broad experience as a clinician and academic in a range of women's mental health areas, including eating disorders, will be of great value to EDV.

Frank Apostolopoulos, Tottie Goldsmith and Lee Chan provided their support to the *Feed the Soul* campaign as enthusiastic ambassadors for the messages given and events held. Frank and Biba Hair have made an ongoing commitment to support EDV in a range of ways, and we look forward to developing a relationship of mutual benefit.

“I certainly came out feeling inspired and motivated to get back on track. She listened intently, responded appropriately and gave much needed advice/facts/guidance/suggestions. A wonderful support person – someone I strive to be like!

- *Client of Recovery Support Officer*

External Environment

2012 is a year of refocus and development, not only internally to EDV but there are also many changes afield in the broader context in which we operate. Both state and federal government policy is developing and there are a number of new proposals on the horizon that will impact EDV.

- Victorian Eating Disorders Taskforce.
- Reform process of the Psychiatric Disability Rehabilitation and Support Service (PDRSS) program and funding from which EDV receives the recurrent state government funding.
- Development of the Australian Charities and Not-for-profit Commission (ACNC) as the regulator for the sector.
- Development of the National Disability Insurance Scheme (NDIS)

The details of the impacts are still unknown which creates uncertainty and challenges the confidence we have in moving into the future. Layer a slow economic climate to this picture and it becomes increasingly obvious that EDV needs to also look to review the current state in order

to ensure sustainability so we can continue to provide ongoing services to those who need support for eating disorders.

New Strategic Plan

There has been much thinking about the possible futures for EDV by staff, volunteers and the board which has resulted in the creation of a new 3 year strategic plan. In summary, we see EDV as a core part of a larger interconnected system and we commit to undertake our role with dedication and diligence to work with others to create positive outcomes.

Further details can be found on the website, and I, with the strong support of the board, have confidence that EDV and its stakeholders will benefit from a stronger, more purposeful and responsive organisation into the future.

Organisational Highlights

Currently EDV is undertaking an audit against the PDRSS standards (a self-accreditation process against some external benchmarks) that requires documentation and evaluation of existing processes, and subsequent production of a quality improvement plan. This is necessary to develop strong

systems and processes and will build a resilient structure that will stand us in good stead for the future and facilitate the achievement of the organisation's mission and vision. There is much goodwill and commitment by staff to this audit and the plan will ensure that there is a map to guide ongoing improvement of quality services for all those who contact EDV.

We are also looking to strengthen our relationships with donors by developing a strategic approach to fundraising. The benefits are that the organisation has access to funds that are able to be spent in flexible ways on innovative and responsive projects that may not attract government recurrent funds. Flexible funds allow EDV to respond where there are high areas of demand or emerging needs. The *Feed the Soul* event was a great success from both fundraising and marketing perspectives, and the partnership initiated with Biba Salons has since been nominated for a Rotary Community Award. Hairhouse Warehouse continues to support EDV financially and we are thankful for their ongoing investment and look forward to strengthening this partnership even further in the year ahead.

EDV continues to work collaboratively within the eating disorders sector in Victoria and across Australia. We have partnered with other organisations in the past year to advocate, develop services and share resources (eg. NEDC, Butterfly Foundation, Tasmania) and we will continue to do so. EDV staff participate and present each year at the Australia and New Zealand Academy of Eating Disorders (ANZAED) conference.

We are also developing strategic relationships more broadly with mental health, community and education sector organisations in order to embrace the opportunities and synergies available by working together and sharing resources.

And of course, the wonderful services provided day in and day out by the staff and volunteers at EDV continue and generate great feedback of appreciation and thanks. The Helpline, individual recovery and family support services, chatroom, support groups, education programs, skills based workshops and library are the core, reliable services for which people with eating disorders and their families and friends continue to interact with EDV.

In addition this year, we have provided forums for people to provide their feedback regarding the eating disorders services, refreshed the hospital visiting program, visited rural and regional locations, and have established the siblings and friends website pages. EDV has also continued to raise awareness and understanding of eating disorders throughout the community through its media and advocacy efforts.

People continue to experience pain, distress and grief as a result of eating disorders – and yet the tireless efforts of EDV staff and volunteers remind us that there is hope for change and recovery into the joy and adventure of life. Mother Therese once said that “we can do no great things – only small things in love”. EDV is a unique place where people do many wonderful things in love – and so we acknowledge the past and look forward to a future where those combined efforts continue to be experienced as great.

“ I found it to be a changing moment where I was able to get the support and encouragement to slowly overcome it

- Client of Recovery Support Officer”

Our Stories

From an EDV Consumer

Felicia Cousins

EDV Director

Eating disorders have been a part of my life for as long as I remember. I can't actually think of a time where a day went by that I didn't think or stress about what I ate or how many calories I had burnt. The only thing that really changed over the years was the intensity.

Over the past few years 'it' has slowly crept up on me again: increasing time spent at the gym, finding excuses to not eat, lying to my husband about how much I had eaten, avoiding social situations involving food etc . All the old tricks. I didn't notice the gradual decline – but everyone else did. Comments went from 'you look great' to a co-worker telling me I 'looked like a skeleton'.

In mid 2011 my husband finally bit the bullet, sat me down and told me what he could see and how it was affecting him, our children and our relationship – all of which I was oblivious to. He asked me to get help. I had no idea what supports were available to a woman in her 40's with an eating disorder – not many I discovered.

My first call for help was to EDV and I can't explain the relief at talking to someone who understood my shame and embarrassment and could point me in the right direction for support. Twelve months on I am now proud to say I am on the way to recovery and am the consumer representative on the EDV Board.

From an EDV Volunteer

Natasha Seymour

Volunteer Experience - Administration

I volunteer for EDV every Monday, helping out with administration. My tasks range from answering telephone calls and emails, to filing and the seemingly endless battle of the wits with the office copier machine.

The staff and volunteers at EDV are incredible people and have welcomed me with warmth and kindness from the moment I first stepped through the door. There is a genuine and sincere sense of community amongst all those working here, which makes coming in on Mondays such a pleasure.

One of my favourite parts of the working day is getting the opportunity to greet Nat's clients with a friendly smile, and to offer them a warm and reassuring initial point of call. It is a wonderful experience to be there as people are making the courageous step to come into EDV. This can oftentimes be an initial stepping stone in their journey to freedom from their eating disorder, or to supporting their loved one through their recovery journey.

Whilst my tasks are primarily practical, I find working within and supporting a community which strives to provide hope to families, friends and sufferers of eating disorders, as well as offering resources, information and education to the community to be extremely rewarding. Coming in to help out the team on Mondays is always a joy, and something I look forward to every week.

Treasurer's Report

Matthew Tence
Treasurer

I am pleased to present the audited financial statements for the year ended 30 June 2012.

This year EDV ended the year with a deficit of \$21,887. This figure is different to the previous year, which was a surplus of \$26,000 approximately.

As noted elsewhere in this report a number of important strategic decisions were made by the organisation which led to an increase in expenses. The result of the expenses is significant organisational changes which will over time ensure the organisation is financially robust.

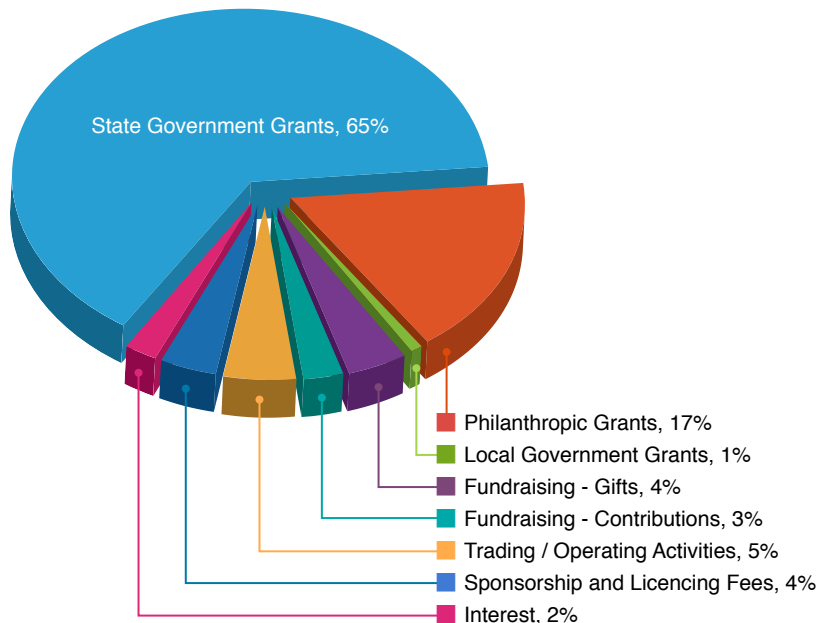
Total income was \$586,000 approximately which was slightly lower than the previous year. Grants continue to dominate the income with approximately 80% of all income received through grants.

Total expenditure was \$601,000 approximately, which was an increase of around \$26,000 on the previous year. The expenses were largely related to personnel costs which are approximately 80% of all costs.

This year included considerable investment into the long term future of the organisation including appointing a new Chief Executive Officer, acquisition of a new IT server, commencing new fundraising activities which all contributed to the increase in costs.

Whilst a deficit was achieved this has not impacted significantly on our cash reserves which remain strong and provide a solid foundation for the future of the organisation.

Sources of Income



Auditor's Report



McBAIN
McCARTIN & Co

CHARTERED ACCOUNTANTS
AUDIT & ASSURANCE SERVICES

PO BOX 82 BALBYN
VICTORIA, AUSTRALIA 3103
ABN 26 028 714 960

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF EATING DISORDERS FOUNDATION OF VICTORIA INC

ABN 26 010 832 192

We have audited the accompanying financial report, being a special purpose financial report, of Eating Disorders Foundation of Victoria Inc (the association), which comprises the board's report, the assets and liabilities statement as at 30 June 2012, the income and expenditure statement, statement of changes in equity and statement for cash flows for the year then ended, notes comprising a summary of significant accounting policies and other explanatory information, and the statement by members of the board.

Board's Responsibility for the Financial Report

The board of Eating Disorders Foundation of Victoria Inc is responsible for the preparation of the financial report, and has determined that the basis of preparation described in Note 1 is appropriate to meet the requirements of the Eating Disorders Foundation of Victoria Inc and is appropriate to meet the needs of the members. The board's responsibility also includes such internal control as the board determines is necessary to enable the preparation of a financial report that is free from material misstatement, whether due to fraud or error.

Auditor's Responsibility

Our responsibility is to express an opinion on the financial report based on our audit. We have conducted our audit in accordance with Australian Auditing Standards. Those standards require that we comply with relevant ethical requirements relating to audit engagements and plan and perform the audit to obtain reasonable assurance whether the financial report is free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial report. The procedures selected depend on the auditor's judgment, including the assessment of the risks of material misstatement of the financial report, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the association's preparation of the financial report that gives a true and fair view, in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the association's internal control. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by the board, as well as evaluating the overall presentation of the financial report.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

Opinion

In our opinion, the financial report presents fairly, in all material respects, the financial position of Eating Disorders Foundation of Victoria Inc as at 30 June 2012 and its financial performance for the year then ended in accordance with the accounting policies described in Note 1 to the financial statements, and the requirements of the Eating Disorders Foundation of Victoria Inc.

Liability limited by a scheme approved under Professional Standards Legislation

Level 1, 123 Whitehorse Road Balwyn VIC 3103

Phone: +61 3 9817 0700 Facsimile: +61 3 9817 0799 E-mail: office@mcbaismccartin.com.au Web: www.mcbaismccartin.com.au

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF
EATING DISORDERS FOUNDATION OF VICTORIA INC

ABN 24 010 832 192

Basis of Accounting and Restriction on Distribution

Without modifying our opinion, we draw attention to Note 1 to the financial statements, which describe the basis of accounting. The financial report has been prepared to assist Eating Disorders Foundation of Victoria Inc to meet the requirements of the Associations Incorporation Act Vic (1981). As a result, the financial report may not be suitable for another purpose.



McBain McCarlin & Co.



Simon Aukstin
Partner
MELBOURNE

Dated this 4th day of September 2012

Liability limited by a scheme approved under Professional Standards Legislation

Level 1, 123 Whitehorse Road Balwyn VIC 3183

Phone: +61 3 9817 0700 Facsimile: +61 3 9817 0799 E-mail: office@mcbaingroup.com.au Web: www.mcbaingroup.com.au

Financial Statements

Income and Expenditure Statement Year Ended 30 June, 2012

	2012	2011
	\$	\$
Revenues	586,974	601,551
Employee Benefits Expenses	(452,962)	(423,381)
Depreciation Expenses	(10,013)	(11,701)
Occupancy Expenses	(32,301)	(32,185)
Computer Expenses	(18,771)	(13,351)
Communications Expenses	(12,068)	(9,950)
Advertising and Promotion Expenses	(9,011)	(2,480)
Postage, Printing and Stationery Expenses	(11,724)	(13,980)
Other Expenses	(62,011)	(68,137)
(Deficit) / Surplus attributable to members	(21,887)	26,386

Assets and Liabilities Statement as at 30 June 2012

Current Assets	2012	2011
	\$	\$
Cash and cash equivalents	214,441	338,971
Accounts receivables and other debtors	4,786	15,337
Total Current Assets	219,227	354,308
Non Current Assets		
Furniture equipment and vehicle	9,037	10,512
Total Non Current Assets	9,037	10,512
TOTAL ASSETS	228,264	364,820
Current Liabilities		
Accounts payable and other payables	1,641	9,150
Income in advance	-	77,818
Other creditors	12,588	24,155
Provisions	19,303	43,105
Total Current Liabilities	33,532	154,228
Non Current Liabilities		
Provisions	6,027	-
Total Non Current Liabilities	6,027	-
TOTAL LIABILITIES	39,559	154,228
NET ASSETS	188,705	210,592
Equity		
Retained earnings	188,705	210,592
TOTAL EQUITY	188,705	210,592

The EDV Team

Members of the Board

Chair:	Tracey De Poi
Vice-Chair:	Debra Goldfinch
Treasurer:	Matthew Tence
Secretary:	Catherine Trahair
Directors:	Peter Larter, Stacey Maher, Felicia Cousins, Suzy Redston

Former Board Members July 2011 – June 2012

Lesley Simons	Carlee Van Dyke
Gill Ryan	Laura Hart
Renuka Somers	

Members of Staff as at June 30, 2012

Chief Executive Officer:	Jennifer Beveridge
Recovery Support Officers:	Natalie Wild
Family Support Officers:	Rebecca Wickham
Chatroom Coordinator:	Danielle Laurence
Education Manager:	Jane Pitt
Volunteer Services Coordinator and Information Officer:	Marilyn Amendola
Communications and Media Officer:	Megan O'Connor
Website Administrator:	Caroline Golden
Office Administrator:	Leigh Hanham
Administrative Assistant:	Kevin Gan
Casual Staff:	Heidi Bergmeier, Fiona Kiriakidis, Erin Young, Sarah Harry, Eve Bowtell, Shannon Geary

Former Staff Members

EDV farewelled the following staff members during the 2011/12 year and thanks them all for their tremendous contributions to the organisation.

Kirsty Greenwood <i>- former Executive Officer</i>
Dr Naomi Crafti <i>- former Community Development & Education Officer</i>
Jo Macreadie <i>- former Caring – About Recovery Project Officer</i>
Samantha Ratnam <i>- former Recovery Support Officer</i>
Brooke Scantlebury <i>- former PR & Publications Assistant</i>

Thank You

Eating Disorders Victoria's achievements are made possible through the generous contributions and ongoing commitment of many. Your support is highly valued and proves to us that our vision, mission, aims and objectives are shared and acknowledged as valuable in the community.

We extend our wholehearted thanks to the following:

Our Members for their contributions, feedback and fabulous ongoing support.

Our Grantors, Sponsors and Corporate Partners for their generous financial and/or in-kind support of our work (see listing on page 9).

Our Donors for their compassionate giving and magnificent fundraising efforts, providing vital extra financial support and keeping the memory of eating disorders sufferers past and present alive in the hearts of many.

Our Volunteers for their contribution of 5,000+ hours of service, skill and compassion. Many of our volunteers are listed in the Volunteer Team below but please note that not all names appear in this list due to privacy considerations.

Other Organisations for in-kind support through the provision of venues, refreshments and publicity, we are grateful to the following metropolitan and rural councils and other organisations, all of whom have partnered with EDV in the provision of our Caring - About Recovery Program, providing information to help reduce eating disorders developing in the community.

- City of Monash
- Hobsons Bay Council
- Knox City Council
- Moreland City Council
- City of Geelong
- Horsham Rural City Council
- Northern Grampians Shire Council
- City of Whittlesea
- City of Greater Bendigo
- Maroondah City Council
- City of Casey

The Volunteer Team

Helpline Support Team

Yvonne Pilley, Michelle Brindley, Susan Whitehead, Kevin Gan, Sara Radovic, Deborah Constantinidis, Alex Atkins, Heidi Bergmeier, Jenna Berto, Marina Boyadjian, Lucy Carne, Beryl Chitiz, Zoe Gould, Fiona Kiriakidis, Gemma McKechnie, Ly Tobias, Adriana Ventura, Zoe Gould, Emma Hodges, Brittany Watson, Mary Strachan, Sarah Benson, Marissa Skovron, Melinda Rak, Marita Smith, Melissa Jordan, Michaela Hall, Lisa Stanley, Emily Hall, Iris Gonzalez, Claire Danko, Claire Manderson, Isabelle De Luca, Doron Burd, Alexandra Griffin, Heidi Sanders, Annalise Pettinella, Emma Weekley, Rita Ashby, Murray Ashby

Recovery Chatroom Moderators

Jacenta Abbott, Megan Holden,
Stacey Bennet, Steffi Lau,
Karise Dell, Colleen D'Arcy,
Shannon Geary, Angie Jaman,
Leena Amin, Siew (May) Ying Beh,
Kathryn O'Brien, Amy Marin,
Melissa Jordan, Rachel Keshini
Bartlett, Kathryn O'Brien, Skye Dyer,
Rebecca Bale, Jasmine Trigwell,
Elizabeth Jowett

Support Group Convenors – Metropolitan Melbourne

Matthew Bisset, Eilene Hannan,
Ilias Katis, Zoe Collins, Kristina
Strangis, Emma Hodges,
Tara Black, Matthew Vincent Smith,
Mithzay De La Espriella,
Annette Burd, Jacqui Bell,
Krysta Kors, Tasha (Zahra) Wahid,
Sarah McGuinness, Marina
Boyadjian, Fiona Kiriakidis,
Mary Strachan, Heidi Bergmeier,
Heidi Sanders, Katie Rogerson,
Rachel Chung, Christine Fay,
Rebecca Palozzi, Chris Glover,
Elise Edwards, Joyce Robbins,
Tracey De Poi, Ruth Green,
Jane Pitt, Carol Bull

Support Group Convenors – Rural

Carol Boyadjian, Nicole Riddle,
Lisa Alsopp, Nola Kervarec,
Shannon McDevitt, Tara Fitzgerald,
Marisha Jarecki, Marie Carter,
Michelle Cowie Scott

Visiting Professionals

Draga Jevtic, Nola Rushford,
Helen Shepherd

Speakers Bank

Gill Ryan, Samantha Ratnam,
Kellie Raymond, Jenny McLaughlin,
Jacinta Agostinelli, Tara Black,
Tracey De Poi, Melissa Jordan,
Chris Glover, Helen Franks

Administration

Harry Middlemo, Heidi Sanders,
Natasha Seymour

Siblings & Friends Working Group

Claire Bamford, Jacinta Agostinelli,
Genevieve Agostinelli, Brie Ellet,
Marina Hill, Tracey de Poi,
Sarah McGuinness

Consumer and Carer Advisory Committee

Jacinta Agostinelli, Rosanne Gibb,
Claire Bamford, Carlee Van Dyke,
Marina Hill, Suzie Redston,
Tracey De Poi

“ A marvelous help - very insightful, and offering very useful strategies in a diabolical situation. She has helped me immensely and therefore also my daughter. I cannot praise her highly enough.

- Client of Family Support Officer”

How You Can Help

EDV is a Public Benevolent Institution and a Deductible Gift Recipient.

All donations, major gifts and bequests will be used to support the direct services of Eating Disorders Victoria (EDV).

Key areas of expenditure for funds donated:

- Helpline costs
- Chatroom and Messageboard costs
- Eating disorder community education programs
- Support for the EDV volunteer training program
- Purchase of library resources
- Resources for improved community awareness
- Special projects

Are donations tax deductible?

Yes (\$2.00 or more).

Will I receive a receipt for my donation?

Yes, all donations of \$2.00 or more will be receipted.

There are many ways to donate – select your donation method below:

Donate Online

Donate through the secure online donations service.

Follow the link at www.eatingdisorders.org.au

Donate by Phone

Call **(03) 9885 0318 / 1300 550 236** with your credit card details.

Donate by Fax

Download a printable donation form from the website and fax to **(03) 9885 1153**

Donate by Mail

Download a printable donation form from the website and send through the post to:

**Eating Disorders Victoria (EDV)
1513 High Street,
GLEN IRIS, VIC 3146**

Leave a Bequest

Leave a Bequest to Eating Disorders Victoria in your Will. For more information call **(03) 9885 6563**, email edv@eatingdisorders.org.au or download more information from our website.

“I believe you are making a very positive contribution in assisting those who suffer from eating disorders.

- Helpline”

Vision

A future where the incidence, duration and impacts of all eating disorders are reduced and ultimately eradicated.

Eating Disorders Foundation of Victoria

1513 High Street, Glen Iris, VIC 3146

Helpline 1300 550 236

Admin (03) 9885 6563

Fax (03) 9885 1153

edv@eatingdisorders.org.au

help@eatingdisorders.org.au

www.eatingdisorders.org.au

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