



## **The Young Carer Study**

**Are you a young person caring for a parent or family member with a disability or long-term illness? OR  
Do you currently receive care from a young family member?**

**We are looking for people who are interested in talking about their caring experiences to participate in our study.**

### **What is the study about?**

The study is about children and young people aged 12 to 25 years who are caring for a person with disability or chronic illness. The researchers are interested in finding out more about the lives of young carers and the people they care for.

### **Who conducts the study?**

It is conducted by researchers from the Social Policy Research Centre (SPRC) at the University of New South Wales, in partnership with government and carer organisations.

### **What is the study for?**

The first aim of the study is to hear from young people who provide care and from the people who receive care about their circumstances, experiences and support service needs. The second aim is to assist governments and community organisations to develop policies and services to support young carers and their families.

### **What are we asking you to do?**

Young carers (12-17yrs), young adult carers (18-25yrs) and people (aged 18 and above) receiving care who express interest will be invited to participate an individual interview of about an hour's duration either face-to-face or by phone and asked to complete a short questionnaire of about 15-20 minutes. We are hoping to conduct the interviews in July 2009 in South Australia and October 2009 in NSW.

Young carers will be interviewed about their experiences of providing care to a parent or family member. The interview will explore young carers' perspectives on education, training, employment, friendships and leisure activities, care-giving for family members, use of services and their ideas about services which might provide better support.

People receiving care will be interviewed about their perspectives and experiences of receiving care from a young person and policies and services which might better support them and the young people who care for them.

### **Would you like to know more?**

If you would like more information about this study or would like to participate in it, please contact Samia Michail on (02) 9385 7800 or email: [s.michail@unsw.edu.au](mailto:s.michail@unsw.edu.au).